



PROFICIO

ALUMNI ASSOCIATION • DEPARTMENT OF PHYSICAL THERAPY • SCHOOL OF MEDICINE • UNIVERSITY OF MARYLAND SPRING 2002 • ISSUE 9

The Secrets of Our Success:

The Creation and Evolution of the Physical Therapy Department





As we start a new year, and I reflect on my four years as chair of the Department of Physical Therapy, I am proud of how far we've come in a relatively short period of time and I have good reasons to expect a very bright future.

However, 2001 was a year not to be forgotten for many reasons. We, along with other programs

across the country, have had to deal with declining revenues and smaller budgets as admissions decreased. We have learned how to do more with less. These problems were nothing compared to the surreal events of September 11th, when all of us were directly faced with our vulnerability to terrorism. In the continuing aftermath, the many acts of heroism and support have helped us to understand the importance of being in a healing profession such as ours. I am especially proud of the wonderful effort by the department to collect socks to send to the relief workers (see Department News, p. 19).

In light of the difficulties of 2001, I think it is especially important that we acknowledge and celebrate our accomplishments. We welcomed Anne O'Brien as our new director of Alumni Programs. She brings a wealth of experience and ideas that have already had a substantial positive impact on the alumni organization and the department. Sarita Sanjoy joined our technical staff in 2001 and has helped us update and expand our web page, pt.umaryland.edu. Please check it out and let us know your thoughts.

The department has undergone major expansions in its educational programs. Our post-professional Doctor of Physical Therapy (DPT) program started in the fall of 2001 with 16 students. A one-year transitional DPT program will be available to our current graduates starting in the fall of 2002. Accreditation for our new entry-level DPT program was officially granted in the fall of 2001. The faculty has worked hard to design a DPT curriculum that integrates basic science and clinical practice, and expands the clinical experiences for students.

The strategic plan we put in place five years ago now needs to be updated. In evaluating our accomplishments, we are pleased to find that most of our goals during that period have been met. During 2002, we will be constructing a plan for the next five years. This is always a difficult process where we try to predict the future and prepare. The alumni are key stakeholders in this department, and we welcome your input as we go through this process.

Mary M. Rodgers
Professor and Chair



PROFICIO

SPRING 2002 • ISSUE 9

PT Proficio is the new annual magazine of the Alumni Association of the Department of Physical Therapy, University of Maryland School of Medicine.



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Hello Everyone,

Thank you for allowing me to represent you as president of the PT Alumni Association. Many changes have taken place this past year. I began my tenure without a director of the Alumni Association due to Kim Vickers' retirement.

After a tough search, Anne O'Brien was selected as the new director. The transitional DPT and the entry-level DPT programs have come to fruition in the PT Department. The final change, you may have noticed, is the name of the Alumni magazine. This new annual publication is named *PT Proficio*. *Proficio* is Latin for moving forward. With all of the changes that have taken place over the past year, we are definitely heading in that direction.

I want to remind everyone the importance of becoming a member of the Alumni Association. Being a member keeps you in touch with the program and the profession. As we continue to move forward, keeping up with the changes is vital and your association is a constant source of information.

Finally, I was going to introduce your new president. Unfortunately, last year's president-elect, Michael Coleman, has moved to Virginia and is unable to fulfill the duties of president. I will stay on as president for one more year. I would like to congratulate president-elect Elizabeth Pearl and all the other new board members. I hope to enjoy this next year as much as I have the past year.

Best wishes,

Gina Swarm 1995
President
PT Alumni Association



The world has certainly changed in a year since the last publication of our alumni newsletter in August. The events of September 11th have affected us all in a variety of ways but I am encouraged by the depths of patriotism and generosity that has been displayed by people all over the world. I sincerely hope that you have not lost anyone to

the events of September 11th, but if you have, please accept our condolences from the University of Maryland Department of Physical Therapy.

I have had the opportunity to meet a few alumni in the past six months through happy hour gatherings, the Florence Kendall Symposium and Career Day, and I hope I'll be able to meet many more as the new alumni board begins its term.

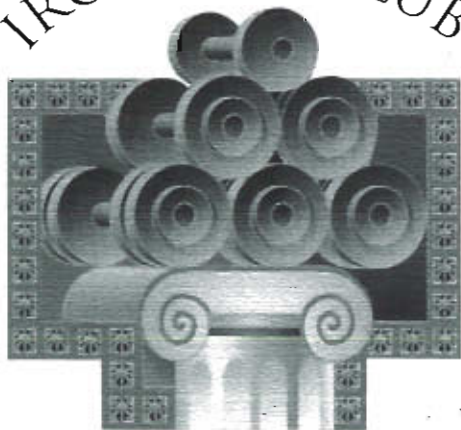
I am confident that our new board will be energetic and have interesting ideas to bring to the alumni as a whole. We are going to establish a variety of committees, including Continuing Education, Alumni of the Year, Annual Fund, Membership, Social and Nominating and I hope that you will be interested in being involved in one or more. With a strong board and dedicated committees, the alumni association do a great deal for the physical therapy in Maryland.

And finally, I just want to remind you all that we really do want to hear from you. What can the alumni association do for you? What would you like to find on our website? What social events interest you? Please feel free to contact me at (410) 706-1816 or aobrien@som.umaryland.edu.

Best wishes,

Anne O'Brien
Director of Annual Giving and Alumni Programs

IRONMAN CLUB



The IRONMAN title has long symbolized strength, endurance and commitment. The University of Maryland Baltimore PT Annual Fund would like to recognize those donors who show such dedication. We have begun the IRONMAN CLUB as a way of acknowledging those whose contributions each year make our department stronger, more enduring and committed to the education of exceptional clinicians.

Beginning in the 2002 fiscal year, any donor who makes an annual fund donation for at least three consecutive years will be recognized in a special section of our alumni magazine. Donors who have already shown this level of dedication will be the first members of the IRONMAN CLUB. To remain a member of the IRONMAN CLUB you must make a contribution to the PT Annual Fund each year. Unfortunately, if a year is missed, you will be dropped from the CLUB until three consecutive years of giving is fulfilled.

The PT Annual Fund hopes that the IRONMAN CLUB will help our donors realize the need for their continued support, and give them the recognition they deserve for being committed to Physical Therapy education.

The Secrets of Our Success:

The Creation and

1959



Top: Mrs. Vincent watches over Edward Benson as he works with Arlene Harris, both Class of 1959

Right: L – Fred Schleifer, R – Herschel Budlow

1965



Top: Shirley (Cohen) Smith, Class of 1965 gives a hydro therapy demonstration at PT Open House.

Right: Demonstrating use of a walker and safety belt are Class of 1969 Gregory Silva, Gail Carver and Brenda Weaver.

by Michele Wojciechowski

1962

There's no doubt that the Department of Physical Therapy is successful. After all, for 45 years we've graduated students who have become top-quality professionals in the field. We've gone from offering a bachelor's degree to a MPT and now a PhD and DPT; from one classroom to many classrooms, plus a Distance Learning Classroom; and from four students to an all-time high of 68. But did you ever wonder how the program got started?

As with all good stories, it's best to begin at the beginning, which takes place more than half a century ago.

The First Program

Our story doesn't start with the physical therapy program that originated at University of Maryland Baltimore in 1956. It actually begins many years before at the College Park campus.

In 1950, Dr. Janet Wessel, a faculty member in the College of Physical Education, Recreation, and Health at the University of Maryland College Park campus, developed a plan so that the University became affiliated with several schools offering a 12-month certificate course in physical therapy. Students enrolled in this physical-therapy track would spend three years at College Park and then attend

their senior year at an affiliate school like D.T. Watson in Pennsylvania, Duke in North Carolina, or MCV, the Medical College of Virginia (now part of the Virginia Commonwealth University, Richmond). After the students completed this four-year program, they were awarded a bachelor's degree from the University of Maryland.

During this time, Dr. Wessel and the Maryland Chapter of the American Physical Therapy Association (APTA) were actively seeking funds so that the University could establish its own program. The University of Maryland School of Medicine cooperated and added a new item in its asking budget to create a physical therapy program. But when the school got its working budget, which was the actual funding it would receive, the item had been deleted. In 1956, though, all that changed.

Creating a New Program

In addition to having served as the first president of the Maryland Chapter of the APTA, Florence P. Kendall was a charter member, as was her late now husband, Henry O. Kendall. In February 1956, The chapter knew that the money that had been previously deleted from the School of Medicine's asking budget would probably make it to the working budget. So they quickly got to work.

Evolution of the Physical Therapy Department

1994



1969



2002

Mr. and Mrs. Kendall understood that when the money was approved, the next step required would be to name a chair to develop and implement the program. "We felt there was no question at all that Gladys Wadsworth was the most qualified to be recommended for this position," recalls Mrs. Kendall.

At that time, Dr. Wadsworth was a faculty member in the Department of Anatomy, School of Medicine, and was on sabbatical in Germany studying electromyography. The Kendalls contacted her to see if she was interested in the job before they submitted her name for consideration. Dr. Wadsworth said that she was, and the Kendalls proceeded with their recommendation.

Dr. Wadsworth was still in Germany when she received letters from the Dean of the School of Medicine and the Chair of the Anatomy Department telling her that the funding had been approved for a Physical Therapy Department and asking her to return home immediately to serve as its head.

That year, the World Confederation for Physical Therapy was meeting in New York City in conjunction with the APTA's Annual Conference. Dr. Wadsworth was able to get a seat on the plane chartered to transport the British contingent to the meeting. Before the conference, she met with APTA National Office Consultants about the new program. They recommended that the University of Maryland

defer enrolling students until September 1957 so that the University could develop an adequate plan and establish a firm foundation to ensure the future growth of the program. But, Dr. Wadsworth recalls, the Physical Therapy Planning Committee insisted that the program begin in September 1956.

It was now July, and Dr. Wadsworth had just two months to create a curriculum, employ faculty, recruit students and provide for space and equipment.

"Perhaps you can appreciate that we had an exciting summer," she says.

Those Early Years

Dr. Wadsworth employed Ruth Latimer, who came in August, and Josephine Buca, who joined the staff in September. The curriculum was developed and approved. Students would be enrolled in the College of Physical Education, Recreation, and Health. Students would spend their freshman and sophomore years at the College Park campus and their junior and senior years at the Baltimore campus.

The first class was comprised of four students: Dixie (Smith) Miliner, Ellen (Adams) Gutow, Patricia (Rinaldi) Tilden, and Bradley Nelson. The PT Department was given space on the third floor of the Gray Laboratory Building, which consisted of one large room. Partitions were used to

create three moderate offices and one big classroom. All the classes were held in this room, except for the anatomy class, which was held at the Medical School's anatomy lab. Because the budget was limited, the department used second-hand furniture from the state surplus, and purchased physical therapy equipment.

"We didn't have the best of facilities," says Dr. Nelson, "but we had the best of people."

"We had a beautiful education," says Gutow. "It was very intense."

Intense it was. Miliner recalls that she and her classmates took their physiology classes with the University's dental students—the four undergrads were in classes with graduate students that were taught on the graduate level. But the PT students were not tested in the same way or on the same material as the dental students. They were tested solely on the information that applied to physical therapy.

Miliner says that Dr. Wadsworth not only taught anatomy and neuroanatomy, she also tutored the students and was available if the students needed her.

"[Dr. Wadsworth] was quite an educator and very devoted to what she was doing with us," says Miliner. "We gained a lot from that experience."

During their junior year, Miliner recalls, the students had their first affiliation at University Hospital. It was at the end of their senior year that they had their full-time affiliations at University Hospital, Montebello State Hospital, Kernan's Hospital, and Visiting Nurses.

In May of their senior year, the students were awarded their Bachelor of Science degrees from the University of Maryland College Park. After completing their affiliations during that summer, the four students received Certificates of Proficiency in Physical Therapy from the School of Medicine.

On Friday, August 29, 1958 at 3 p.m. in the Gray Lab, the first physical therapy class graduated. This was one of the department's first milestones, and more were not all that far away.

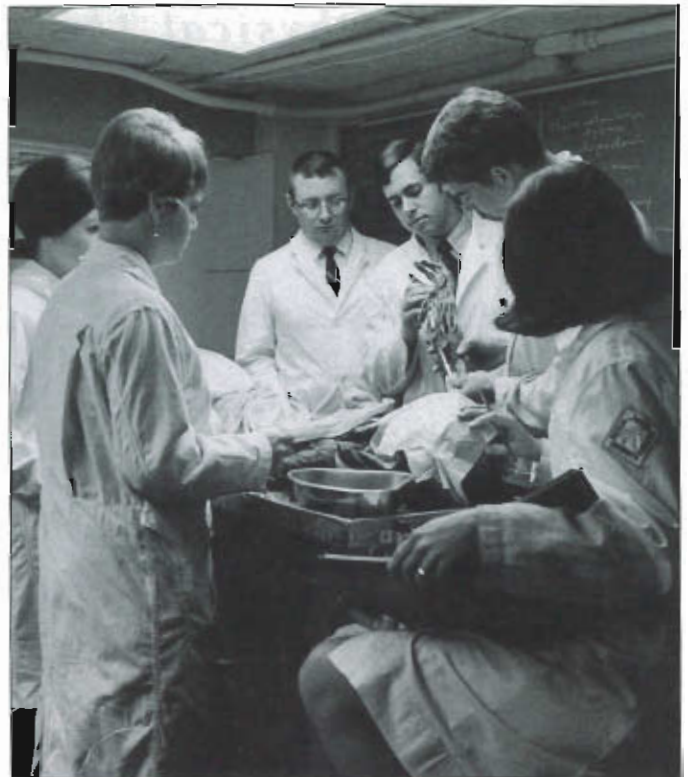
Getting Accredited

Before the PT program could earn accreditation, the department needed to graduate a class of students. After the first class graduated, the school could be accredited and that accreditation would become retroactive to include the initial graduates.

But what if they didn't get accredited? It had happened elsewhere; a physical therapy program wouldn't get accredited the first year it was eligible, and then its graduates were in limbo.

"We didn't even think about that," says Miliner. "They fought too hard, too long to get this [department] here... [We thought] 'They're not going to let this fail.'"

And they didn't. In the fall of 1958, the Physical Therapy curriculum was fully accredited by the Council on



Anatomy Lab – the first step of a student's PT education.

Medical Education and Hospitals of the American Medical Association in collaboration with the American Physical Therapy Association.

Life in the Physical Therapy Department couldn't get any better than this... Or could it?

Times, They Are A Changin'

The first few classes in the PT Department stayed small because not many people knew about the program. In fact, things got a bit worse before they got better. The graduating class of 1962 had just two students. But Dr. Wadsworth was working on recruitment. Her efforts paid off when, in 1963, the department graduated 10 students.

"People had to learn that we had the program," says Dr. Wadsworth, "and it just took time."

In June of 1962, Dr. Wadsworth retired from the PT Department to work in the National Office of the APTA in New York. When she left the PT Department, Ruth Latimer became chair. Two years later, Dr. Wadsworth came back to town and resumed work

**Tuition in 1965
for students in the
Baltimore campus
was only \$270—for
the entire year.**

as a faculty member in the Anatomy Department at the School of Medicine.

As years went by, the PT Department's anatomy class was no longer taught in the School of Medicine's anatomy lab. "We had a little place down in the basement. You had to kind of dodge underneath the pipes," recalls Ruth Latimer. She says that one professor was particularly tall—about 6' 5". "He had to do a lot of dodging."

Peggy Schmitt '69 remembers it well. "We had six cadavers [with] four people working on each... [We were] falling over one another."

In the late '60s, the PT Department experienced its share of triumph and trauma. On the Saturday before Easter in 1967, a fire that originated in the anatomy storage room caused damage to the Gray Lab.

"It had some benefits," says Ruth Latimer, looking on the bright side. "We made some improvements with the insurance proceeds."

According to *The Physical Therapist*, a student-produced newsletter dated December 1967 the damage to the Gray Lab cost \$127,000. Because the fire did not spread to the classroom area in the University College Building—and with seniors getting ready for their full-time clinical affiliations—the students didn't miss any class time.

The times were also different, compared with today, in terms of where students lived, what they wore to class, and what education cost. Most women in the program lived in Parsons Hall, the nursing residence. The rules as to where women could live while going to school were strict. According to a bulletin of the Department of Physical Therapy from April 1965, "A single woman under the age of 21 must live at home, in the University of Maryland residence halls or sorority houses or with close relatives—with approval of parents, relatives and the Dean of Women."

Judith (Marshall) Bowden '70 lived in Parsons Hall during her junior and senior years as well as the summer in which she had her affiliations. She recalls that the dorm rooms were small, and there was a communal bathroom on each floor with showers and a tub stall for taking baths. At the end of each hall was a kitchen area with a refrigerator and stove. The women also kept toasters and hotplates in their rooms. They could also eat in the cafeterias at either the Student Union or the hospital.

Men were *not* allowed upstairs, although they could visit in the downstairs living rooms where the residents were permitted to receive guests.

Most men lived in the Student Union. Bowden's husband George Bowden recalls that the dorm rooms had two sofas

For clinics, women had to wear skirts that were down to their knees or below and blouses with action-back sleeves (they had small pleats in them). Men wore shirts, ties, and full lab coats.

that folded out into beds. There was a snack bar on the second floor, and most men ate in the cafeterias of the Student Union or the hospital.

Although men could only live at the Student Union, women could live there as well—one half of one of the three residence floors was just for women. The other two-and-a-half floors were for men.

Peggy Schmitt recalls that during her years on the Baltimore campus, students had a strict dress code.

Women were expected to wear skirts at all times, including in the anatomy lab. They also had to wear nylons—knee-highs were not allowed. Men wore shirts and ties, but they could take the ties off once they got to school.

For clinics, women had to wear skirts that were down to their knees or below and blouses with action-back sleeves (they had small pleats in them). Men wore shirts, ties, and full lab coats. All students were required to model their uniforms for Josephine Buca. "If she found out that you wore a different uniform when you were at clinical, then you failed that clinical," says Schmitt. "They were very, very strict."

Besides being strict about uniforms, Buca was also strict about making up the lab tables. Schmitt says that Buca insisted that the sheets on the mattresses were perfect and the pillow cases were all facing the right direction. Bobbie di Sabatino, retired executive administrative assistant for the department chair, remembers one summer helping an instructor make up the plinths. "The mattresses would curl up [because the sheets] were so tight," says di Sabatino.

Tuition in 1965 for students at the Baltimore campus was only \$270—for the entire year. With miscellaneous fees, dormitory costs, textbooks, uniforms, and food taken into account, the total cost for a Maryland resident per year was approximately \$1,500. The cost for men was slightly higher than for women—they were charged an additional \$60 per year for their rooms.

Clinical affiliations during this time had become somewhat different from when the program began. Schmitt says that during her junior year, students went out to clinic once a week, and they got to visit every type of practice. Since there were still so few physical therapists, the students got to know almost every one. Then during the first semester of senior year, they would spend their mornings each week at a different affiliation. This way, they got to see many places and decide where they would like to go for their four five-week-long clinical affiliations that took place during the second semester.

Another Milestone

From 1958 to 1968, the students' degrees were awarded by the College of Physical Education, Recreation and Health of the University of Maryland College Park. In 1968, the School of Medicine decided to award the degrees. This was a considerable and advantageous change for now the program was administered and funded under the School of Medicine. Their students' certificates were still awarded after their clinical affiliations were complete.

Schmitt recalls that her graduating class was included in a section in the back of the School of Medicine yearbook. College Park didn't want to include the PT Department because the seniors were not graduating from that campus. "We didn't think it was quite fair that we would graduate without having some recognition somewhere," says Schmitt. Eventually, the PT Department created its own yearbook, a tradition that has continued to present day.

By 1965, the PT Department occupied two floors in the Gray Lab. In 1972, the department moved into expanded facilities in the Allied Health Professions Building, then located at 32 South Greene Street.



Three chairs of PT. L-R: Ruth Latimer, Clarence Hardiman and Mary Rodgers.

New Captain at the Helm

Ruth Latimer remained chair until 1971, though during that last year, she was on sabbatical, and Otto Payton served as the acting chair. In the spring of 1971, Dr. Clarence Hardiman was appointed acting chair when Payton left. Latimer returned from sabbatical in 1972, but was no longer head of the department. She took a six-month leave of absence in 1974 to run for the Maryland house of Delegates, but returned in December of that year and remained on the faculty until retiring in 1986. In 1972, after a nationwide search had been conducted, Dr. Hardiman was selected as chair.

As chair, Dr. Hardiman proposed to double the enrollment and seek more funding for the department. He was determined to acquire research equipment, teaching aides and more faculty. Through acquiring federal grant funding over a 20-year period, Dr. Hardiman was able to add the new resources the PT Department needed. He wanted the program to be a national model and, again, his work paid off.

Dr. Hardiman says that they also expanded the program so that it was available to students in junior colleges and in universities and colleges throughout the country. Prior to that, the program only accepted students who had been through their previous training at College Park because their course requirements were so specific. In addition, in 1972, the PT Department received the first institutional award for minority recruitment ever given by the APTA.

"It became one of the most demanding undergraduate programs in the country, equal at that time to any entry-level master's degree program in physical therapy," says Dr. Hardiman. The curriculum required a course in geriatrics (the first in PT education), as well as research, and incorporated learning biofeedback and electromyography.

From PT Videos to the Oscar

During the late '70s, Dr. Hardiman acquired grant money to create a video facility to produce physical therapy videos for the PT Department. Bill Whiteford, who had been teaching film in Maryland's public school system, began working for the department's Video Services, and initially produced films that supported the faculty and their work.

Whiteford's first documentary for the department, "Burn Care: A Team Challenge," was filmed at City Hospital (now Johns Hopkins Bayview Medical Center) and showed how a health care team works together to treat a burn survivor. Soon after "Burn Care" was made, Susan Hadary was hired.

As time passed, Hadary and Whiteford realized that they wanted—and needed—to reach larger audiences than the PT faculty. So they asked faculty members to identify people in the PT world whom every physical therapist would love to meet. The resulting films featured well-knowns like Moshe Feldenkrais, Margaret Rood, Bertha Bobath, and Fran Tappan. The videos were then duplicated and sold to PT schools across the country. And, Hadary recalls, the films gave the PT Department a lot of prestige because they were now associated with "name" people in the field.



Susan Hadary and Bill Whiteford at the Oscars.

Hadary and Whiteford continued to expand the scope of their work and presented case studies of patients that could be used not only by physical therapists, but also by other professionals like nurses, occupational therapists, and social workers. And, they made more documentaries.

Eventually, the grant money that funded the production of their videos began to dry up. Besides having relied on grants for their salaries, Hadary and Whiteford needed the funding for operation and production costs. They realized that there was a market for training films on the needs of the elderly, and that's where Hadary and Whiteford began focusing their efforts. About this time, they ceased working solely for the PT Department and established Video Press at the University of Maryland School of Medicine.

In March 2000, Hadary and Whiteford won the Oscar for their documentary "King Gimp."

From Bachelor's to MPT

Although the PT program had been going well for many years, a time came when it needed to be taken to the next level—and that meant going from a Bachelor of Science degree program to a Master of Physical Therapy (MPT). Dr. Donald Hobart, who retired in 1993 after serving as assistant chair under Dr. Hardiman for eight years, says that although the MPT program did not begin until 1992, the first proposal for it was submitted in the early '80s. But, for many years, the program was not approved.

In 1991, Dr. Hardiman submitted another proposal for the MPT program, and this time, it was approved. The Bachelor of Science program was soon phased out. The MPT program received its accreditation for eight years in 1996. According to Dr. Hardiman, the site-visit review team for accreditation gave a glowing report to the program, highlighting the depth and breadth of faculty qualifications and the quality of students, facilities, equipment, and alumni support.

Moving on Up

The PT Department moved once again in 1992 to the new Allied Health Building at the corner of Penn and Lombard Streets, where it remains today. The old Allied Health Building was demolished to make way for the Gudelsky Tower, part of the University of Maryland Medical Center's expansion. The new building also housed the Department of Medical and Research Technology and parts of the School of Pharmacy. Video Press shared the new building as well.

Terry Heron, admissions coordinator, who has been with the PT Department for 30 years, remembers when workers were tearing down the old Allied Health Building. "We could literally look out the window and see the wrecking ball," she says.



Florence Kendall teaching muscle measurement.

Going the Distance

During his tenure as chair, Dr. Hardiman acquired funding for technological advances designed to take the PT Department into the 21st century. Dr. Hardiman implemented a full digital production facility and hired a media technician to create graphics, photos, and CD-Rom materials for educational purposes.

A Distance Learning Classroom (DLC), funded by Bell Atlantic, was also created. The DLC allows professors to give lectures and demonstrations in one room, while many cameras located in that room show the images on television screens in adjoining labs. This technique has saved a lot of time and solved problems because, in the past, professors would have to teach two separate labs to accommodate all the students. Teaching two labs took up more of the professors' time and could sometime cause differences in learning if certain questions were answered or specific material covered in one lab that wasn't covered in another. In this way, all 50 or more students can see the techniques or procedures that the professor is demonstrating—the cameras can even perform close-ups—without crowding around a plinth to get a better look. The professors and lab assistants can see into the adjoining classroom, and students can go to microphones in the front of their classrooms to ask questions.

The DLC has also allowed the PT Department to transmit labs or activities to other remote sites. It may eventually be used to teach people across the country and throughout the world.

When Kendall served as a part-time faculty member from 1957-1971, teaching manual muscle testing and therapeutic exercise, the technology of the department was much different.

"I had to carry my own projector and bring my own slides when I went to the classroom," she recalls.

Times sure have changed.

“When I came here, my primary focus was that I wanted to make sure that we got a PhD program in place,”... I felt like if you were going to make a program that’s the best in the country, it has to have ongoing efforts in providing evidence for what we do.”

– Dr. Rodgers

Keeping in Touch

Quite often, the PT Department has been described as being like a family—by students, faculty, and staff. But when the students graduate, it would sometimes be difficult to keep in touch.

In the '60s, students attempted to keep alumni abreast of what was happening in the department by publishing *The Physical Terrapin*, a newsletter that included information about affiliations, professional activities of students in the program, and news about recent graduates. According to the May 1969 edition of *The Physical Terrapin* there was an attempt to organize an alumni association. But it didn't come to pass for another 20 years.

Linda (Justice) Teodosio '84 and Dan Gordon '84 had asked Dr. Hobart about starting an Alumni Association a few times before they had even graduated. Gordon says that one reason he wanted to have an Alumni Association is because he wasn't seeing a lot of interaction between PT students and professionals in the field. He also thought that alumni could help to support the department—both financially and with projects.

In 1985, they approached Dr. Hobart again, and he agreed to do it. Bobbie di Sabatino became involved, and she and Dr. Hobart began working hard to make the Alumni Association a reality. They formed a committee which met for nearly a year planning an initial meeting—a weekend event that would include a continuing education course and a banquet.

Dr. Hobart recalls that during that weekend, they had a business meeting with the attending alumni. The committee had prepared a set of bylaws which they distributed that day. They explained what they wanted to do and took a vote. It was unanimous, and the Alumni Association was born.

That was 1986. After a couple of years, Dr. Hobart believed that they had a strong alumni base and could begin fundraising. The first year, their goal was to raise \$5,000. They raised \$13,000. The next year, this figure doubled. And the following year, it nearly doubled again.

“We started getting a pretty good reputation on campus,” says Dr. Hobart.

When they began to raise \$40,000 per year, they decided that it was time to hire a fundraising professional, and the

first director of Alumni Affairs came on board. By 1991, they had raised enough money to endow a scholarship and shocked Dr. Hobart at a dinner for major donors by announcing that they were naming it after him.

“I almost had cardiac arrest,” he says. “I never anticipated it at all.”

The Alumni Association has continued to grow. It now has a director and an Assistant Director and provides alumni with educational and social activities as well as an alumni magazine, *PT Proficio*, that keeps alumni up-to-date on happenings in the PT Department and on their former classmates.

“A lot of work went into [creating the Alumni Association],” says Bobbie di Sabatino. “I think it was a very good thing.”



Continuing Education is an important part of a PT career.

Physical Therapy Associates

Established in the mid-1980s, Physical Therapy Associates, PA, the department's faculty practice, is still going strong. Now located in the James Frenkil Building at 16 South Eutaw Street, Physical Therapy Associates is the only member of the University Physicians, Inc. (the umbrella organization for all family practices within the University of Maryland Medical School system) that is a non-physician practice.

At Physical Therapy Associates, faculty members provide outpatient services to clients in a state-of-the-art clinic. Some of the services provided are neuromusculoskeletal evaluation and diagnosis, pre-natal exercise, sports physical therapy, orthopedic manual therapy, post-stroke rehabilitation, fibromyalgia treatment, health and wellness screening, and office ergonomic assessment.

Changing of the Guard

On January 15, 1998, Dr. Clarence Hardiman officially retired from the PT Department. At that time, Dr. Mary Rodgers became acting chair, and in June took over the role of department chair. Dr. Rodgers came to the department in 1994 as a researcher, but she also taught biomechanics and pathokinesiology.

For well over a decade, Dr. Rodgers has been involved in research on wheelchair propulsion. Besides being personally interested in research, Dr. Rodgers knows the benefits that research can have in the world of physical therapy. That's why, since 1999, the department has been offering a research-oriented PhD in Physical Rehabilitation Science. The purpose of the program is to train researchers who will be able to advance the field of physical rehabilitation with the ultimate goal of improving the lives of individuals with functional impairments.

"When I came here, my primary focus was that I wanted to make sure that we got a PhD program in place," says Dr. Rodgers. "I felt like that was a priority not only because I'm research-oriented, but also because we are going to make a program that's the best in the country, it has to have ongoing efforts in providing evidence for what we do. You can't do that without having an active research program."

Throughout the years, the PT Department has implemented research to some degree within the curriculum and among the faculty. Today, faculty and graduate students in the department are conducting research in rehabilitation biomechanics, cell biology, neuromotor control, and rehabilitation physiology—specifically there are ongoing research projects in wheelchair propulsion biomechanics and overuse injuries, developmental motor control, motor control and neuroplasticity in stroke rehabilitation, cardiorespiratory insufficiency and disability in systemic lupus erythematosus, HIV seropositivity and fibromyalgia, connective tissue strength during the menstrual cycle, and clinical electrotherapy.

In 1990, research was not as widespread in physical therapy as it is now, but the active research programs going on at that time in the Department impressed scientists in the International Society of Electrophysiological Kinesiology (ISEK) who toured its facilities that August. The department sponsored the 25th Anniversary meeting of ISEK, which Dr. Hobart organized (assisted by Dr. Paul Anderson), and 120 scientists from all over the world attended the three-day conference.

One of the department's future goals is to establish internationally recognized research programs.

From MPT to DPT

One particularly strong aspect of the PT Department throughout its lifetime has been the ability to advance when the physical therapy field changes. And it's happening once again.

In the spring of 2001, the department accepted its last class of students for the MPT program. Beginning next spring, the first class of entry-level DPT students will be accepted. The entry-level DPT program is for students who

...this will require a lot more team-teaching, it will build in more opportunities for critical thinking, problem solving, and independent learning.



Each year, PT Olympics provides fun for students, faculty and alumni.

have no physical therapy training. After completing the three-year program, the students will take their licensing exam to become licensed physical therapists. The program will run the same length of time as the current MPT program, as it is already one of the longest in the country.

The department is also beginning a transition DPT program, which is for students currently in the MPT program who want to transition to an entry-level DPT. Although it won't be ready to serve the class that just graduated, this program will serve the final three classes of MPT students. The transition DPT will be one-year long, offered on a part-time bases, as the students would be expected to be working in the field. After completing the program, the students would receive their DPT.

Besides these two DPT programs, the department will also offer a post-professional DPT (PP DPT) for people who are already working full-time as physical therapists and would like to get the training that will bring them the current knowledge in the field. The PP DPT will enable students to get more in-depth training in particular specialty areas, and will be individualized. Best yet, the program will primarily be online; students will just need to be physically on campus one weekend each semester.

As part of the new DPT programs, the department will be completely changing its curriculum. And this is the biggest challenge of all.

The curriculum, instead of including separate classes for pathology, anatomy, etc., will be taught in blocks that study particular systems of the body as a whole. Students will study a system's anatomy, physiology, systology, and the like, all the way through clinical applications, where they will spend even more time than they do now. Then they will move to another system, and so on.

Although this will require a lot more team-teaching, it will build in more opportunities for critical thinking, problem solving, and independent learning. Dr. Rodgers says that this is necessary when thinking about physical therapy in the future because 34 states currently have direct access for physical therapy.

"We need to be able to produce people who are comfortable working as independent practitioners," she explains.

In addition to the new DPT programs, the department is proposing an Orthopedic Residency Program where students could be mentored in Orthopedic Physical Therapy for a concentrated period of time. With this program, students would rotate through four facilities where they would be mentored and have some didactics. Students would also be accumulating the number of patient hours they need and completing didactic work required to be able to take the specialty exam to receive specialty certification through the APTA.

Giving Credit Where Credit is Due

Although the department has been busy developing the upcoming new programs, it has never been too busy to take time to honor one of its own.

Florence P. Kendall is known as a legend in the field of physical therapy. She and her late husband, Henry O. Kendall, ran their own private practice for 20 years, helped found the Maryland Chapter of the APTA, were instrumental in the drafting the original bill that was enacted into law in 1947 legalizing the practice of physical therapy in Maryland, and co-wrote many pamphlets, articles, and books—including *Muscles, Testing and Function*, now in its fourth edition.

For her contributions to the field of physical therapy as a clinician, author, and educator for nearly seven decades, the University of Maryland awarded her an honorary Doctorate degree on May 20, 1999, on recommendation from the Department of Physical Therapy. The department also presented her with the voluntary faculty title at the rank of Clinical Professor as of July 1999.

The following year, on April 28, 2000, Mrs. Kendall was again honored with the dedication of the "Kendall Physical Therapy Collection," over 100 volumes that she donated to the Health Science and Human Services Library. These works are a part of the library's Historical Collections. Never before has a physical therapist's works been included in the Historical Collections nor has one ever been awarded an Honorary Doctorate by the University of Maryland.

All good things tend to run in threes, and the honors for Kendall are no exception. On December 14, 2000, the department dedicated its conference room as the "Henry O. and Florence P. Kendall Conference Room." The room now features portraits of Mr. Kendall and Mrs. Kendall.

In honor of her 90th birthday in 2000, the department created the "Florence P. Kendall Scholarship Fund," which, when endowed, will assist physical therapy students who want to participate in the APTA by helping with membership dues and conference fees. And each year, when the department celebrates National Physical Therapy Month in October, they hold the "Kendall Celebration Symposium," an annual lecture series.

We Are Family

Over the years, faculty, staff, and students have said that the reason they love the PT Department is because it's like a big family. It seems that once people come, it's hard for them to leave. Bobbie di Sabatino retired from the department for medical reasons after 30 years of service; Terry Heron still committed after 30 years. Dr. Hardin had 27 years under his belt when he left. Former Chair Ruth Latimer had been with the department for 24 years. Dr. Roy Bechtel, assistant professor, has just finished his 16th year, and Dr. Paul Anderson, associate professor, is coming up on his 26th year.

Faculty, staff, and students spend time together outside of the department as part of Alumni Association social events. Since 1994, they've even been competing against each other—in a good way—as part of the PT Olympics held during National Physical Therapy Month. The event pits teams from the department, the student body, the University of Maryland Medical Center, and the Medical Center's Shock Trauma Unit against one another in games of skill and fun. di Sabatino says that the PT Olympics is particularly good because it allows students to see another side of the faculty—the one that exists outside of the classroom.

When asked why he has stayed with the department for so long, Dr. Anderson replies, "The people have made this job special... Seeing the students grow, mature, graduate, and achieve their dream of becoming physical therapists has been extremely rewarding."

"I have stayed around because this place has so much promise, both for personal development and for professional development," says Dr. Bechtel. "There is a core of good people here who are working to make the future of health care a bright one, and it is a privilege to be able to participate in some small way."

"Working there for 30 years was probably the best time of my life, other than having my children," says di Sabatino. "That's a family."

Looking Ahead

As for the future, Dr. Rodgers says that she would like to see the department attract the best students and graduate future leaders in the field.

"My expectation is that we will be one of the top programs in the country," she says.

Since 1956, the Department of Physical Therapy has come a long way. So what will the next 45 years hold? We can't wait to find out.

Michele Wojciechowski is a freelance writer living in Baltimore, who has now become a verifiable expert on the history of the Department of Physical Therapy.



Births

Michael Joseph born April 25, 2001, to Lisa (Ritter) Lacour '89.

Grace Elizabeth born February 10, 2001, to Jeffrey and Sheri Mowery '95.

William Thomas born October 17, 2001, to Colleen Lee Armentrout '98 and her husband.

Samantha Celine born June 12, 2001, to Brenda (Rutledge) Cavanaugh '99 and her husband George.

Sarah Kaye born July 9, 2001, to Jason McElroy '99 and his wife.

Katherine Leigh born June 11, 2001, to Neil Nagaraj '00 and his wife Irene.

Cara Aniela born July 19, 2001, to Jackie and Kevin McClaughlin '01.

Russell Robert born August 20, 2001, to Christina Stevenson '01 and her husband Adam.

1960s

Brenda (Weaver) Dooley '65 is proud to announce that her daughter, Kate Silva LaValley was awarded a Masters degree in Physical therapy from Thomas Jefferson University and is now practicing near Syracuse, NY.

1970s

Linda (Watson) Spittel '71 and her husband Chuck have relocated to Wilmington, N.C. for Chuck's job, a tough move for life-long Baltimoreans. Linda left her long-standing job as VP of Clinical Affairs at CARE Rehab, but loves the beautiful weather and slower pace of the south.

Paul Brager '73 recently completed a teaching assignment in the UMB post-professional DPT program. He was an adjunct instructor for a clinical management course, the first web-based course for the new program. Paul is an active alumnus

and was honored to be a pioneer in this new educational venture.

Marti (Kirkpatrick) Bremer '73 recently retired from Tidewater Physical Therapy and sent her last son off to college. She is using her newfound free time to cook and bake for an espresso café while enjoying the "empty nest syndrome." She and her husband Bill moved to New York state this fall where Bill accepted a job with Mohawk Valley Physician's Health Plan.

Jan and Lynne (Jarczynski) Smejkal '74 / '77 are doing well in their private South Jersey practice, Absegami PT. Their spare time is spent with their kids, Kelsey, 15, Rudy, 13 and Jake, 9. Both parents are involved in coaching and watching their kids' sports terms, and volunteering on their school boards and PTO's. The whole family recently participated in a local triathlon called "Peddle, Paddle, Run" where they biked, kayaked and ran for the finish line.

It's time for college bills for Richard Katz '75 now that his daughter Sarah began her freshman year at the University of California at Santa Cruz. Richard's son, Hal, is a freshman in high school.

Edna (Tuchler) Breit '76 has two children attending University of Maryland College Park. Karen is a sophomore and Ian is a freshman. Eyoul is in 5th grade and plays hockey. Edna works with infants and toddlers in Montgomery County.

Lynn Rudman '76 is finishing her first term as the president of the American Physical Therapy Association of Maryland. She is pleased that she has been elected to a second term that will keep her in that post through November 2003.

Jeri (Both) Valentine '77 is a pediatric PT in Ohio. She has one son, Nathan, 7. Her husband Roger runs a small machine shop. Jeri's mother recently moved in with the family so that Jeri can help care for her now

Alumni of the Year



Congratulations to this year's co-winners of the Alumni of the Year Award, E. Tonas Kalil '85 and Linda French '85. Tonas and Linda were recognized for their outstanding work as co-directors of the Mid-Atlantic Burn Camp. The all-volunteer organization has welcomed thousands of children and adolescent burn survivors since it was established in 1992. Each year the kids have an opportunity to enjoy a summer camp experience free of charge. They also have access to programs that help them deal effectively with burn-specific issues while they are at the camp. Many PT students have worked and volunteered at the camp during their time in the department and after graduation.

The winners were presented the award by last year's winner, Sandra McCombe Waller, at the University's Founder's Day Gala held October 25th. We wish Tonas and Linda continued success in their efforts at the Mid-Atlantic Burn Camp.

If you would like more information on the Mid-Atlantic Burn Camp, you may call (410) 531-5942 or email them at burncamp@erols.com.

that she has Parkinson's. The family is involved in a new and growing church in their community.

Michelle (Block) Gordon '78 lives in Chevy Chase, M.D., with her husband Marty and two children, Sarah, 17, and Joseph, 15. Michelle has been working part-time in home health for the past 17 years and still enjoys it. She would love to hear from classmates by email at meeshg@juno.com.

Barbara Joslow '79 is still living in Germany, remaining in the Army and continues practicing neurology. She will adopt a baby girl from Vietnam later this year.

John McKernan '79 reminds his classmates that after all these years, he's still the oldest member of his class!

1980s

John Taylor '81 is still happily married after 22 years, has three children, and loves his profession. He and his wife are involved in mentoring teenagers and leading Christian youth retreats on preparing for marriage.

Cecilia (Eichelman) Kitterman '82 has moved with her husband and three sons (ages 14, 11 and 9) to Rhein Main Air Base in Frankfurt, Germany. She is taking some time off to see Europe.

Cindy Ruth '82 works at the University of Maryland Medical System. She married

Jerry Ruth in 1983 and the couple has 3 children, Tony, 16, Sara, 14 and Eric, 11, and lots of pets.

Jeanne (Peltz) Park '83 has welcomed a new family member into her home. New daughter, Catherine Chloe Si-Hyun Park was born in South Korea on October 26, 1999, and joined the Park family in April 2001. Siblings Ian, 11, Carly, 9, and Graham, 6, made Catherine feel right at home.



Ann (Chicca) Williams '84 had her children show off the two new additions to the family, Minnie and Belle.

Mark and Debbie (Donahue) Fink '84 / '83 have moved their family lock, stock and barrel to Montana. The family lives on 16 acres essentially surrounded by wilderness. They report seeing all kinds of wildlife, even the tracks of a mountain lion. Mark obtained his Montana PT license, but is taking a year off from work while they settle into their new surroundings. Debbie is full-time mom and teacher to Jonathan, Anna and Rebekah.

Judith (Hansen) Semon '84 has switched to part-time homecare work after 17 years full-time at Kessler Institute. She plans on spending more time with her 7- and 9 year-old children.

Susan Schwenz '85 is now an assistant professor at Regis University in Denver, Col., in the Department of Physical Therapy. She completed her PhD in Kinesiology with an emphasis on the psychosocial aspects of injury and recovery.

Cindi (Seidman) Schrum '85 is the Director of outpatient rehabilitation for Manning and Cole Therapy Associates.

Janet DeJohn '88 has relocated to Charlotte, N.C. She works with Easter Seals in the Mecklenburg County School system.

1990s

Todd Clem '90 and his wife Ellen live in Madison, Ala., with their two children, Kylie and Lauren. Todd is a clinical director for Decatur Hospital's outpatient PT department.

Linda Eckert '90 has moved overseas to join with new husband Richard Ots. The couple was married on August 4th in Sarajevo, Bosnia, where they will live for the next year. Due to the 80 percent unemployment rate in that country, Linda will be volunteering at the local hospice. She also plans to get involved in a research project on "Palliative Care for Post-War Victims."

Julie (Bailey) Plummer '90 and her husband Jay and 4-year old daughter Erin moved to Pennsylvania two years ago. Julie is co-owner of Domser and Plummer Physical Therapy in Carroll County.

Joy (Lea) Foster '91 is busy juggling home life with her four kids when she is not working part-time. She has Lea, 6, Jenna, 3 and twins, Matthew and Madison, 8 months.

Theresa (Valek) Williams '91 married Craig Williams in May of 1993. Since graduation she has had an opportunity to travel and work in Japan, South Carolina and now in Oklahoma in a variety of settings. The couple and their dog, Rex, all hope to return to Maryland in the near future.

Tania Danner '93 is a hand therapist at Union Memorial Hospital's Curtis National Hand Center. She has one son, Dean Matthew who turned 1 in August.

Orit (Gur) Israel '93 has two children, Ronnie, 4-and-a-half, and David, 9 months. Orit is working PRN at HealthSouth outpatient clinic. The family moved into a new house in July 2001.

Arlene Ross '93 opened a private practice in Clarksville, Md. in January 2001.



Douglas Dillon '92 and his wife have had an exciting year. They ventured into parenthood and adopted two beautiful children from Russia. New additions, Rebekah, 4, and Alexander, 3, bring joy and adventure to their lives.

Kimberly (Ridgley) Riffle '95 has a 21-month-old daughter, Brianna Marie, and is expecting her second child in April 2002. She carries a full caseload of home care PT patients for Johns Hopkins where she works part-time.



Kristie Bombaro '96 climbed to the summit of Mt. Baker on July 15, 2001, to raise money and awareness for Breast Cancer. The climb took her 11,000 feet up the volcanic and glacier mountain and her efforts raised over \$3,000. Kristie works on the burn and plastic surgery unit of Harborview Medical Center in Seattle, Wash.

Asha Damdar '95 went to Ecuador in January to work at a clinic serving disabled children.

Maria (D'Angelo) Heffter '95 says hello to her classmates! She is still employed as a supervisor in an acute care hospital. Her daughter, Leah, is now 15-months-old.



Anne Shybunko-Moore '96 recently returned to Long Island with her husband, Jamie Moore. The couple is expecting a baby boy. She would love to hear from classmates at moore-shy@optonline.net.

Mike and Jennifer (McCuen) Harrington '95 / '96 celebrated their first wedding anniversary on October 14, 2001.

Courtney (Unger) Mackin '96 has two children, ages 2- and-a-half and 16 months. She is working per diem.

Duane Schnieder '96 has been employed in outpatient PT at San Francisco General Hospital since graduation. He lives in Novato, Calif. with his wife.

David and Jennifer (Ridgely) Benzing '97 / '98 had their first child, a daughter in February 2002.

David works for a private practice, Maryland Sports Care and Rehab, in Westminster. Jennifer is an adjunct faculty member for the PT Department in addition to her job at Physiotherapy Associates in Owings Mills.

Bruce and Joanna (Bainbridge) Blackburn '97 / '96 have been busy managing a private practice, settling into a new home and keeping up with 3-year-old Julia Marie and 1-year-old Brian Anthony.

Tracey (Cannon) Deavers '97 has a 1-year-old son, Max.

Vanessa Sembrat '97 is about to make a big career change from geriatrics to pediatrics. She is starting a new job with the intermediate unit working with kids ages 3 to 5. Her own kids, Nathan 3, and Alyssa, 10-months, are doing well.

Elena (Rice) Regitz '98 has moved into a "new" 100 year-old home that she and her husband are fixing up. She works PRN for the home health department of a local hospital. She is expecting her second baby.

Douglas Warfel '98 is now the Risk Management Performance Improvement Coordinator at Sinai Hospital.



The happy couple! Elizabeth (Hilditch) McCoy '97 was married to Shawn McCoy on March 10th, 2001.

Kimberly (Mahaffey) Dymond '99 was married to Chad Dymond on December 23, 2000.

Kathleen (Gunning) Harris '99 was married to Scott Harris on September 2, 2000. The couple lives in Westminster. Kathleen works as a full-time PT in Randallstown.

2000s

Neil Nagaraj '00 likes his new job at Care Resources, where he contracts out to

different locations. He welcomed new baby Katherine 5 months ago.

Jennifer OTremba '00 was married on July 27, 2001. Among the bridesmaids were Nicole Childress '00, Robin Goode '00, and Christi Thorne '02. The soloist was Susan Leopold '99 and Teresa Clark '00 did a reading. Other guests included: Matt Rosewag (and his wife) '00, Dan Gardner '00, Tony Pomponi '00, Roberto Incer (and his wife) '00, Laura (Unverzagt) Beebe (and her husband) '00, Cindy (Bauer) Fajardo '99. The couple took a honeymoon cruise to the western Caribbean. Jennifer is working full-time at Physiotherapy Associates and PRN at Central Maryland Rehab Center.

Elizabeth Pearl '00 is working in acute rehab at Levindale. Her black lab, Cody, works there three days a week, so Elizabeth has to pick up the slack for the dog on the other two days. She and her partner, Billie, decided to take their debt to new horizons and bought a new home in White Marsh.

Jennifer (Richards) Buono '01 was married to Dave Buono on October 14, 2001. The couple now resides in Owings Mills.

Carey (Perkins) Reise '01 is working at UMMS in acute care. She was married to Nathan Reise on September 1, 2001 in a ceremony held at the Inner Harbor. The couple honeymooned in St. Lucia.



Pinning Ceremony

The Class of 2004 was welcomed into the profession with the traditional Pinning Ceremony on October 2, 2001. First-year student Allison Nigro receives her pin from department chair Mary Rodgers and APTA President Lynn Rudman '76.



Florence Kendall Symposium

Featured speaker Shirley Sahrman presented the topic "Muscle mutability as a factor in Alignment and Movement Patterns" at this year's Florence Kendall Symposium. Sahrman (R) is pictured here with PT faculty member Patrick DeDyne and Amy Bastian. Florence Kendall attended the Symposium and was on hand to introduce the speaker for the evening.

★ PT Month Happy Hour at Pickles Pub



Shelly Longbottom '01 and Mark Trivett '02 came to the Happy Hour kick-off for PT Month on October 5, 2001.



Above: (L - R) Kelly McBride, PT faculty; Mary Rodgers, chair; Angela Glover '01; Gina Swarm PTAA President, '95; and Danny Hakim joined in the Happy Hour fun.

Below: The Class of 2003 took a study break at Pickles. Christina Gurney, Lauren Kohler, Jennifer Whetmore, Annie Polhammer get pointers from Carly Sosslau '02.



PT Olympics – October 19

Again this year, PT Olympics gave PTs a chance to use their skills for fun instead of work. Unfortunately, we did not get enough participants this year to have an alumni team! Next year, join us in PT Month for an afternoon of fun and games for the PT Olympics! We're looking for ringers! This year's games were won by the Class of 2003!



The Class of 2004 wasn't laying down on the job during the Olympics. John Geioso, Monique Whitney and Nicole Brake have things all wrapped up.



Team members from UMMS demonstrate the best way to wrap a patient in TP.



"Come on Jere, back that thing up!" Dave Lambert and Jere Hoadley, Class of 2003, try to wheel themselves to a win.

Race for the Cure

Over 150 racers joined the PT team for Race for the Cure! Despite the date change, turnout from the team was great. The runners and walkers enjoyed beautiful weather and the new race route that started at PSI Net Stadium. Thanks to the efforts of team captain Kathy Davis, the team managed to hold onto the 2nd place award for Largest Team from a School or University.

First-Year Pizza Party

The first-year Pizza Party was held at The Camden Pub again this year on June 18, 2001, after their first anatomy exam. A good time was had by all as you can see!

Below: You all remember these faces – right? Paul Anderson, Sandy McComb Waller and Mary Rodgers.



Left: You can't keep those upper classmen and grads away! Bryan Kreitlow, Amber Spitzer, Rene Dunn, Duane Roseman, Ana Soto, Ti Thorne and Lindsay Schafer.

Below: Sazia Moriom '03, Rhonda Roberts '04, Amy Yu '04, and Al Lin enjoying themselves with new found friends.





Another Chapter Closes



It was with great sadness that the PT Alumni Association and the department learned of the passing of the department's first chair, Dr. Gladys E. Wadsworth. She died on December 5, 2001. She had recently been working with us to put together a fair and accurate department history, a project that could not have been undertaken without her input.

In her position as chair of the PT Department from 1956-1961, Dr. Wadsworth helped found the Department of Physical Therapy. But her involvement with physical therapy began long before that in 1943, when she received her PT certification through the Army. She spent time as a faculty member of the anatomy department of the School of Medicine both prior to and following her tenure as PT chair until her final retirement in 1978. All told, Dr. Wadsworth boasted a 28-year career at the University of Maryland Baltimore. *(To learn more about Dr. Wadsworth and her role in the history of the department, see the feature article "Secrets of Our Success" p. 4).*

Her contribution to our department and to Physical Therapy education as a whole is significant. Dr. Wadsworth's dedication to that end will continue to be recognized through The Gladys E. Wadsworth Research Fund, a planned gift set aside by Dr. Wadsworth. This fund was established to provide research grants for full-time PT faculty members for the advancement of the body of knowledge in the field of physical therapy.

Dr. Wadsworth remained an active and involved member of the PT Department until her passing. Her time, energy and store of knowledge will be greatly missed.

If you are interested in making a contribution to the Gladys E. Wadsworth Research Fund in recognition of Dr. Wadsworth, please send your donation with checks payable to:
UMB Foundation/Gladys Wadsworth Research Fund
Department of Physical Therapy
100 Penn Street
Baltimore, MD 21201



Online Store – Up and Running!

Check out the new merchandise available on our website. Just click on pt.umaryland.edu then click on the Online Store at the bottom of the screen and you'll find a wide variety of items available for purchase. Ordering over the web will give you a greater choice of colors, styles and personalization but a sampling of these items will be sold in the Alumni Office as well.

Post your Position Openings on the PT Alumni Website

Please let us know if you have jobs available at your work place – we would be happy to post them for alumni and students to review. We would like to know as much detail as possible about the position, but especially the contact information for a potential applicant. Please email your posting to mferoli@som.umaryland.edu or fax it to us at (410) 706-6387.

We Want You for an Affiliation Site!

Remember what it was like to be a student looking for an affiliation site? If you'd like to be a part of the education of bright, energetic PT students, please contact Kelly McBride at kmcbride@som.umaryland.edu or (410) 706-7267.

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Anderson Retires

Dr. Paul Anderson retired from the Department of Physical Therapy on June 30, 2001. Dr. Anderson joined the department 25 years ago as an instructor for Anatomy. He and Dr. Donald Hobart ran the anatomy lab, in his word, "FOREVER!" Dr. Anderson is looking forward to

quieter days spent on the golf courses in and around Corrales, New Mexico, where he and his wife Jackie will reside. The department will sorely miss Dr. Anderson's experience, candor and Oli and Lena jokes.

If you would like to share a favorite story from your days in anatomy with Dr. Anderson, log onto the department website at pt.umaryland.edu and click on "Anatomy Wake."



Dr. Anderson leads a continuing education anatomy lab.

Special Recognition

At the University of Maryland Baltimore Campus Recognition and Community Service Awards Ceremony in May, 2001 several department staff members were commended for their contribution to the University. Joyce Johnson, administrative assistant, was awarded as an Employee of the Month. Doris Farrell, accounting associate, was recognized for 20 years of service on the campus, and Terry Heron, admissions coordinator, received honors for her 30 years of service, all of them spent with the department of Physical Therapy. Congratulations to our hard working staff!



Rodgers Elected to President Position

Dr. Mary Rodgers, chair of the Department of Physical Therapy, was recently voted president-elect of The International Society of Biomechanics (ISB). The election results were announced on July 11, 2001, at the 18th

Congress of the ISB meeting in Zurich, Switzerland. The members of the ISB elected Dr. Rodgers to a two-year term as president-elect, after which she will serve a two-year term as president, and complete her tenure with two more years as past-president. Dr. Rodgers has served on the ISB Council for the past four years, with primary responsibility for administering the ISB International Student Grants.

Operation Send Socks

Following the September 11th events, many of us felt helpless and in need of a way to get involved in the healing process. Assistant Professor Bill Romani, through his contacts in the New York City Fire Department, found that the firefighters and rescue workers at the World Trade Center needed socks to keep their feet dry and clean through hours of working in wet dirt and rubble. He launched "Operation Send Socks," and within three days, the call was answered. Over 3,100 pairs of socks were donated from the PT Department and all across the University campus. The sock drive also prompted the University's Muslim Students' and Scholars' Association to put together a cash donation of \$650 to help in the relief efforts. The PT Department would like to thank everyone who helped us meet this urgent need.



Now, that's a lot of socks!

Retirement



I want to thank all of you for the opportunity to be part of your lives for the past 25 years. I have witnessed approximately 1,300 of you graduate. It is truly a blessing to have the perspective of time: watching all of you as students mature and take on a professional career as practicing physical therapists and as husbands or wives with families. You have benefited from your education here at the University of Maryland but I can assure you, we have benefited more from knowing and working with all of you.

I want to share several observations that are special to me. I commented about how the passage of time has permitted me a unique perspective. I have particularly enjoyed the teaching aspect of my job. When the child of an alumnus enrolls in the department, I can look at the parent and child with pride. Something special has truly taken place for both wanting to be a physical therapist and attending the University of Maryland.

As an educator, I have witnessed your need for more knowledge. As you practiced your craft and realized that more science was needed, you pursued more education. Thus, many have reached out for the department's post-professional DPT curriculum, our PhD in Rehabilitation Science or other similar programs. The need for life long learning is strong in many of you.

I have been a witness to your professional progress. I have seen many of you become chiefs in your PT departments. Others have chosen to work in their own private practices. Some of you have become academic PTs and even chairs of those departments. Many of you have become American Physical Therapy Association activists serving your fellow professionals in diverse ways.

The last observation I will share with you involves your collective character trait of giving of time and talent to your patients, profession and school. Of particular importance to me was your gift of education as adjunct faculty to our department. I am in awe of what all of you give daily.

I want to thank Don Hobart my teacher, mentor and friend. I am in debt for having learned so much about so many things from Don. I know many of you have similar feelings toward Don.

During my 25 years, I have watched you make choices and grow in your careers. Now, I face a change called retirement. It is an uncomfortable feeling, this emotion of no longer being a faculty member within the Department of Physical Therapy, School of Medicine, University of Maryland. I have rarely said "good bye" to all of you, because I knew I would see you again. Now, it is time to say good bye to one and all.

I don't know what I am immediately going to do upon retirement but I know that Jackie and I will be in Corrales, New Mexico, with an adobe house on the Rio Grand River and beneath the Sandia Mountains. I am not going to work next summer, the first summer in a very long time. I will be playing a lot of golf, however. Eventually, I would like to work again in some form of education.

The best to all of you...Paul Anderson

The honor roll lists alumni, friends, faculty and staff on whom we rely each year to provide the resources that keep the Department of Physical Therapy, its students and faculty strong. We gratefully acknowledge our donors and their generous gifts to the 2000 - 2001 Annual Fund and other specific restricted accounts. In addition to Annual Fund gifts we received donations to the following restricted accounts: The Florence P. Kendall Scholarship Fund, Brian Bainbridge Memorial Fund, David R. Solomon Memorial fund, Pekar-Abell Pediatric Scholarship Fund, Emergency Student Loan Fund, Dr. Gladys E. Wadsworth Physical Therapy Research Fund, Strength Training Research Fund, Physical Therapy Alumni Association and the Donald J. Hobart Scholarship.

Now more than ever, Annual Fund dollars are making a difference for our students and the department. During the 2000 - 2001 academic year, students were granted more interest-free student loans. Scholarships were given to deserving students in research, pediatrics and various other areas of study. Technological advances were made throughout the department, including the alumni office, where investments were made to improve communications with our alumni.

The report of gifts includes donations made to the Annual Fund and restricted accounts during the time period of July 2000 to July 2001. Every effort has been made to assure accuracy. Please notify the Development Office of any errors or omissions, and please accept our apologies for them. For further information on the Physical Therapy Annual Fund, please contact Anne O'Brien at (410) 706-1816, or email aobrien@som.umaryland.edu.

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Digital Initiative

This year the Department of Physical Therapy is starting an entry-level DPT program, which is very exciting but also brings new challenges. As we embark on our journey of educating our first DPT classes we have found that upgrades in technology are needed in our classrooms. We're calling these upgrades the Digital Initiative.

The goal of the Digital Initiative is to bring the technology (hardware and software) to the department that will allow faculty to provide quality educational resources – specifically video and audio media, which students can access by utilizing the asynchronous learning environment of Blackboard. Blackboard is the new e-learning software/course management platform available via the Internet, which the PT Department along with many other departments on

campus have begun to use to deliver both web-enhanced and web-based courses.

This initiative will help to support the entry-level DPT program, the Post-professional DPT program and continuing education for our valued alumni. We count on your participation in support of the mission of the department as we prepare for the transition to an all-digital curriculum.

If you are interested in making a contribution to the Digital Initiative, please send your donation with checks payable to:
UMB Foundation/Digital Initiative
Department of Physical Therapy
100 Penn Street
Baltimore, MD 21201
Funds for the Digital Initiative are administered by the UMB Foundation, Inc.

Join Now and Save!

The PT Alumni Association Executive Board voted at their January meeting to approve an increase in the Alumni Association dues effective January 1, 2003. The increase will bring membership dues to \$40. The Alumni Association is offering you a chance to beat the increase! Join now for two years (2002 and 2003) at \$70.00 and save \$5 on next year's dues! Watch for your membership form in the mail, fill it out and return it to us to not only save money on next year's dues, but to gain all the benefits the Alumni Association offers.

New Membership Terms

Your PT Alumni Association membership will no longer expire at the end of each calendar year. For those who join the alumni association on or after July 1, 2001, your membership will expire one year from the month you joined. We will send you a reminder when your membership is about to expire so that you can join for another year of exciting benefits!



24th Annual Graduate Research Conference

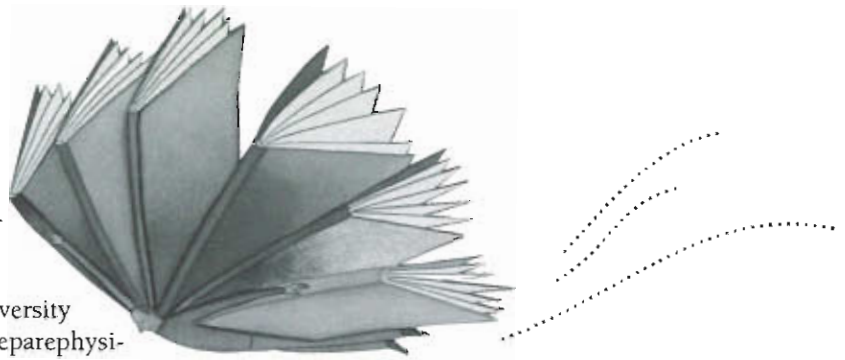
Dr. Candace Pert will be the keynote speaker for the 24th Annual Graduate Research Conference to be held April 19.

Neuroscientist Candace B. Pert, PhD, is a research professor in the Department of Physiology and Biophysics at Georgetown University Medical Center in Washington, D.C. She is known for her provocative and revolutionary research on how chemicals in our bodies form a dynamic information network, linking mind and body. By establishing the bimolecular basis for our emotions and explaining these new scientific developments in a clear and accessible way, Pert empowers us to understand our feelings and the

connection between our minds and our bodies. From explaining how there is a scientific basis to popular wisdom about phenomena such as "gut feelings" to making comprehensible recent breakthroughs in cancer and AIDS research, Pert provides us with an intellectual adventure of the highest order.

Dr. Pert's extraordinary career began with her 1972 discovery of the opiate receptor. She now conducts AIDS research and peptide pharmacology — design and testing of receptor active therapeutic peptides. She was featured in Bill Moyer's book and PBS series *Healing and the Mind*, and lectures extensively throughout the country.

Entry-Level DPT Program



In June 2002 we will begin our first entry-level Doctor of Physical Therapy program at the University of Maryland. The curriculum is designed to prepare physical therapy students to function as independent practitioners upon graduation. The program is three years long and begins in early June. The curriculum is integrated through the use of blocked courses, multidisciplinary team teaching and integrated patient content. In addition to the block format, course blocks are integrated by a series of "threads" including lifespan orientation, appropriate documentation, critical thinking, clinical-patient relevance, professional interaction, as well as individual and cultural differences.

The school seeks individuals who will bring to the student body the qualities of scholarship, motivation and commitment. If you know anyone who would like to be a physical therapist and fits that description, please encourage him or her to contact:

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Department of Physical Therapy
Office of Admissions
100 Penn Street, Suite 115
Baltimore, Maryland 21201
(410) 706-7721
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Requirements:

- Current Maryland Physical Therapy License
- One year experience required
- Homecare experience preferred

Interested applicants please contact:

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Lost Alumni

Please help us relocate our lost alumni. If you know an address or phone number for one of your classmates on the list, please contact Anne O'Brien at (410) 706-1816 or aobrien@som.umaryland.edu.

Don't become a lost alumni. Please keep your address updated with the alumni office so that you can continue to receive your alumni newsletters and the *PT Proficio* magazine, as well as information on continuing education programs and special events.

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| Ms. Karen S. Geeley | | 1983 | Mrs. Mary E. Martin | Mary Hickey | 1973 |
| Ms. Elise C. Gettleman | | 1977 | Ms. Leann Matlaga | | 1992 |
| Ms. Mary E. Gibson | | 1973 | Ms. Kathy McCall | | 1976 |
| Mrs. Cindy R. Gilbert | Cindy R. De Pasquale | 1993 | Ms. Cheryl L. Mecklenburg | | 1988 |
| Mr. Jori L. Gillies | | 1989 | Mr. Luis G. Mendez | | 1988 |
| Ms. Karen R. Gilman | | 1983 | Ms. Margaret M. Menzel | | 1995 |
| Ms. Bonnie J. Givens | | 1992 | Ms. Lori A. Merritt | | 1984 |
| Ms. Julie B. Goldman | | 1990 | Ms. Tammy L. Mielnik | | 1991 |
| Lt. Deborah L. Goodwin | | 1995 | Ms. Linda Miles | Linda Patchen | 1968 |
| Ms. Monica L. Grant | | 1980 | Mrs. Vanessa L. Mirabelli | Vanessa L. Corrallo | 1983 |
| Ms. Denise L. Gray | | 1991 | Ms. Betty J. Moore | | 1976 |
| Ms. Robyn J. Greenberg | | 1997 | Ms. Deborah K. Moore | | 1994 |
| Mr. David L. Gross | | 1979 | Ms. Monica L. Morales | | 1989 |

| | | |
|------------------------------|----------------------|------|
| Mrs. Barbara E. Moran | Barbara E. Schmid | 1984 |
| Mr. R. D. Morehead | | 1996 |
| Ms. Tammy A. Mosley | | 2001 |
| Ms. Susan E. Mudd | | 2001 |
| Ms. Bernadette T. Murphy | | 1987 |
| Ms. Deborah C. Nabozny | | 1981 |
| Ms. Tammy L. Neville | | 1996 |
| Miss Mary K. Nishimoto | | 1979 |
| Mrs. Brenda L. Nordstrom | Brenda L. Culbreath | 1991 |
| Ms. Christine A. O'Berry | | 1982 |
| Mrs. Susan M. O'Hare | Susan M. Talbot | 1981 |
| Ms. Kathleen O'Neill | | 1976 |
| Mrs. Susan C. Padezanin | Susan C. Stickney | 1990 |
| Ms. Betty A. Painter | | 1975 |
| Ms. Anne M. Peck | | 1983 |
| Mrs. Gail Pellegrin | | 1969 |
| Mrs. Cindy Perlman | Cindy Macko | 1976 |
| Mrs. Margaret Podlesny | | 1969 |
| Ms. Marcia L. Prather | | 1989 |
| Mr. Frank P. Quinn | | 1985 |
| Mrs. Carolyn T. Rehwoldt | Carolyn T. Gomez | 1986 |
| Ms. Diana G. Richards | | 1966 |
| Ms. Karen E. Richards | Karen E. Friedman | 1980 |
| Ms. Lizabeth Anne Richardson | Lizabeth W. Crosley | 1995 |
| Ms. Edythe Richman | | 1976 |
| Mr. Allan Rosenfeld | | 1969 |
| Ms. Darcy D. Rouse | | 1989 |
| Ms. Susan A. Scherer | | 1979 |
| Mr. Fred Schleifer | | 1962 |
| Ms. Margaret A. Schmidley | | 1985 |
| Mrs. Gia J. McDaniel | Gia Joyce Scotto | 1996 |
| Ms. Elizabeth Seibel-Lee | | 1977 |
| Ms. Linda K. Sharpe | | 1978 |
| Mr. David M. Sheer | | 1978 |
| Mr. Jay R. Shepherd | | 1988 |
| Ms. Carole M. Sikora | | 1980 |
| Mr. Jerold M. Silverman | | 1979 |
| Mrs. Nicole Skinner | Nicole Jacaruso | 1991 |
| Mr. Ronald Smail | | 1975 |
| Mr. Michael S. Smead | | 1980 |
| Ms. Jennifer A. Smith | | 1991 |
| Ms. Megan E. Smith | | 1999 |
| Ms. Shirley Smith | Shirley Cohen | 1965 |
| Mr. Clyde Souder | | 1963 |
| Ms. Marilyn Spliethoff | | 1976 |
| Ms. De C. Squire | | 1991 |
| Mrs. Margaret B. Stokes | Margaret B. O'Neil | 1977 |
| Ms. Laura J. Stumphauzer | | 1985 |
| Ms. Janice M. Sutkowski | Janice M. Sutkowski | 1973 |
| Mr. Tony Swann | | 1976 |
| Ms. Deborah L. Tabb | Deborah L. Snyder | 1984 |
| Ms. Jennifer M. Tennis | | 1993 |
| Ms. Tonya D. Tinsley | | 1993 |
| Mr. Matthew J. Tovornik | | 1993 |
| Ms. Margaret H. Vance | | 1967 |
| Ms. Malia L. Vavrek | | 1988 |
| Ms. Jane M. Vess | Jane Nolin | 1972 |
| Ms. Virginia A. Viglianti | | 1972 |
| Ms. Drucinda L. Volz | | 1983 |
| Ms. Robin K. Walker | | 1992 |
| Ms. Francine L. Weiner | | 1978 |
| Mr. Harry F. Whilden, Jr. | | 1969 |
| Ms. Karen D. Williams | Ms. Karen D. Stanley | 1985 |
| Mrs. Loretta D. Woodfolk | Loretta D. Crockson | 1980 |
| Mrs. Sandra K. Yerger | Sandra K. Bain | 1978 |
| Ms. Diane Zwack | | 1970 |

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Alumni Association Welcomes New Executive Board Members

The 2002 Executive Board was elected this fall. New members join the current board and the ex-officio members to plan for what we hope are new and exciting things for Physical Therapy Alumni.

In December 2001 Dr. Paul Anderson stepped down as the Faculty Liaison to the PTAA Board. We would like to thank him for his many years of service and dedication to the board and all of the alumni. His experience, input and involvement were invaluable to the Alumni Association. Dr. Ellen Wruble has agreed to take over as the Faculty Liaison for 2002.

The PTAA is looking for alumni to participate in several committees. These committees will have board members as their chair, but will need several new alumni to bring a fresh perspective to the board. Each committee will meet approximately three times a year. Alumni will give their input and provide support for the board member chairing the committee. The committees available are:

- Alumni of the Year
- Annual Fund
- Alumni Social
- Membership
- Nominating
- Continuing Education

If you are interested in getting involved in any of these committees, please contact Anne O'Brien at (410) 706-1816 or aobrien@som.umaryland.edu.

Want to be involved in the Alumni Association? Join a Committee!

Alumni of the Year – Mary Beth Massari '83, Chair

1. Kathy Brady '00
2. Kevin McLaughlin '01

Annual Fund – Don Hobart, Chair

1. Vinny Controy '90
2. Steve Bell, '89

Continuing Education – Jen Richards Buono '01, Chair

1. Kelly Nanzetta Daley '91
2. Angela Glover '01
3. Kevin McLaughlin '01
4. Jen O'Tremba '00
5. Sandy McCombe Waller '85

Membership – Elizabeth Pearl '00, Chair

1. Kathy Brady '00
2. Angela Glover '01
3. Barbara Koczan '98
4. Steve Levine '84
5. Peggy Schmitt '69

Nominating

1. Steve Levine '84

Social – Angela Glover '01, Chair

1. Jeff Hawk '99
2. Julie Miller '99

We'd like to have at least 10 people on each committee. To find out more about any of the committees listed above, please go to our website at ptalumni.umaryland.edu and choose bulletin board and you will find a description of the committee and an email address for the chair.

University of Maryland Physical Therapy Alumni Association

Executive Board
January 1, 2002 – December 31, 2002

Officers
President: Gina Swarm, PT '95

President-Elect: Elizabeth Pearl, PT '00

Secretary: Jen Richards Buono, PT '01

Treasurer: Julie Miller, PT '99

Members
Judy Bowden, PT '70
Anita Bemis-Dougherty, PT '75
Mary Beth Massari, PT '83
Ralph Truitt, PT '96

Student Members
Annie Rosenfelder '02
Annie Pollhammer '03
Kristen Purdum '04

Staff
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Alumni Director

Meg Feroli
Assistant Alumni Director

Mary M. Rodgers, PhD, PT
Department Chair

Donald Wilson, MD
Dean, School of Medicine

Ellen Wruble, PhD
Department / Faculty
Liaison

Donald Hobart
Ex-Officio Member

Want a PT Window Cling? Join the Alumni Association

All new and returning PT Alumni Association members will receive the new Alumni Association static window cling for your car window. It is a tasteful way to show pride in your alma mater and a token of our appreciation for your dedication to University of Maryland Baltimore, Physical Therapy.



Please help keep us informed.
Write to Class Notes, Alumni Office,
c/o Department of Physical Therapy, 100
Penn St., Baltimore, MD 21201. Or, get
in touch by phone 410-706-1816, fax
410-706-6387, or e-mail
aobrien@som.umaryland.edu

They Came, They Saw, They Conquered

Update on The Post-Professional Doctor of Physical Therapy Program (PPDPT)

September 2001 was the start of the PPDPT program. 16 enthusiastic students began the program and have now completed one semester of classes. The class is comprised of equal numbers of male and female students, with a range of three to 25 years experience. 11 students entered the program with a BS degree, four hold MPTs, and five have advanced master's degrees in addition. Students are Maryland residents, while one hails from North Carolina and the other from New Jersey.

The web-enhanced PPDPT program began with a one-credit introductory course on the program and technology, continued with the three-credit Essentials of clinical management, then the three-credit Essentials of epidemiology. Each of the three-credit courses had a two-day seminar within the seven-week time frame, independent projects, and learning experiences using the web platform called Blackboard.

Starting January, students will complete the remaining three required courses: bioethical issues and healthcare law, pathological movements and dysfunctions, and radiology imaging for physical therapists. Each of these spring courses has a two-day seminar open to the professional community.

The program is challenging but exciting to the students. They are learning course content, enhancing their critical thinking skills, reviewing literature and exchanging ideas with their peers and topic experts. To quote comments from one student about the epidemiology course: "It amazes me how much impact these few weeks of study have had on my outlook regarding research studies and their application by the PT profession. I attended a conference on a new delivery model to affirm my beliefs in that model, not to challenge them. I left the lecture appalled at the lack of evidence to support this model...and appalled at the lack of evidence to support or deny the service model we are abandoning. Two months ago, I would have been perfectly happy to be swept up in the change for the sake of change. Now, I am busy looking for some evidence that change is needed."

For more information on the program, visit our web site: <http://pt.umaryland.edu/> and select post-professional DPT or contact Leslie Glickman, PhD, PT, coordinator of the PPDPT program, at lglickman@som.umaryland.edu

Alumni Association
Department of Physical Therapy
University of Maryland
100 Penn Street
Baltimore, Maryland 21201-1082

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