



PT

WINTER 1996-97

ALUMNI ASSOCIATION
DEPARTMENT OF PHYSICAL THERAPY
SCHOOL OF MEDICINE
UNIVERSITY OF MARYLAND AT BALTIMORE

Report of Gifts

New Faculty

**Alumni –
News, News
and More News**



Romanian Smiles for PT Alum

PRESIDENT'S MESSAGE

Dear Alumni,

It's hard to believe that my term as president of the Alumni Association is coming to an end. It has been a productive year and my thanks to all the members of our Executive Board who made the work FUN!



The board has already started planning for next year's continuing education and social events. We would welcome any ideas that our alumni have about course topics or events for the 1997 year.

I wish incoming President Vinny Conroy the best of luck and would also like to congratulate Fay Wilson on receiving the 1996 Alumna of the Year Award. (See page 8.) Great things are happening in the Alumni Association and I would like to encourage everyone to participate and renew their memberships in 1997!

Happy New Year to all.

Ric Lopez '78
President
UMAB PT Alumni Association

Second Grant Awarded to Alumni Association

The UMAB Physical Therapy Alumni Association received a second grant of \$2,700 from the Alumni Association-International, Inc. (AA-I.) AA-I provides funds for programs which benefit and strengthen alumni organizations within the University of Maryland System. The Alumni Board received this award to fund improvements to the association's publication, the *PT Newsletter*, which would spark alumni interest and participation.

Mr. William Snyder, a representative of AA-I, presented Association President Ric Lopez '78 with a certificate and check at the October board meeting.

Alumni Return for Chronic Pain Seminar

Physical therapists from all over the Maryland, DC and Virginia areas flocked to the UMAB campus for the Alumni Association's course Chronic Pain Management for the Physical Therapist, on June 29. The course was taught by Sandy McCombe Waller '85 and was attended by alumni including (left to right) Cindy West '78, Jeff Gonce '88, Karen Dobbs '76, Bill Amos '80, Cynthia Baker '66, Lucinda Christhif-Wakefield '86 and Stacey Devine '88.



Photo by Bill McAllen

Founder's Day Breakfast

All UMAB students were invited to attend an informal breakfast on October 24 hosted by UMAB President David J. Ramsay and his wife. The breakfast, in celebration of the university's founding, was held in the new National Museum of Dentistry that recently opened on campus. Many of our physical therapy students were present at the breakfast. From left to right are second-year students Valerie Palmer, Veronique Piquion and Sue Pisani.



The PT Annual Fund Becomes Part of the 1996 Maryland Charity Campaign

When employees of the State of Maryland contribute to their favorite charity during the Maryland Charity Campaign, they can give to the Physical Therapy Annual Fund. To donate, just select agency number 5384 and then specify account number 26296 at the top of the form. This is a wonderful way to participate in the charity campaign and support the department and its students. We would like to thank all of the UMAB faculty and staff who selected the annual fund as their charity this year.

PT

PT is a publication of the Alumni Association of the Department of Physical Therapy, University of Maryland School of Medicine. It is produced in conjunction with the office for external affairs (OEA).

Editor & Director, Annual Giving and Alumni Programs
Kim Vickers

Managing Editor
Mary Love, OEA

Designer
Debbie Scutt, OEA



Alumni Association Honors Solomon Family

Alan Zeman '83, together with the Solomon family, started building the David R. Solomon Memorial Fund in 1993. In just three years, they raised over \$13,000, to be used for an endowment to purchase physical therapy equipment and supplies for the UMAB Department of Physical Therapy and its students. This fund was established as a lasting memorial to David Solomon and a lasting investment to the field of physical therapy. The parents of David Solomon, Stanley and Doris Solomon, were honored at the Alumni Association's fall social in October. Alan Zeman '83 presented the signed document, officially establishing the memorial fund in David's name, to Doris and Stanley Solomon.



Alumni Association Welcomes the MPT Class of 1999

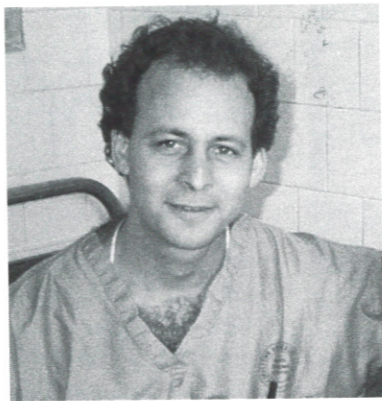
On July 11, the Alumni Association sponsored its annual anatomy pizza party for first-year students. This event provided an opportunity for alumni board members to meet students and celebrate the completion of the first anatomy test. Pictured here are first-year students Matthew Daab, Julie Miller and Keyuri Shah.



Helping Hand Award

Sandy McCombe Waller '85, left, has been giving Kim Vickers, director of alumni programs, a helping hand all year. In return, Kim presented Sandy with the first Helping Hand Award. Waller is a dedicated member of the Alumni Executive Board, serves on several committees and is a full-time faculty member at the UMAB Department of Physical Therapy. Thanks to Sandy for all her hard work!

ROMANIAN SMILES FOR PT ALUM



William Rolle '86, above, and on the cover with a 10-year-old Romanian girl after surgery to lengthen her Achilles tendon.

"I would really encourage other PTs to get involved in Operation Smile. It gives you a different perspective on what we're doing here and how our health care system works."

William Rolle '86 shares his experiences with Operation Smile in Romania

By Gina Neff

BY TRAVELING TO ONE OF THE WORLD'S POOREST COUNTRIES AND WORKING 12-HOUR SHIFTS FOR ALMOST TWO WEEKS, WILLIAM ROLLE '86 CHOSE AN UNUSUAL WAY TO SPEND HIS VACATION LAST YEAR. TAKING OFF FROM HIS JOB AS CO-OWNER OF SENECA PHYSICAL THERAPY IN ROCKVILLE, MARYLAND, ROLLE WENT TO ROMANIA WITH OPERATION SMILE, A

non-profit organization based in Norfolk, Virginia, which provides reconstructive surgery and related health care to indigent children and young adults.

Founded by Dr. William Magee, a plastic surgeon, and his wife Kathleen, a nurse and clinical social worker, Operation Smile is better known for the facial reconstructive surgeries performed around the world by volunteer medical teams. But Dr. Chris Magee, William's brother and an orthopedic surgeon, has lead several trips to Romania focusing on orthopedic surgeries such as club feet, femoral lengthening, and hamstring and Achilles releases. During a trip in 1995, the team which included Rolle, screened more than 300 kids for 110 surgeries performed in five days—60 of which were orthopedic cases.

"My main goal," Rolle says, "was the post-operative education and follow-up the kids needed." In an acute care, post-

operative setting, follow-up involved mainly gait training, weight bearing, crutch-walking and exercises. "One of the main challenges I had was just trying to find the kids in the hospital," he adds. "It was a seven-floor facility, the numbering system was strange, and it was logistically difficult to find where the kids were." Difficulties did not end there, however. "We were at a pediatric hospital. They get only one shipment of 10 crutches per year, and those are adult crutches. In many cases, the parents had to ambulate with the kids, carry the kids or assist them the whole time. Some of these kids were partial or non-weight bearing for six weeks," he says. The cache of crutches that Rolle brought with him disappeared quickly.

Rolle's patients had to cope with health care providers' attitudes toward narcotics, a hold-over from Ceausescu's dictatorial control of Romania. "When



Photo by Kathleen Hennessy

Bill Rolle helps a 16-year-old Romanian girl walk using the hospital's only walker. This patient had surgery for femoral lengthening and had an external fixator attached.

Ceausescu was in power, narcotics were banned, and weren't used in hospitals. The Operation Smile physicians would give [some of the kids] narcotics to help them with the post-operative pain," Rolle says. When the Romanian nurses covered the patients at night, they wouldn't give any narcotics. "These kids were tough—they were just using anti-inflammatories and low-level drugs to deal with fairly significant surgeries," he adds.

Language barriers also made it difficult to educate patients and their parents. Some of the older children who were waiting for surgeries helped translate for the team. Because of the limited time the Operation Smile medical team was in Romania, this education was crucial. "Here, we would have the follow-up," Rolle says. "Some of these kids came from 200-300 miles away. We had to make sure that they understood, 'Take this cast off at this time,' so at times we would write right on the cast the exact date it should come off. We did that hoping and assuming that they would, but we left and

couldn't follow up."

Operation Smile medical volunteers provide more than \$28 million in free medical and dental services annually to impoverished children and young adults in developing countries and the United States. In 1995 alone, doctors performed 4,820 surgical procedures. Operation Smile is also committed to providing training for health care workers during and after their missions. More than 16,000 physicians, surgeons and medical professionals have received training in everything from first aid to advanced craniofacial and reconstructive microsurgery through Operation Smile, enabling the organization to develop the long-term health resources of local communities here and abroad.

For volunteers like Rolle, education during Operation Smile missions can run both ways. "One of the things that struck me being in an Eastern bloc

country is that the standard of living is very different from what we have, and I think their expectations of their health care system is much lower than what we have. The hospital itself was 10 years old. To the people, it was a very modern, up-to-date hospital. To us it looked 40 or 50 years old. We take for granted the health care we have here. You can accomplish a lot without all the high-tech equipment, and you can still make a real difference in a patient's life without having to depend on those types of things," Rolle says. He hopes to return to Romania on a future Operation Smile trip. "I would really encourage other PTs to get involved in it. It gives you a different perspective on what we're doing here and how our health care system works," he says. "When you see what they are doing there it makes you realize how fortunate we are."

Gina Neff is a free-lance writer living in New York.

GET INVOLVED!

Operation Smile has 17 international missions already scheduled for 1997. Burn care and orthopedic cases are scheduled to be treated on the missions to the Philippines, Honduras, Gaza, Romania, China as well as other locations. To learn more about opportunities for physical therapists with Operation Smile, call the Norfolk headquarters at (757) 625-0375 or check out the web site at <http://www.operationsmile.org>.

EVENTS

1996 PT Olympics

ALUMNI, STUDENTS AND FACULTY PARTICIPATE
IN UNIVERSITYCENTER'S THIRD ANNUAL
PT OLYMPICS HELD ON OCTOBER 25, 1996.

This year's Alumni team included (from left to right/back to front) Fay Wilson '84, Alan Zeman '83, Gina Swarm '95, Margaret Alston '83, Kim Vickers, director of alumni programs and Vincent Conroy '90.



Roy Bechtel '79 dresses fellow faculty member Rhonda Stanley in the ADL Derby event.



Team members (from left to right) Jennifer Ridgely, Tania Barnett and Elizabeth Reamer, class of 1998, relax and chat between events.



Faculty member Randy Keyser exhibits his balancing skills during the crutch carry event.



The class of 1997 triumphs as the winning team for the second year in a row. From left to right are James Fisher, David Benzing, Karen Harding, Kathleen Ellis and Jim Lauder.



Margaret Alston '83 gets ready to roll for the Alumni team.

OktoberFest

ON OCTOBER 26, 1996, ALUMNI, FRIENDS AND FAMILY SPENT AN EVENING AT BLOB'S BAVARIAN BIERGARTEN ENJOYING GERMAN CUISINE AND DANCING.



Clowning for the camera, Michael Jansen '98, Randy Keyser (faculty member), Nikki Jansen and Pam Russell.



Carrie Main '81 prepares to polka with her dance partner, Rick.



Judy Bowden '71, her husband, George, and Pat Provance '70 dressed in authentic German attire for the occasion.



Sandy McCombe Waller '85 enjoys dancing with her son Sam at Blob's Park.



Doc Hobart gets ready to address the alumni crowd.

THE 1996 ALUMNA OF THE YEAR

Fay Wilson '84 Receives This Year's Recognition

This year's recipient of the Alumni Association's Alumna of the Year, Fay (Porter) Wilson '84, was formally recognized during the OktoberFest celebration for her many contributions to the University of Maryland, the Department of Physical Therapy and the Alumni Association, as well as, the profession of physical therapy. Wilson was presented with an engraved silver platter by the 1995 Alumna of the Year Peggy Schmitt and Director of Alumni Programs Kim Vickers.



Wilson received her BS degree in physical therapy in 1984. Upon graduation she began her career at University Hospital and over the last 13 years has risen to the position

Kim Vickers, left, director of alumni programs, and Peggy Schmitt, center, last year's award recipient, present an engraved silver tray to Fay Wilson '84.

of clinical coordinator of education and senior therapist. She has always been dedicated to offering quality full and part-time clinical experiences to students at UMAB and other schools. In addition to her clinical responsibilities, Wilson has served as an adjunct instructor at the university since 1993. She is currently co-instructor for physical therapy procedures and serves as primary instructor in basic rehabilitation and a special topic course, women's health issues. She consistently receives excellent course and instructor evaluations.

Wilson has also been active in campus events associated with the university, assisting with the UniversityCenter Physical Therapy Month Committee



Fay Wilson '84 was selected as the 1996 Alumna of the Year.

and participating with enthusiasm on the Alumni Association's PT Olympic Team two years in a row.

We are proud of Fay Wilson's accomplishments and unending support to the department and its students. Thanks and congratulations from the Alumni Association.



Cafe on the Square
11 S. Paca Street
625-1441

Dinner Sponsor
for the 1996
Annual Fund Phonathon



Camden Pub
647 W. Pratt Street
547-1280

Dinner Sponsor
for the 1996
Annual Fund Phonathon



The Gavel
502 W. Fayette Street
528-0009

Dinner Sponsor
for the 1996
Annual Fund Phonathon



Peccadillo's Pizzeria
5 N. Howard Street
752-3553

Dinner Sponsor
for the 1996
Annual Fund Phonathon

REPORT OF GIFTS

The Honor Roll 1995-96

The honor roll lists graduates, friends, faculty and staff on whom we rely each year to provide the resources that keep the Department of Physical Therapy, its students and faculty strong. We gratefully acknowledge our donors and their generous gifts to the 1995-96 Annual Fund. ★ Now more than ever, Annual Fund dollars are making a difference for our students and the department. During the 1995-96 academic year alone, more than \$10,000 in interest-free emergency student loans were granted to UMAB PT students with 40 percent of these loans assisting our minority students. We were also able to complete phase II renovations to the student lounge which included new furniture and computer upgrades. ★ This report of gifts to the Physical Therapy Annual Fund covers the period from July 1995 through June 1996. Every effort has been made to ensure accuracy. Please notify the development office of any errors or omissions, and accept our apologies for them. For further information on the Physical Therapy Annual Fund, please contact Kim Vickers at (410) 706-1816.

Maryland PT Society (\$1,000 +)

Clarence W. Hardiman
George R. Hepburn '74
Richard A. Lopez '78
Jane S. Satterfield '64
Gladys E. Wadsworth

The Anniversary Club (\$500-\$999)

UMAB PT Class of 1996
Todd and Donna Herring '84
Margaret (Peggy) Schmitt '69
Wendy K. Wilhelm '85
Stanford W. Zinn '78

The Founder's Club (\$250-\$499)

Paul Anderson
Laura M. Blair '92
Michael S. Coleman '73
Vincent M. Conroy '90
Ellen Feinglass '68
Robert M. Germeroth '78
Leslie B. Glickman '64
Donald J. Hobart
Beatrice B. Keats '67
Irvin Miller '71
John J. Nietubicz '85
Patricia Provance '71

Lynn Nancy Rudman '76
Valerie A. Shemensi '85
Elliott W. Weiner '63
Margaret A. Zastrow '77

The Century Club (\$100-\$249)

Fran Abell
William E. Amos '80
Lisa Ash '93
Stephen and Janet Banko
Lisa D. Beaudry '91
Edward H. Benson '59
Paul E. Brager '73
George J. Bregman
Morris J. Bregman
Martha K. Bremer '73
Karen Bunnell '83
Roger E. Burney '92
Crissy Butera '93
Judith Cappuccilli '88
Robert S. Cohen '92
Jean Cooper '84
Jim and Ann Copeland '78
Cynthia D. Cutright '86
Mary Cyr '76
Ann-Marie D. Daly '93
Katherine S. Davis '91
Melissa A. Diehl '86
Susan L. Doherty '87

Kathleen E. Edinger '89
Laura M. Flynn '92
Karen M. Fowler '74
Judith Witt Fried '78
Laura Gaetano '93
Mary Anne Gingerich '79
Doris L. Gonzalez '78
Robert C. Grossman '81
Nancy J. Hampton '85
Edward M. Hankard '73
Joseph F. Hejduk, Jr. '81
Rodger C. Henning '73
Joseph Holland '76
Rene Iannuzzi '93
Miriam T. Jacobson
Marshall H. Jacobson
Charles Kibbey, Jr. '77
Carol Kniess-Ingram '93
Theresa A. Kubicki '78
Richard and Barbara
Levenson '79
John C. Mahoney '73
Jonathan P. Maier '90
David L. Malone '84
Michael J. Marks '93
Karen A. Martinchek '95
Theresa A. McCarthy '65
Patricia A. McFarland '64
Lisa McGarrigle '90
Richard C. Mead '87

Dixie S. Miliner '58
Tracy L. Miller '89
Michelle Lee Miller '93
Sheldon M. Miller
Heide L. Morgan '85
Donna Shell Morse '83
Howard E. Neels '63
Donald Novak '89
Cheryl M. Palicki '93
Michelle Parra '95
Richard T. Peret, Jr. '85
Ricky and Nancy Placide '89
Sandra L. Pranievicz '92
Charles Pridgeon
Tami Radov '93
Gregory and Melinda Riffle '88
Mary Rodgers
Susan M. Rosenblatt-Schehr '81
Arlene Ross '93
Judith A. Schank '73
Raymond J. Schmidt, Jr. '92
Judith M. Semon '84
Linda Sharp '76
Nicole Skinner '91
Jan ('77) and Lynne Smejkal '74
Terri S. Smith-Beck '87
Stanley and Doris Solomon
Mary and James Spinks '73
Amy M. Stein '88
Gina Swarm '95

REPORT OF GIFTS

Matthew Tovornik '93
Donald Uttenreither '70
Candice Van Iderstine '77
Lisa Viscuso '93
Carol L. Walker '89
Sandra McCombe Waller '85
Carol S. White '69
Florence Whiteley-Binkewicz '68
Ann Marie C. Williams '84

Friends (\$1-\$99)

Dina A. Adams '86
Bruce and Aura Albright '69
Carlyn Aliah '63
Davida L. Allen '85
Zahava H. Alon '87
Linda A. Ashdown '83
David Ault '82
Patricia A. Aune '86
Julia Bainbridge '80
Cynthia L. Baker '66
Tinalynn Ball
Stephanie Barnett '80
Gary K. Bass '80
Mary M. Beaman '73
Sandra Beauregard-Wood '86
Denise Bender
Lori F. Bennett '86
Anonymous
Anonymous
Louise Bialek
Karen A. Birx '78
Helen M. Birzak '79
Raymond Bitzel '84
Mary T. Blackinton '83
Stephanie L. Blodgett-
DiPeitro '89
Gerald and Susan Boda
Donald J. Boffen '75
Christine W. Bohmer '77
Robin L. Bond '85
Marilyn Booher '65
Susan P. Borsuk '72
Judy Bowden '70
Betsy P. Bowen '83

Donor Spotlight

DR. GLADYS E. WADSWORTH

By Kim Vickers

I first met Dr. Gladys Wadsworth in Minneapolis at the APTA's National Conference over the summer. Wadsworth was being honored for her 53 years of membership in the APTA, as a part of the celebration surrounding the 75th Anniversary of the APTA. She had a crowd of well-wishers around her at the opening reception but a group of us from UMAB waited our turn to talk to such a legend. In addition to her association with the APTA, Wadsworth will always be fondly remembered as the first chair of our physical therapy department at UMAB. However, unknown to many of us, her relationship with the University of Maryland at Baltimore started before she became chair and continued long after she left our department.

At the end of 1943, Wadsworth completed her PT certification through the Army and was sent from Walter Reed Hospital to Percy Jones General Hospital in Battlecreek, Michigan. She returned to the Baltimore area in 1948 and went to work with Henry O. and Florence Kendall at the Children's Hospital School. In 1950, she became a PhD student in anatomy at the School of Medicine at UMAB. In 1953, while still working on her doctorate, she was asked to start teaching in the anatomy department. When she completed her PhD in 1955, she left for a sabbatical in Germany. She had been there only weeks when the dean of the University of Maryland School of Medicine wrote with news of a funded physical therapy program and asked her to return immediately to head the new venture.

When she returned she had little time to prepare before the first class of PT students (all four of them) arrived in September, 1956. Wadsworth remained as the chair of the department until 1961 when she left to work at the APTA national office in New

Jane O. Brannon '79
Robert L. Bregman
Edna T. Breit '76
Lisa A. Brook '86
Patricia Brooks '70
Christine R. Broussard '86
Judith A. Brown '67
Mary Brown Summers '81
Herschel Budlow '62
Robert Buhr '86
Berkowitz, Feldman,
and Burgin, P.A.
Kathryn C. Burgwin '85
Lucy Burnett '90
Alice Butner '84
Salvatore and Jodi Cascio '81
Mary K. Casey '81
Theresa M. Catterton-
Levendusky '90
Carmen Cellon '86
Carolyn Chanoski '87
Edith and David Chefer
Kara Chizmar '95
Lucinda M. Christilf '86
Richard T. Clem '90
Anne Coakley '88
Al and Laurel Cohen
Susan Schuster Cohn '67
Susan Goldmeier Collins '90
Paul G. Conner '85
Deborah Constantine '81
Kirk A. Conway '91
Heather A. Cook-Blair '89
Mark G. Cooper '79
Julie A. Coplan '81
Eva I. Corrieri '87
Kimberly A. Cosgrove '89
Jean M. Costa '88
David Costea '95
Brenda L. Crable '91
James Creelman '82
Nancy M. Crowley '87
Frederic L. Cudlipp '82
Jerome V. Danoff '82
Carol R. Dansberger '84
Laura Darling '93

REPORT OF GIFTS

Marcia E. Datko '69
 James P. Davis '77
 Janet M. De John '88
 Susan C. De Vylder '84
 Jaimi Dean '89
 Seema Devasthali '80
 Stacey L. Devine '88
 Bobbie di Sabatino
 Patricia J. Diehl '60
 Douglas Dillon '92
 Mark Dintino '91
 Cheryl Dixon '93
 Carol C. Dombrowski '66
 Martin and Maryann
 Dominguez '89
 Ruth Doolan
 Brenda Dooley '69
 Helen L. Dorrett '91
 Catherine L. Dorsett French '82
 Deirdre E. Douglass '79
 Linda G. Downes '83
 Richard C. Duckworth '81
 The Duckworth School
 Donna L. Durrwachter '91
 Linda Eckert '90
 Betty Evans '86
 Kathleen Faas '78
 Mary J. Fernandez '79
 Joseph and Eleanor Fernebok
 Aaron and Leslie Fineman
 Mark ('84) and Deborah
 Fink '83
 Margaret Finley '87
 Joy A. Foster '91
 Rebecca A. Fredrickson '86
 Katherine B. Fromherz '66
 Shirley S. Gadson '89
 Teresa G. Galligan '80
 Patricia Gasdia '71
 Patricia J. Geberth '78
 Barbara Stultz Gilliss '82
 Jean Giove '84
 Katie Gischel '95
 Virginia Glynn '76
 Jeffrey L. Gonce '88
 Daniel Gordon '84



Photo by Bill McAllen

Dr. Donald Wilson, left, dean of the School of Medicine, greets Dr. Gladys Wadsworth and Dr. Clarence Hardiman, chair of physical therapy, at the Founders Day dinner sponsored by UMAB President David J. Ramsay, on October 24, 1996.

York. While at the APTA, Wadsworth worked in education and accreditation. After two years, Wadsworth returned to UMAB as a faculty member in the anatomy department at the School of Medicine. Even after she retired from the anatomy department in 1976, she continued to work as a consultant in the medical education department and retired for the last time in 1978, thus completing a 28-year career at UMAB.

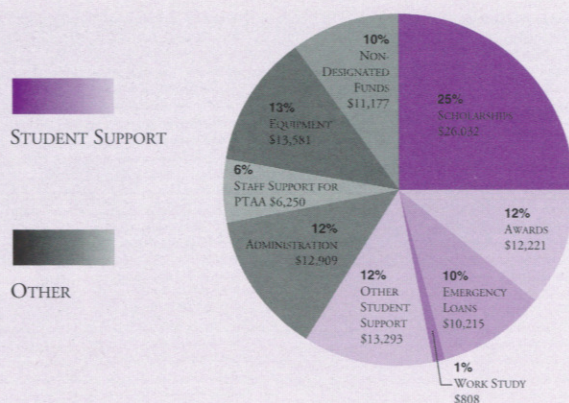
In honor of her lasting commitment to the field of physical therapy and the University of Maryland at Baltimore, Wadsworth made a special gift to the UMAB department of physical therapy. As of this summer, The Gladys E. Wadsworth Physical Therapy Research Fund has been established through her generous planned gift. This fund will provide research grants for the advancement of the body of knowledge in physical therapy. These grants will be extended to physical therapists who are full-time faculty members of the department of physical therapy at the University of Maryland at Baltimore.

We are honored by her gift and her association with our department and the University of Maryland at Baltimore.

Terri Gostowski '88
 Lois A. Greaser '79
 Merrilea E. Greenawalt '66
 Ellen A. Gutow '58
 Nancy Hahn '70
 Laura J. Hall '89
 Carol Halligan '82
 Nancy J. Hansen '91
 Chuck Hanson '79
 Janet W. Harbeck '82
 James and Joyce Harrell
 Donna M. Harrigan '79
 Debbie L. Heath '77
 Michelle L. Hedgepeth '86
 Anne F. Heere-Beyer '78
 James L. Heilig '83
 Marlene Hench '66
 Michele L. Henne '91
 Kathleen Henricks '78
 Heidi A. Hernandez '89
 Terry Heron
 Marjorie Hetrick '59
 Pamela A. Higgs '86
 William Hodges '70
 Kathleen M. Hoeck '84
 Janet M. Horn '82
 Thomas ('83) and Linda Horn '84
 Mary Sue N. Houk '73
 Nancy V. Houtmann '84
 Robert P. Hoyt '75
 P. Cristina Imle '75
 Caren Ippolito '71
 Joyce P. Jakubowicz '79
 Susan Jesella '71
 Julie S. Johnson '82
 Mary A. Johnstone '87
 Charlotte Kalb '76
 Richard Katz '75
 Ann L. Keefer '85
 June D. Keibler '67
 Diane L. Kerr '86
 Linda M. Kfoury '86
 Mary C. Kiehl '75
 Cecilia Kitterman '82
 Adrienne Klein '95
 Nancy Klemic '76

REPORT OF GIFTS

Total Annual Fund Asset Allocation* \$106,486



*Total assets include: all donations received during the 1996 fiscal year, endowed funds, and accumulated restricted funds.

Andrea J. Kline '87
 Elizabeth Knerr '72
 Irene M. Knight-Weiler '78
 Teri S. Knowles '79
 Savas Koutsantonis '85
 Miriam ('80) and Dennis Kozak '81
 Janet C. Kraus '73
 Janet M. Kues '85
 Colleen L. Langrill '75
 Ruth M. Latimer '75
 Tina S. Lazerow '69
 Joseph E. LeDoux '81
 John Lee
 Hilary Levyne '95
 David and Donna Lilly
 Elizabeth A. Long '84
 Suzanne L. Lupo '72
 Rosemary E. Lyman '82
 Shawn Maassel '88
 James A. Mainhart, Jr. '85
 Stacey A. Malat '77
 Dolores R. Maloney '87
 Kathleen Mannion '76
 Elana Margolis
 Patricia A. Marley '81
 Valerie B. Marshall '78
 Mary E. Massari '83
 Lynn Matczuk '95
 Jacqueline A. Mathwich '80
 Joel R. Matuskey '74
 Gretchen C. McAllister '80
 Roni L. McCarthy '78
 John G. Mckernan '79
 Carole A. McMenamain '70
 Michael ('81) and Deborah McNerney '82
 Karla McSherry '85
 Brian G. Miller '79
 Kenneth B. Miller, Jr. '80
 William and Christine Moore
 Eleanor M. Mouser '86
 Mindy A. Nadel '78
 Mary A. Norris '90
 Sharon S. O'Donnell '91
 Mary Beth O'Herron '76

Bonnie L. O'Lenic '74
 Barbara S. Oremland '74
 Verna E. Ourada '87
 Linda E. Paferi '81
 Michele Parent '85
 Beverly J. Parrott '66
 Anita Peake
 Michele Pearlman '77
 Mary Lee Pement '86
 John Perkins
 Laura Peterson '75
 Lisa Phillips '87
 Diane Pipkin '95
 Sharon S. Pohl '87
 Richard Pollin '90
 Stella A. Prevost '81
 Wendoline A. Proffitt '77
 Mary J. Pudhorodsky '75
 Carol Quigley-Paul '81
 Ineke Rawie '78
 Bridget Ray '80
 Cheryl Resnik '74
 Daniel E. Rick '85
 Anne R. Ricketts '92
 Hope Ridgely
 Theresa Rill '84
 Mary Lynn Ripp '86

Lisa M. Ritter '89
 Kathleen Rodriguez '75
 William C. Rolle, III '86
 Stavros A. Rologas '91
 Jack and Elaine Rosenberg '78
 Rose Rothe
 Karen Rothschild '77
 Margaret Rowe '76
 Johna R. Ruffo '83
 Jennifer L. Rund '90
 Mary Joan Sachetti '68
 Lynne Saperstein '74
 Kathryn A. Sathre '78
 Jeanne Scheele '68
 Fay M. Schier '74
 Jamey Schrier '95
 Cindi Schrum '85
 Bonnie F. Schulman '82
 Susan L. Schuster '75
 David Shulman '78
 Nancy S. Siegel '63
 Ernest M. Sisk '63
 Mark Smearman '82
 Sandy Sofinowski '72
 Kathleen Specht '83
 Linda Spittel '71
 Glenn M. Spitzer '74

Melody Stanhope '85
 Judith and Eugene Stein
 Fay Fotiny K. Straub '81
 Jill L. Strickler-Page '79
 Dana Strouse Edwards '89
 Jessica A. Stull '89
 Ellen E. Supple '79
 Jan M. Takemori '81
 Frances T. Tassone '77
 Kamran Tavakol
 Linda A. Teodosio '84
 Steven H. Tepper '79
 Mona Theobald '70
 Susan Dawidowicz
 Thompkins '77
 Pamela B. Titus '63
 Sandra Tomasura '91
 Lana L. Turner '73
 Cheryl Turoff '76
 Sharon L. Vance '87
 Susan E. Vette '82
 Kimberly A. Vickers
 Arlene H. Vincent '59
 Michael L. Voelkel '84
 Nancy Vogler '68
 Michael D. Wah '82
 Robert Waldchen '76
 Sandra and Mark Watt
 Sharon Weaver '76
 Karen Geller Weidner '78
 Herbert E. Weiss '81
 Thomas M. Welsh '75
 Pamela L. Wickemeyer '83
 Pamela Wiesman '73
 Cynthia J. Wike '83
 Myrna F. Wilson '84
 Mary C. Wilson '80
 Karen Wisner '95
 Kathleen L. Witty '80
 Lucinda Wright '87
 Diane Yancy-Morgan '83
 Julie Younger Behm '95
 Stacy Yungkurth '77
 Dennis Yutchishen '70
 Linda J. Zant '75

CLASS NOTES

60's

Donald Hiltz '61 sold his practice in 1995 while maintaining his position as secretary of the Alabama Board of Physical Therapy. After being reappointed to the board he was subsequently elected as president in October, 1995. He lives in Alabama with his wife, Debbie, and his son, Tommy who was born in 1990. **Joan Sacchetti '68** has had a challenging career with Kennedy Institute, Delray Development Center and the last two years



Jodi (Septoff) Cascio '81 and Sal Cascio '81 pictured with their three children, (left to right) Laura (11), Jennifer (9) and Michael (6) at the alumni fall social.

with Baltimore County School System. She hopes to have her Master's Equivalent in education by summer '97. **Brenda (Weaver) Dooley '69** owns and manages a private practice in Plattsburgh, N.Y. She has three children—Scott (23) lives in Denver, Kate (20) attends Syracuse University and Kevin (14) is in high school.

70's

Susan Jesella '71 works for Children's Hospital Home Care under Children's Hospital of Buffalo. She has a daughter graduating from Vassar College and a son graduating from high school. **Carol (Gerber) Gratz '72** works at Good Samaritan Hospital in acute critical care. Her husband, Ed, is a pediatric neurologist and they have two sons, David and Richard. **Jim and Mary Spinks '73** have a successful PT practice in the N.Y. Catskills for eight months of the year. For the other four months, they volunteer their PT skills on the tiny Caribbean island of St. Kitts while also relaxing and having fun. **Christina Woods '73** passed the Maryland Bar Exam in June '96 and now splits her career between physical therapy home health and litigation with Suder and Suder, P.A. In addition to being an Assistant Professor, in the physical therapy program, at the University of Louisville, **Barbara Oremland '74** is also the commissioner of stick ball for the city of



Jody Schmidt '92 visiting with friends Tom Horn '83 and his wife Linda (Lipp) Horn '84 before an Orioles game.

Louisville. **Robert Hoyt '75** runs a busy out-patient clinic in Valparaiso, In. He sold his practice to NovaCare two years ago. He is married to Luann, an ER nurse, and has two boys Nathan (14) and Nicholas (12). **Mary (Knabb) Pudhorodsky '75** is working part time in the Charlottesville city schools. Her oldest child will graduate from A.A. Tech in the spring of 1997. **Bob Waldchen '76** is a co-owner of Green Brook PT with his wife Karen, also a PT. They have three children—two sons in college and a 9-year-old daughter. **Charles Kibbey '77** lives with his wife Betty and three children in Burtonsville, Md. **Theresa (Burgess) Kubicki '78** lives in Raleigh, N.C. with her two children, a son (11) and a daughter (7). She is currently practicing as a

Director's Column

As the holiday season approaches, I find myself reflecting on the spirit of giving. Although many people wait until December to start thinking of others, I am lucky to be surrounded by alumni, students, faculty and staff who embrace the spirit of giving year-round. With this in mind, I would like to thank all of the alumni,

students, faculty and staff who volunteered for this year's phonathon and thank all of our alumni and friends who supported our annual fund with gifts for scholarships, loans and other needs.

This newsletter is full of other examples of the spirit of giving. See articles on Bill Rolle '86, Fay Wilson '84, and Dr. Gladys Wadsworth. I hope that reading about these individuals will lift your spirits as they did mine.

Happy Holidays!

Kimberly A. Vickers
Director of Annual Giving
and Alumni Programs



CLASS NOTES



Deborah (Smith) McNerney '82 and husband Michael McNerney '81 brought their children, Megan and Kevin to the Alumni Association's OktoberFest.

physician's assistant in a family practice for Kaiser Permanente. **Kathleen (Asker) Faas '78** stays busy homeschooling her four children ages 8-16. She works part time at the Greater Southeast Community Hospital in DC. **Doris Gonzalez '78** retired in July, 1996 from the Air Force after 17 years. **Karen (Albright) Birx '78** is still practicing pediatric physical therapy and has two

children—one in 10th grade and the other in 7th. For the past year **Jill Strickler Page '79** has been a rehabilitation technology supplier and is working on her credentials.

80's

Jacqueline (Meany) Mathwich '80 is married and has two daughters ages 5 and 1.

Kenneth Miller '80 just celebrated his 18th wedding anniversary in October. He and his wife have three daughters ages 13, 11 and 6. **Carole Sikora '80** is planning to start a private practice with a specialized service line in women's health and pelvic floor rehabilitation and would love to network with others in this field.

Mary (Quinones) Hubachek '81 received an MBA in 1991 from George Washington University and continues to work in physical therapy as a home health provider. She has two children Isabel (2) and Julia (8). **Kathleen Quayle Specht '83** recently moved into a new home with her husband, Tom, and sons, Christopher (9) and David (4). She completed



her master's of education degree with a specialty in traumatic brain injury (TBI) from George Washington University and has a book being published on TBI by HDI Publications. **James Heilig '83** and his wife, Laura, have a son, Robert (14) and a daughter, Erica (12). James works in home health in Prince George's county. **Judy (Hansen) Semon '84** is the assistant director of PT at

Kessler Institute of Rehabilitation-Welkind Facility and has two children, Kaela (4) and Bryan (2). **Carol (Reid) Dansberger '84** moved into a new home in 1996 in Carroll County.

Her son Alex will soon turn 2 and her daughter Sarah is 7. **Anna (Daily) Lawrence '85** has been working at the National Childrens Center as part of the child development program for the past five years. She has a daughter Christina (2) and is expecting a second child in March. **Jeffrey Millford '85** is married with three children—Kristen (10), Zachary (9), and Bradley (7).

Betty (Waring)

Evans '86 has a new job at a practice that specializes in physical therapy for women and children. She and her husband, Jeff, are raising two daughters Jaelyn (7) and Julia (2). **Lucinda Christhilf-Wakefield '86** is currently working in an out-patient orthopedic practice in Easton, Md. **Stacey (Stimmel) Devine '88** has two sons, Lucas (1) and Michael (4). She works on campus at the UMAB PT practice along with alumna **Linda Harvey '91**. **Lisa Ritter '89** married John Lacour in October 1996. **Ricky and Nancy (Totaro) Placide '89** moved to the Philadelphia area



Please help keep us informed. Write to Class Notes, Alumni Office, c/o Department of Physical Therapy, 100 Penn Street, Baltimore, MD 21201. Or, get in touch by phone (410) 706-1816, or fax (410) 706-6387.

Keep in Touch

We enjoy hearing from alumni and hope you enjoy reading about the avocations, professional accomplishments and personal milestones of your classmates and colleagues. We had a wonderful response from our alumni and had more news than space. We will make every effort to put the news we couldn't print this time in the summer edition.



Liz (Schoepf) Long '84 along with her husband, proudly display their newborn daughter, Allison Michelle Long. She was born on June 14, 1996 and weighed 8 lbs. 8 ozs.

in June. Ricky began an orthopedic surgery residency at the University of Pennsylvania and will train there for six years.

90's

Lisa (Myers) McGarrigle '90 and her husband are expecting their second child in March. Susan (Goldmeier) Collins '90 had a baby girl, Danielle Nicole Collins on February 18, 1996. Susan works at Childrens Hospital in San Diego, lives in La Jolla and loves it! Laura (Zindren) Musselman '91 has a son Joshua (1) and is due to have her second child in

January. Julie Ardis '93 got married in the summer of 1995 and had a baby boy named Zachary in August, 1996. Tammy Radov '93 is expecting her second child before the end of 1996. Michelle Parra '95 sends her regards from Kirtland, New Mexico where she just bought a house. She is still working in Shiprock at the Northern Navajo Medical Center. Jane Edings '95 is working at the Center for Neuro-Rehabilitation in Annapolis, where she treats patients with acquired brain injuries. Sheri Mowery '95 is building a new house and working as a staff PT at Siskin Hospital for Physical Rehabilitation. Kimberly (Ridgely) Riffle '95 is now a certified CDP therapist and is currently working for Horizon Health and Rehabilitation, an out-patient facility. Denise Taft '95 is expecting her first child in January. Don Siegel '95 and Debbie Taylor '95 were married on September 1, 1996 in Towson. They are currently in Charlotte, N.C. and are working as traveling therapists. Their next assignment will take them to Florida. Tammy Megonigal '96 got married to Jeremy Rossbach on October 5, 1996. Bisi Waddell '96 sent her regards from England, where she traveled for a month. She is currently living in Southern California. Gina Oberle '96 just moved into her new renovated home on Federal Hill, just a few doors away from classmate Ginger Clark '96.

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BACK TO SCHOOL

Dr. Margaret Alston '83 returns to the Department of Physical Therapy at UMAB, this time as a teacher

By Gina Neff

MMARGARET L. ALSTON, PHD, PT, SAYS IT'S "NICE TO FEEL AT HOME IMMEDIATELY." THE BALTIMORE NATIVE AND UMAB PHYSICAL THERAPY GRADUATE, CLASS OF 1983, CAME BACK TO BALTIMORE IN A NEW ROLE—ASSISTANT PROFESSOR IN THE DEPARTMENT WHERE SHE GOT HER START IN PHYSICAL THERAPY. ALSTON CONTINUES THE TRADITION OF ROY BECHTEL '79, SANDY MCCOMBE WALLER '85 AND KATHY DAVIS '91, THREE OTHER ALUMNI WHO CURRENTLY WORK AS FACULTY.

Alston's road back to Baltimore has taken her through Philadelphia, where at Temple University she earned her MS and served as an assistant professor. Then she went to the University of Iowa where she completed a PhD in developmental pediatric orthopedic physical therapy last year.

Because of the interdisciplinary nature of her project, Alston worked with three departments for her doctorate—anatomy, orthopedic surgery and statistics/preventive medicine. Using silicon

graphics instrumentation—the same high-tech modeling technique that brought Jurassic Park's dinosaurs to life on the screen—she created three-dimensional models of the fetal foot by digitizing and transposing two-dimensional images of serial sections of fetal tissue. This enabled her to do a quantitative analysis of the development of the rear foot of babies in utero.

Alston's work with pediatric orthopedics has led her to rethink the way developmental problems of the foot are addressed in children. "I



Margaret Alston '83

Photo by Kevin Weber

believe all children between the ages of three and five should have a foot screening so that we could intervene when their musculoskeletal systems are more like clay. I plan to put together a long-term project to lay the stepping stones toward such an approach to early foot management. We know enough about development and what

high risk is to let fewer children fall through the cracks," she explains.

During the fall semester, Alston taught Assessment in Medicine to third-year students and Medical/Surgical Aspects of Health Care to second-year students. She is currently serving on the department's administration committee, and hopes to do out-

"We know enough about development and what high risk is to let fewer children fall through the cracks."

reach work within Baltimore city schools to expose minority students to careers in physical therapy. Alston also participated as one of the players on the Alumni PT Olympic team in October. "I wish I could measure the degree of comfort being at UMAB has afforded me," she says. For a "rookie on board," Margaret Alston is right at home.

More New Faculty

We would like to welcome two more new faculty members to the UMAB Department of Physical Therapy, Dr. Rhonda Stanley and Dr. Kamran Tavakol.

Rhonda K. Stanley, PhD, PT, came to UMAB in August, 1996 from the University of Evansville, where she was an assistant professor in the physical therapy department for two years. Her doctoral work in physical therapy was completed at Texas Woman's University, Texas Medical Center, Houston, Texas in May, 1996, the same place where

she received her MS in physical therapy in 1988. Stanley also has a BS Ed in health and physical education and a BS in psychology completed at the University of Houston, University Park in 1984.

Currently, Stanley teaches the geriatric classes and is in the proposal stages of two research projects.

Kamran Tavakol PhD, PT, started teaching at UMAB in January, 1996. Tavakol received his PhD in medical science from the University of Calgary in Canada in 1989, where he also received his MSc in 1985. Tavakol received his BS in physical therapy in



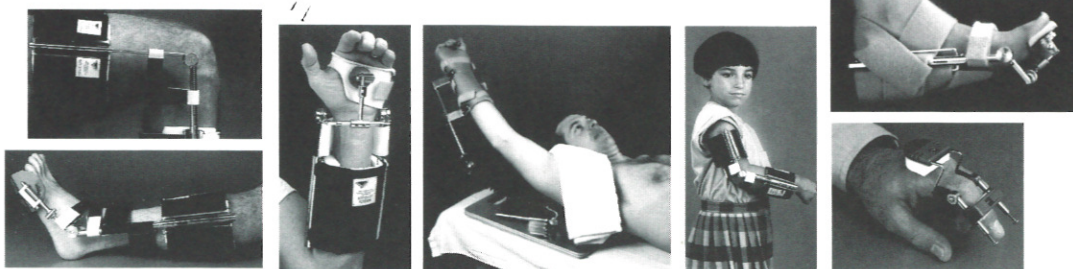
Photo by Kevin Weber

Dr. Rhonda Stanley and Dr. Kamran Tavakol.

1970 from Tehran University in Iran.

Tavakol teaches pathology, pharmacology and orthopedics.

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EVENTS

Alumni Dinner in Minneapolis

The Physical Therapy Alumni Association sponsored a dinner for alumni, faculty and friends at this year's APTA conference in Minneapolis on June 16. Attending the dinner were (left to right) sitting, Florence Kendall, Lynn Rudman '76, Linda Horn '84, standing, Gad Alon, Clarence Hardiman, Ruth Latimer, Kathy Davis '91, Jen McCuen '96, Ed Lyons '91, Rhonda Stanley and Kim Vickers.



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Congratulations to new alumni board members

We would like to welcome our newly elected alumni board members for 1997, Jody Schmidt '92 (president-elect), Jeff Gonce '88 (treasurer), Laura Flynn '92 (member), and Mary Jane Ward '92 (member) - Congratulations!

Membership Has Its Rewards

By joining the UMAB Physical Therapy Alumni Association you become eligible for the following rewards:

- Savings up to \$150 on fees for continuing education courses sponsored in 1997 by the Alumni Association
- 50 percent off discounts on selected Video Press rentals directly from Alumni Office
- Use of the UMAB Health Sciences Library and the right to join the UMAB Athletic Facility
- Voting privileges
- Special discounts and invitations to Alumni Association events (including the Night Out with the Orioles)

In 1996, membership dues supported the following activities and programs for current UMAB Physical Therapy students:

- Third Year Welcome Party
- First Year Pizza Party
- Second Year Bagel Breakfast
- Physical Therapy Month Events
- APTA Conference Financial Aid
- Senior Alumni Award

In 1997, your dues will be used to sponsor student activities and support the following:

- PT Newsletter*
- Alumna/us of the Year Award
- Continuing Education
- Annual Alumni Events
- The Alumni Office

Please show your support for the UMAB Physical Therapy Alumni Association by sending in your check for \$35 today. In return we'll give you a year of rewards!

.....

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Funds for the UMAB Physical Therapy Alumni Association are administered by The University of Maryland Foundation, Inc.



Valerie Palmer, class of 1998, explains the uses of the pediatric brace to prospective students attending the department's open house.

UniversityCenter Celebrates PT Month in Style

Once again, UniversityCenter in Baltimore celebrated National Physical Therapy Month with a cornucopia of events.

The month of October exploded with enthusiasm as students rushed to volunteer for this year's Maryland Senior Olympics at Towson State University. Volunteers got the opportunity to help seniors compete in everything from volleyball to horseshoes. Record numbers of students also participated in this year's annual fund phonathon and the student conclave at the APTA of Maryland's conference. All volunteers were rewarded with PT Month T-shirts, sponsored by the University of Maryland Medical Center, Dynasplint

Systems, Inc., The New England Insurance and the UMAB PT Alumni Association. The winning design for this year's shirt was submitted by Todd Cade, a physical therapist at the VA Medical Center.

University Hospital/ Shock Trauma began a series of open houses by sponsoring a well-attended event in mid-October. Guests were treated to sundaes and subs after visiting educational stations, including a lively game of PT Jeopardy. The series continued with the VA Medical Center's Physical Therapy open house featuring a timed obstacle course. The final open house was sponsored by the University of Maryland at Baltimore's Department of Physical Therapy. Prospective students and guests were

provided with an opportunity to ask questions and experience a few of the courses UMAB students take during the three-year MPT program.

The month concluded with the third annual PT Olympics. (See photos on page 6). Seven teams representing physical therapists, faculty, students and alumni competed against each other in a series of relays. This year the alumni team failed to make the finals and for the second year in a row, the Class of 1997 was victorious. We would like to thank all of our PT Month T-shirt sponsors and all the companies that donated prizes for the raffle. A special thank you to The New England for providing judges for this year's games.

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