



FALL 1998

ALUMNI ASSOCIATION  
DEPARTMENT OF PHYSICAL THERAPY  
SCHOOL OF MEDICINE  
UNIVERSITY OF MARYLAND

Getting a Second Chance

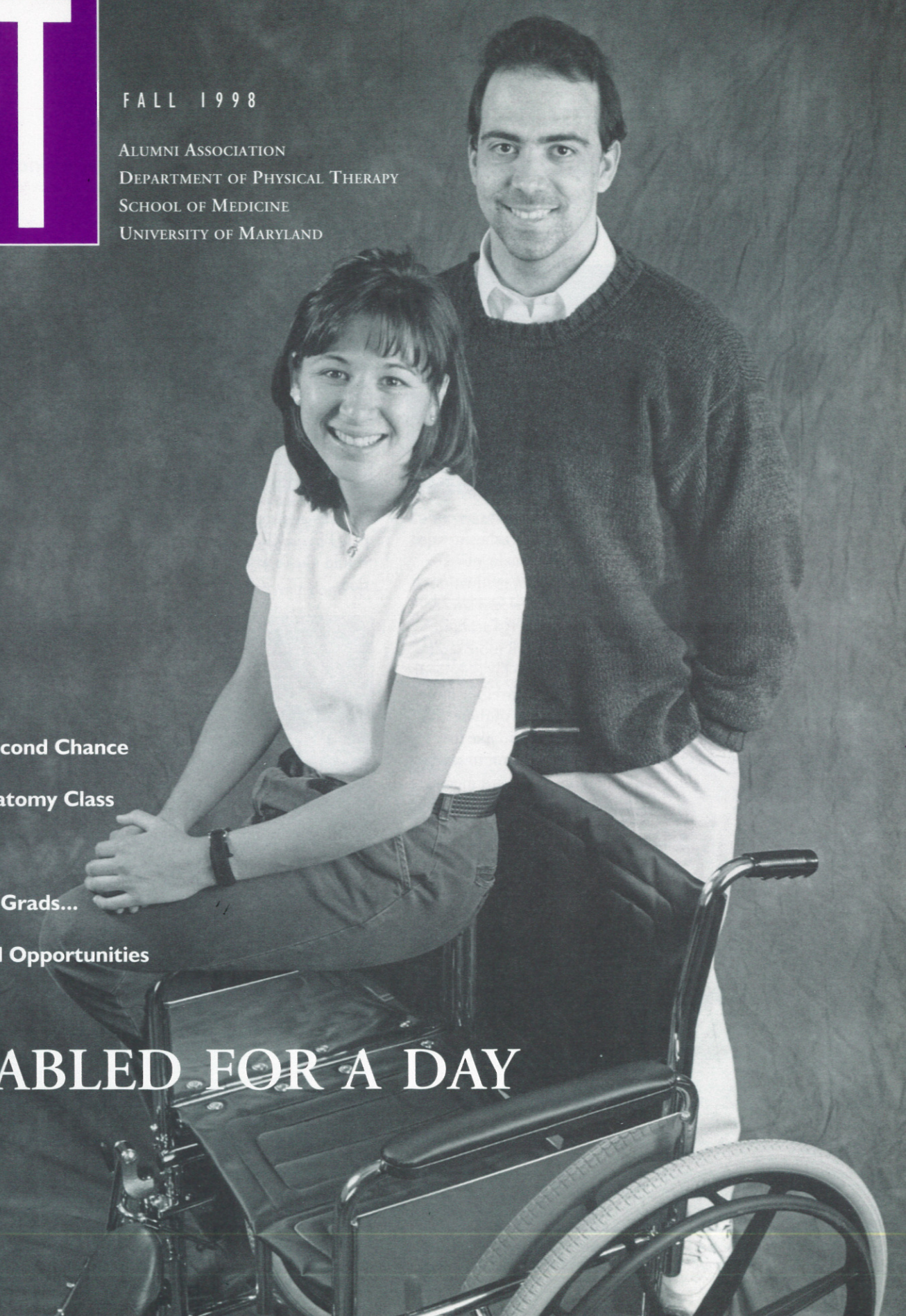
Hip Hop Anatomy Class

Orioles '98

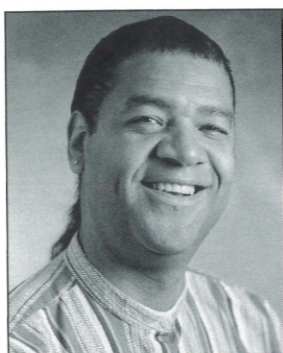
Congrats to Grads...

Instructional Opportunities

# DISABLED FOR A DAY



President's Message



Dear Alumni,

I would like to start by telling you how proud I am to be your representative as president of the Physical Therapy Alumni Association. I knew the job I was accepting would be hard work but I did not realize how rewarding the work would be as well.

I have had the unique opportunity of paying tribute to Dr. Clarence Hardiman at his retirement reception

and meeting the new chair, Dr. Mary Rodgers, when she attended her first Alumni Board meeting. I also had the pleasure of welcoming the Class of 1998 to the Association at their graduation and then sharing pizza with the Class of 2001 two weeks later.

This is an exciting time to be involved with the Association. There are big plans for the fall, including two special topic seminars, a "Meet the New Chair" reception and a party for Bobbie di Sabatino. Please read your *PT Newsletter* cover to cover for more

information on all of these events. I would also like to encourage our alumni to send in nominations for Board members and for the 1998 Alumni of the Year Award.

The most rewarding and exciting news of all is that the Association and the Department are continuing to flourish and for that we should all be proud. If I may be of service to you regarding any issues related to the Alumni Association, please feel free to contact me at (410) 706-1816.

Stay in touch!

Jody Schmidt '92  
President  
UM PT Alumni Association

PT

PT is a publication of the Alumni Association of the Department of Physical Therapy, University of Maryland School of Medicine. It is produced in conjunction with the Office for External Affairs (OEA).

Editor & Director, Annual Giving and Alumni Programs  
Kim Vickers

Copy Editors  
Patricia Young  
Amanda Milewski

Art Director  
Erni Peterson

New Staff



Margaret Finley '85

We are pleased to welcome alumna Margaret Finley, MA, PT, as the new director of Physical Therapy Services for the department's clinical practice. She will provide team leadership in developing the practice and assume the majority of the clinic's administrative responsibilities. In addition, Finley will see patients and start her doctorate degree through the department's new Physical Rehabilitation Science Program (see page 18). We would like to wish her the best with her studies and her new position.



Polly Renner

We would also like to introduce Polly Renner as the executive administrative assistant to Dr. Mary Rodgers, new chair of the department. Renner comes to us from the School of Medicine, where she worked for Dr. Anne Hirshfield, assistant dean for Research and Dr. J. Tyson Tildon, associate dean for Research and Graduate Studies. Welcome aboard, Polly!



Shawn Moore

Whether it's the department's web page or the new distance learning center, it falls under the domain of Shawn Moore, the new multimedia development specialist. Moore holds a degree in visual arts and previously worked for the School of Nursing. She has been working in the PT department since spring 1997. Look for more information on Moore and the department's new technology in an upcoming edition of *PT*.

## Accepting Nominations

We are currently accepting nominations for the 1998 Alumnus/a of the Year Award. This award was established in 1988 to honor outstanding Physical Therapy alumni.

Nominees must be graduates of the University's PT program who have made outstanding contributions to or achievements in the physical therapy profession. Areas of achievement may include academics, administration, clinical practice, research, community service, professional associations, the Department or the Alumni Association.

Letters of nomination must include the nominee's

name and class year, as well as the reasons for nomination. Responses must be received in the Alumni Office no later than Oct. 1. This year's recipient will be honored at the Board's holiday dinner.

We are also accepting nominations for the Alumni Association Executive Board. Responsibilities include attending 10 meetings a year and Association-sponsored events.

Please send your nominations to Kim Vickers c/o Physical Therapy Alumni Office, 100 Penn St., Room 115, Baltimore, MD 21201.

## A Drum Roll Please...



We are pleased to announce the appointment of Mary M. Rodgers, PhD, PT, as the new chair of the University of Maryland, Baltimore Department of Physical Therapy. Dr. Rodgers received her bachelor's degree in physical therapy from the University of North Carolina at Chapel Hill in 1976, followed by her masters in medical allied health in 1981. She received her doctorate in biomechanics from

Pennsylvania State University in 1985. Dr. Rodgers came to the department as an associate professor in 1994.

Make plans now to join us on Saturday evening, Oct. 3 for a reception on campus in honor of Dr. Rodgers. Meet Dr. Rodgers and celebrate the first new chair of the department in more than 25 years. In addition, alumni can tour the new National Museum of Dentistry.

If you are unable to join us in October, you'll have an opportunity to get to know Dr. Rodgers in the next *PT*.



## Alumni Dinner in Orlando

The Physical Therapy Alumni Association sponsored a dinner for alumni, faculty and students at this year's APTA conference in Orlando on June 7. Attending the dinner were (seated left to right) Mary Martin '94, Brenda Rutledge '99, Kelly McBride and Linda (Clarke) Harvey '91; (standing) Mary Rodgers, Rod Schlegel '64, Joan Schlegel, Randy Keyser, Kim Vickers, Gerry Stone '74, Denise Bender, Sandy McCombe Waller '85, Wes Lockman, Angie (McHargue) Lockman '97, Cheryl Spezzano and Kathy Davis '91.



## Retirement Tribute

On April 28, the School of Medicine held a retirement tribute to Dr. Clarence W. Hardiman, chair of the Department of Physical Therapy from 1972 to 1997. Jody Schmidt '92, president of the Physical Therapy Alumni Association, was on hand to pay tribute to Dr. Hardiman. The Association presented Dr. Hardiman with a copy of his portrait commissioned by the Association. Good luck Dr. Hardiman and thanks for helping the Association grow!

# DISABLED FOR



Kathy Miller and Steve Fontaine, from the Class of 2000, experienced a day in a wheelchair. Classmates Roberto Incer and Carlene Barents appear on the cover.

By Michele Wojciechowski

Imagine what it would be like to spend a day in a wheelchair. Would traveling become more difficult? Would people look at you differently? How would you feel about yourself?

This past spring, as part of the Basic Rehabilitation Class, some physical therapy students discovered what life can be like in a wheelchair. As part of the "Disabled for a Day" project, students were required to spend an entire day in a wheelchair, from the time they got up in the morning until they went to bed at night.

"They have to do everything—transfer into the car, get outside the house, whatever—in the wheelchair," says Kathy Davis '91, an instructor/ACCE who teaches the class. "If they can't—like if there's a flight of stairs—somehow they have to sit down and go down the stairs on their bottoms,

and somebody else has to get that wheelchair down the stairs for them."

After students experience their day in a wheelchair, they are required to write a paper about their experiences. In addition to describing where they went and what they did, students describe how they felt about being in a wheelchair. According to Davis, the idea behind the project is for the students to develop an appreciation and understanding for the physical and emotional difficulties that someone experiences while being in a wheelchair. The project allows them "to see what it's like for their patients to spend a day in that wheelchair...It is a rude awakening for a lot of these students," states Davis. Many students come back to school with sore arms and legs because they are not used to pushing a wheelchair all day, she adds.

Kathy Miller '00 says that she felt isolated and trapped in the wheelchair. On her

day, she spent time at home, went to church and went to a party in the evening. While trying to maneuver her wheelchair at home, Miller learned how small her house is. Many times, she got stuck between furniture or in her home's narrow hallway and needed to ask for help. She found that doing even simple tasks was often extremely difficult.

"I couldn't go to the bathroom without asking my husband for help. I couldn't get a snack or a cup of coffee on my own," wrote Miller. "There was also a lack of privacy because someone always knew what I was doing because I couldn't do it by myself."

Miller was surprised at how people treated her and how uneasy that made her feel. At church, she felt like people were staring at her, and at the party, people asked her about her "injury," but then otherwise ignored her in conversation.

"I felt alone," says Miller. "I like to blend

Continued on next page

# A DAY

Members of the University of Maryland's Physical Therapy Class of 2000

*experienced what it was like to spend an entire day in a wheelchair.*

in with people. I don't like to stand out, and I didn't like having to ask for help."

When Carlene Barents '00 spent her day in a wheelchair, she had an idea of what to expect. Barents grew up in a town of just 50 people. Her father, who lost both legs in Vietnam, used a wheelchair. In her town, no one seemed to notice anything different about her father; they treated him normally. But when they ventured outside their community, she noticed how people looked at him differently.

Barents spent part of her day in Baltimore and part in Philadelphia. While in Baltimore, she decided to use the light rail. Although she was initially apprehensive about using the handicapped entrance, Barents was more upset at what happened once she got on.

"It really wasn't hard to get on [the light rail]," says Barents. "But once you were on, you had people staring at you. That was probably the more traumatic thing."

After getting off the light rail, Barents and a friend went shopping. They went to two stores and were never asked if they needed assistance. In Philadelphia, Barents decided to do something completely different and went car shopping with her mom. Although her mom was looking for a car, they pretended that the car was for Barents. When they entered a car dealership, they had to wait for quite some time until a salesman approached. When one did, he spoke directly to Barents's mom, even though Barents was answering all his questions.

There was a bright spot for Barents, though. In one store, a child walked right up to her and asked if she was going to be okay. "It was the cutest thing to see the innocence of a child and the pure curiosity," wrote Barents. "Coming from the background that I have, I try to make a conscious effort to say 'hello' or at least acknowledge those in a wheelchair when

appropriate. I was pleased to see this child acting in a similar manner toward me."

During the five years that she has taught the rehab class and assigned this project, Davis says that she has seen a lot of the physical problems that students have had: leg rests have fallen off chairs, tires have gone flat, and students have even gotten stuck in the middle of the street outside school. But the biggest problem that remains is the general lack of accessibility. Steve Fontaine '00 knows first-hand about accessibility problems. He and his wife decided to take a simple trip to get an eye exam and to purchase glasses. The counter was so high in the store that the receptionist couldn't even see Fontaine. She addressed all her comments to Fontaine's wife, Lisa. Only when Lisa turned to Fontaine and asked him what he wanted did the woman come around to the front and talk to him.

Fontaine also took the ferry to Cape May, N.J. Because he was in a wheelchair, he could either enter the ferry on the middle deck or stay on the ground deck for the entire trip. He stayed on the middle deck, but discovered that the food and beverages for sale were located on another deck, which he could not access.

What Fontaine found most surprising was that while in the wheelchair, he began to feel negatively toward himself. People stared at him; he often had to ask for help, and small tasks were not so small anymore.

"I'm always the one who grabs the grocery bags, and I'm always the one who does some of the physical stuff in my relationships. And I couldn't do that," explains Fontaine. He says that he now realizes what a shock it is for someone who is new to a wheelchair; tasks they once took for granted will now require much more planning, time and effort.

When Roberto Incer '00 spent his day in a wheelchair, he chose to attend a game at the MCI Center in Washington, D.C. A few weeks before, Incer saw someone in a

wheelchair trying to get onto a train after a game. Although the man was near the edge of the platform and the first in line to enter the train, he couldn't get on. When the train arrived, people pushed their way past the man to get onto the train. Incer and his girlfriend blocked the people trying to get on and off the train so that the man could get on. The man profusely thanked them both.

"I did not understand why he felt so grateful for a little kindness, nor [did I appreciate] his frustrations," Incer wrote. Until, that is, he experienced them for himself.

When Incer took the Metro to the MCI Center, he was informed that the elevators at the station nearest the Center were not in operation. Instead of taking the shuttle bus from the previous station, as was recommended, he chose to wheel himself, "driven by guilt and fear," five additional blocks because he didn't want to be loaded onto the bus with a lift or inconvenience the other passengers.

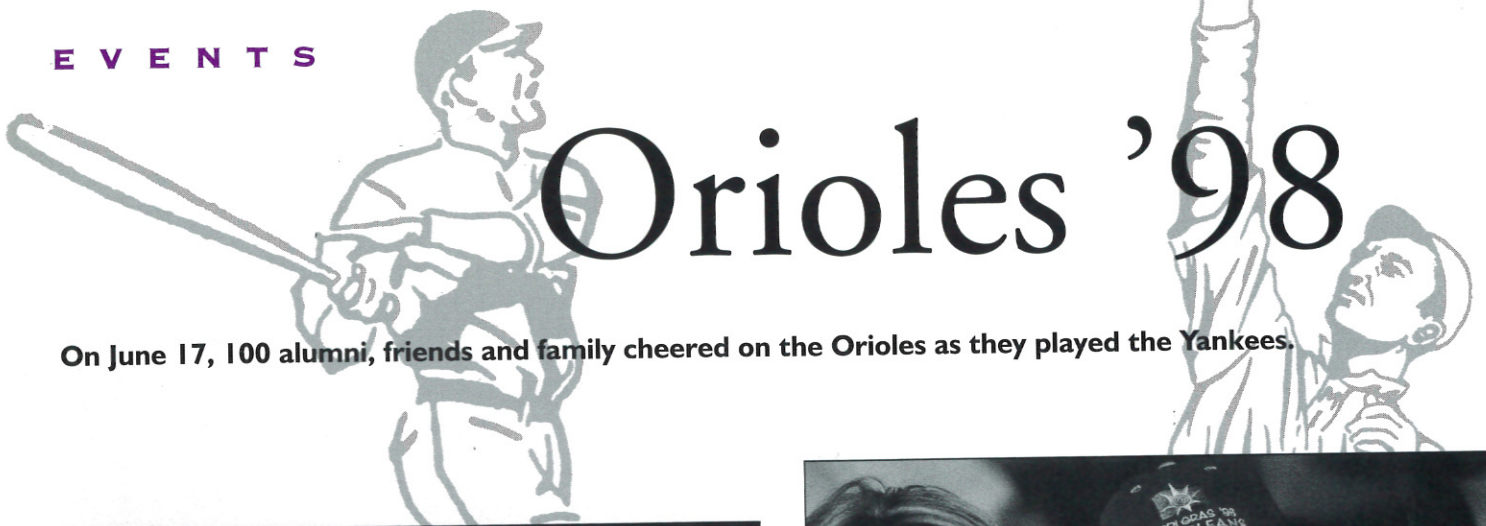
After the game, the elevators had been fixed. But when Incer tried to get on one of them, able-bodied people kept pushing past him and prevented him from getting on because more people could fit in the elevator without his wheelchair there. Finally, about 10 minutes later, a transport officer ordered people out of an elevator so that Incer could get in.

"Sometimes I felt like just getting out of the chair and screaming at people," says Incer.

"I think [the project] really has made a difference in how I evaluate all buildings now. I walk into a building, and the first thing I do is check out the entrances and exits for accessibility. A few times I have gone up to managers in supermarkets and mentioned [accessibility problems]," says Roberto. "I think more than anything I have become more [aware of] the ability of people to get around."

*Michele Wojciechowski is a freelance writer living in Baltimore.*

EVENTS



# Orioles '98

On June 17, 100 alumni, friends and family cheered on the Orioles as they played the Yankees.



Charlie Kibbey '77 brought his son, Kevin, along to the game. Kevin proudly holds up the T-shirt he won in the kids raffle sponsored by the Alumni Association.



Debbie Stillman '97 and Kristie Bombaro '96 were caught enjoying the game.



Bruce Blackburn '97 and his wife, Joanna (Bainbridge) Blackburn '96, were on hand to rally for the birds!



Past, present and future collide — Steve Bell '89, president-elect, Jody Schmidt '92, current president, and Vincent Conroy '90, past president of the Association.



Orioles fans Paul Brager '73 and Nancy (Schnepp) Vogler '68 attended the event for the third year in a row.

# HIP HOP Anatomy Class

Area clinicians and alumni from various parts of the country were treated to stimulation of the senses with the Alumni Association's production of The Clinical Anatomy Review of the Hip and Pelvis. Dr. Paul Anderson, associate professor, Department of Physical Therapy; Dr. Rick Placide '89, resident in orthopaedic surgery, University of Pennsylvania; and Chris Glavaris '88, physical therapist, captivated the audience with a delicate balance of current and established ideas about the pelvic region and hip rehabilitation.

Didactic and clinical lab discussions combined with the all-too-familiar aromatic cadaver dissections provided an inclusive presentation of treatments for injury.

Attendees were also greeted by Natasha Evans and Sheri Craig, representatives from Dynasplint Systems, Inc., who provided valuable information on their products. Those curious enough to stop and chat with the representatives received a chance to win a monogrammed polo shirt.

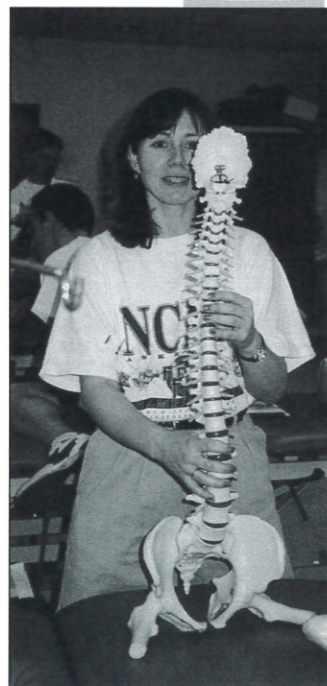
Presenters provided a refreshing, thought-provoking, multidisciplinary discussion concerning pelvis and hip pathologies and treatment. Kim Vickers was commended for her diligence in assisting with the program's preparation and for satiating participants' hunger with a fine variety of treats.

Please plan to join us at the Alumni Association's upcoming continuing education events!

Vincent Conroy '90

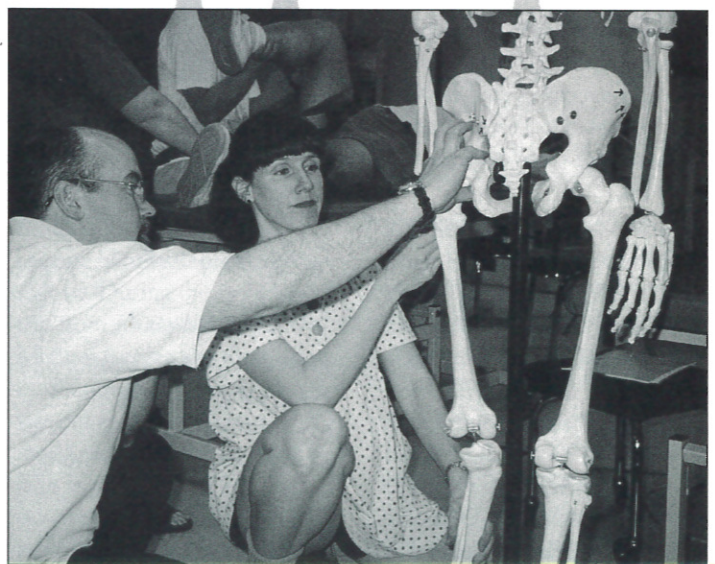


We would like to thank course instructors (left to right) Chris Glavaris '88, Dr. Paul Anderson and Dr. Rick Placide '89 for donating their time to teach this year's course. Great job!



Margaret Finley '87 gets back to basics at the course.

For more information about continuing education courses, please visit the Department's new web page at <http://pt.umab.edu>.



Vincent Conroy '90 and Bonnie (Terry) Warshaw '86 examine the bones of the hip and pelvis.

## Upcoming Continuing Education

**October 1998**

What's New in Pediatrics

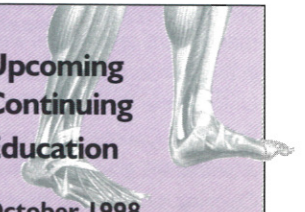
Wheelchair Seating for the Adult and Elderly

**March 1999**

The Clinical and Anatomy Review of the Foot and Ankle

**Summer 1999**

Legal and Ethical Issues for Physical Therapists



# Congrats to Grads...

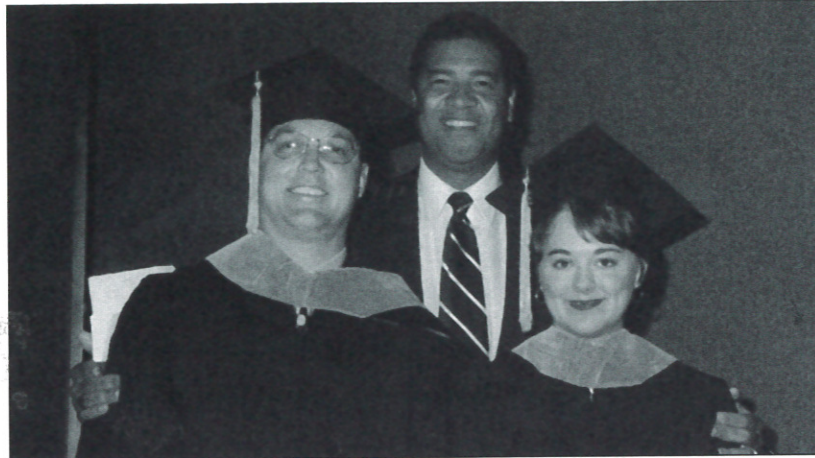
On May 21, the Department of Physical Therapy graduated its fourth MPT class. The pre-commencement ceremonies were held in the Ballroom of the Student Union at the University of Maryland, Baltimore County. A record crowd attended the graduation celebration. Opening remarks and greetings were offered by the new chair of the Department of Physical Therapy, Dr. Mary Rodgers. The graduates also received congratulatory remarks from School of Medicine Dean Donald E. Wilson.

The keynote speaker for the event was Dr. Jan Richardson, president of the American Physical Therapy Association. Graduates were hooded by Sandy McCombe Waller '85 and Dr. Roy Bechtel '79 and received their certificates from Dr. Michael Plaut, assistant dean of Student Affairs. Jon Waxham, co-president of the graduating class, humored his classmates and the audience with his student address.

This year, the Department created a new award to recognize an outstanding clinical instructor. The Clinical Instructor of the Year Award was presented to Theresa Sturm '95 at the pre-commencement ceremonies.

The University commencement ceremonies took place May 22 at the Baltimore Arena. Faculty, family and friends attended this event, joining graduates from the Dental and Graduate schools and the schools of Medicine, Law, Nursing, Pharmacy, and Social Work.

Congrats to the Class of 1998! Everyone in the Department and the Alumni Association is proud of your accomplishments.



Jody Schmidt '92, president of the Physical Therapy Alumni Association, proudly stands with Ralph Truitt and Meredith Snyder, this year's winners of the Senior Alumni Award.

## AWARD RECIPIENTS:

Figge Award for Excellence in Anatomy

Colleen Marie Lee

Annual Research Award

Robert I. Sheinbein  
Christopher Scott Hoffmann  
Peter Joseph Braviak

Laura G. Levine-Mandell Award  
Meredith Lynne Snyder

Elizabeth G. Macaulay Award  
Joshua Keith Renzi

Pekar-Abell Pediatric Scholarship  
Christine Louise Watt

Senior Alumni Award  
Meredith Lynne Snyder  
Ralph Slingland Truitt

Outstanding Graduate Award  
Sean Keith McBride

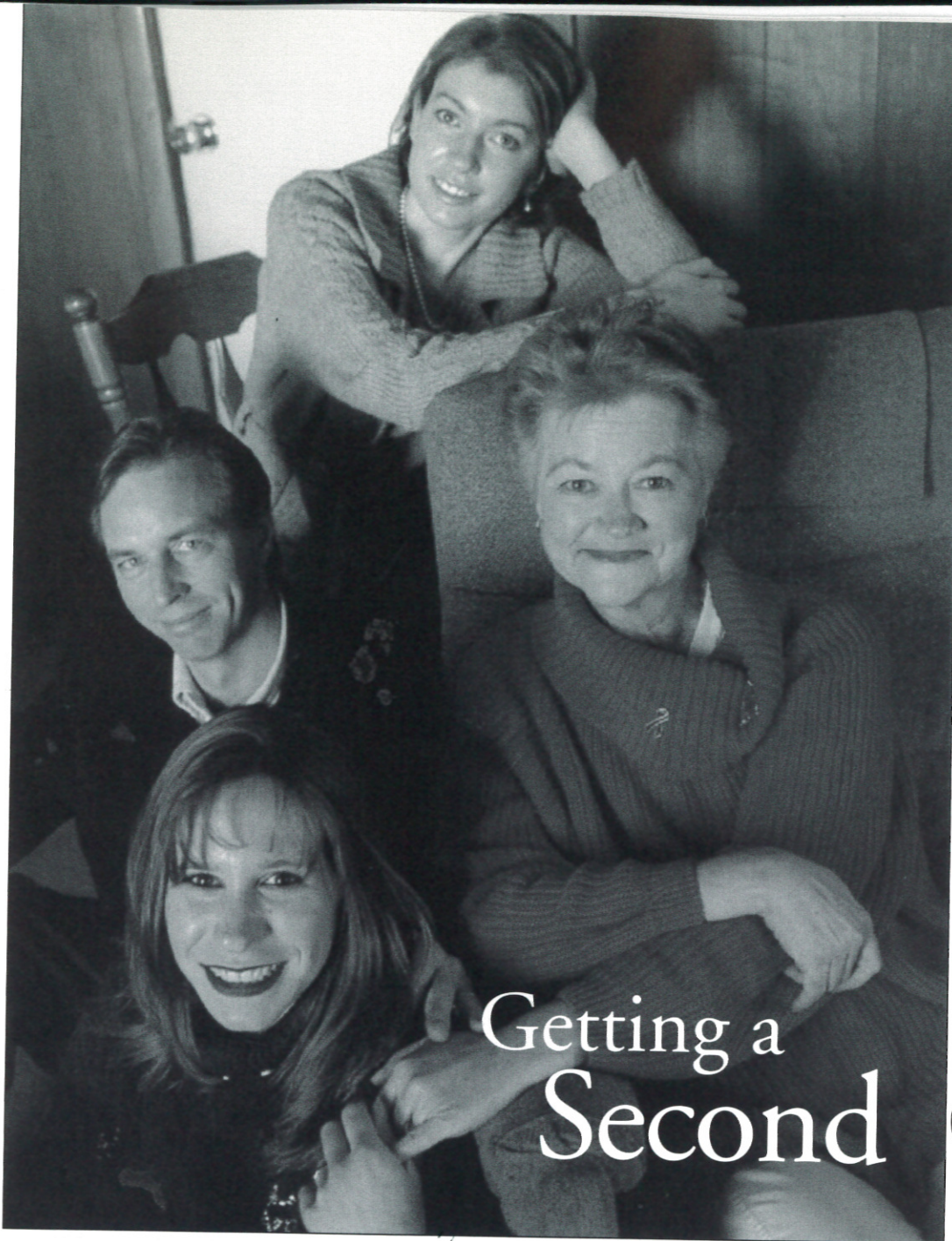


Class of 1998 Co-president Sean McBride presented Fay Wilson '84 with this year's Adjunct Instructor of the Year Award. Maryland alumna Sandy McCombe Waller '85 (not pictured) received the Faculty of the Year Award.



Faculty member Cheryl Spezzano presented the first Clinical Instructor of the Year Award to Theresa Sturm '95.





# Getting a Second

# Chance

*After receiving a direct-donor heart transplant, Bobbie di Sabatino (who retired in January after working 30 years in the physical therapy department) is enjoying her second chance at life.*

Getting a second chance: Bobbie (right) with her daughter Carman Moloney (bottom) and Cheryl's husband and daughter, Bob Bradshaw and Sherrie Waldrup.

*By Michele Wojciechowski*

When Bobbie di Sabatino had a massive heart attack on Oct. 23, her family feared the worst. While attending "Grandparents' Day" at her grandson's school on Kent Island, Bobbie collapsed without warning at her own mother's feet. A bystander immediately began CPR, while a

retired paramedic ran across the street to get oxygen from the local fire department.

Paramedics arrived and transported her to Anne Arundel Medical Center in Annapolis, where she was stabilized, but not expected to survive.

At Arundel, Bobbie's condition was so grave that she was given last rites. Doctors wanted her transferred to the University of Maryland Medical Center, but she

couldn't go by helicopter because her blood pressure was so low. During the ambulance trip from Annapolis to the Medical Center, she went into cardiac arrest five times. She was put on a heart-pump machine and a respirator and kept in an induced coma for two weeks. Over the next few months, Bobbie fought back against what seemed to be impossible odds.

Carman Moloney, one of

Bobbie's daughters, says that when her mom came out of the coma, the first thing that she wanted to know was, "How much time have I missed from work?" Carman told her that it was November, but Bobbie had no memory of what had occurred in the weeks before. Now that she was conscious, all she could do was wait. Only a heart

**Continued on next page**



### PT Staff has Longevity

On May 11, Physical Therapy staff members Bobbie di Sabatino and Sharon Presley were honored at the University of Maryland Awards Recognition Luncheon for their 30-year and 20-year anniversaries. Pictured left to right, Bobbie di Sabatino (30 years), Joyce Johnson (15 years), Clarence Hardiman (25 years), Sharon Presley (20 years) and Terry Heron (27 years).

transplant would ensure her chance at survival. What she and her family needed was a miracle.

### A Chance Meeting

For the next few months, Carman visited her mother every day and spent a lot of time in the Medical Center's waiting rooms. It was here that she met Bob Bradshaw. Bob's wife, Cheryl, had been operated on for an arterial venous malformation, a rare birth defect in which an abnormal collection of blood vessels short-circuit blood flow to the brain.

As days passed, Carman and Bob scheduled times to

meet so they would have someone to talk to when taking breaks. They became friends and helped each other through tough times. Then tragedy struck.

In early February, Cheryl had a massive bleed in the left side of her brain. Bob was told that it was just a matter of time until she would die.

On Feb. 12, Bob was in the visitors' lounge when Carman walked in. He asked why she was all dressed up, and she told him that she had been down to Annapolis speaking to the state legislature about an organ donation bill. Bob then told Carman that the doctors didn't expect

Cheryl to live through the night.

"Cheryl's an organ donor," said Bob. "I know your mom needs a heart. If it's a match, I will direct donate it to your mom."

Carman told him that her mother was on the organ recipient list and had to wait her turn; she couldn't get Cheryl's heart. "No, it doesn't work that way," said Bob. "If I direct donate it, and it's a match, that's where it goes."

"The idea of my mother getting this heart...I knew the odds were so slim," says Carman.

She immediately went to look for someone on her mother's transplant team. She found Dr. Ronald Freudenberger, who is the medical director of the Cardio-Transplant Program, as well as, Bobbie's physician. Carman told Dr. Freudenberger about Bob's

offer of direct donation, and he told her they would have to make sure that the donation was done through the proper channels, taking into account all the rules for organ procurement and transplantation.

"[Direct organ donation] is very uncommon," says Dr. Freudenberger. "Particularly, it's very uncommon in hearts. In kidneys, you can have living, related donors; people can donate a kidney to a family member. But in hearts, it's extremely rare because the [donor] is brain dead."

That evening, Cheryl died, and Bob signed papers for the direct donation. A notation was made to Bobbie's chart, "No food after midnight," in anticipation of the surgery.

In the middle of the night, Bob was still at the hospital. In the six weeks that Bob had spent there, he and Bobbie had never met, so he decided to see her. When he got to the cardiac floor, he saw a

### *Give the Gift of Life!*

For more information about becoming an organ donor, contact the Transplant Resource Center of Maryland at 410-448-5433 or 1-800-641-HERO (4376).

The Cheryl Bradshaw Memorial Foundation, which will fund research into cerebral vascular disorders and victims' rights, is accepting donations and looking for volunteers to help raise funds. For more information or to send a donation, call 410-549-1493 or write P.O. Box 1503, Ellicott City, MD 21041.

room with a door open, and a woman sitting up in bed. He walked in and asked if this was room 306.

Bobbie looked up and said, "You're Bob Bradshaw, aren't you?"

"Yes," he said. "You're Miss di Sabatino. What are you doing up at 3 o'clock in the morning? Why aren't you asleep?"

"I was just sitting here saying the rosary for you and your wife and your children," she said. The two hugged, and Bobbie cried. Bob told her that they were praying for her and that she should get some sleep.

Cheryl Bradshaw's heart was a match, and on Friday, Feb. 13, Bobbie received a transplant. She woke up on Feb. 14, Valentine's Day, with a new heart and a second chance.

Now, months after her surgery, Bobbie is doing well. She has no restrictions and continues to enjoy each day. She spends time with her family and has even been camping with two of her grandchildren. She cooks, rides an exercise bike, walks at the mall and visits with friends. She has even volunteered for the PT department and typed up the program and certificates for graduation. Eventually, she hopes to take up golf and resume bowling.

Bobbie also talks with Bob about once a week. He has come to her home a few times, and together, they've looked through scrapbooks and photo albums about

Cheryl's life.

"I thank God every day of my life for Bob's generosity. I pray for him every day," she says.

Bobbie and her daughter have become advocates for organ donation and are assisting Bob with the memorial foundation that he has begun in Cheryl's name.

"People [on the transplant list] are dying every minute," says Bobbie. "If I can help...one or two people change their minds to become an organ donor, I feel that that's an accomplishment in itself."

"Now that my mom's here, the sky's a little bluer, and the birds sing a little sweeter...She has been a true inspiration for me," says Carman. "If I can be one-half of the person that my mother is, then everybody that comes in contact with me will be truly blessed."

"I get up every day and thank God for a new day, and ask him to show me the way to get through the next one," says Bobbie. "I feel like I am one of the few privileged people in the world to be given a second chance at life. And, hopefully, during the second chance, I will be a productive person and help other people."

*Michele Wojciechowski is a freelance writer living in Baltimore.*

*We would like to thank the Baltimore Sun for granting us the right to reprint the photograph used for this article.*

## Attention All Alumni

We're celebrating Bobbie's retirement and new life at an open house on Friday, Nov. 13, from 7 to 9 p.m. All alumni will be invited to this special tribute. Invitations will be mailed in October, but please mark your calendars now. For more information; call the Alumni Office at (410) 706-1816.

### HELIX HEALTH Physical Therapists

Helix Health, Maryland's premier provider of healthcare services, invites qualified Physical Therapists to join us in all areas. Comprised of five progressive community-based hospitals (Church, Franklin Square, Good Samaritan, Harbor & Union Memorial), Helix Rehabilitation Services provides a comprehensive continuum of institutional-based rehab programs & outpatient therapy services including the opportunity to team up with some of the best therapists in the country!

In addition to opportunities for advancement, your professionalism will be rewarded with highly competitive salaries & comprehensive benefits. For immediate consideration, contact Mary Beth Glaser, Rehab Recruiter, at: (410) 532-2495. Or send resume to: Good Samaritan Hospital, HR Dept., Attn: Mary Beth Glaser, Job Code 684, 5601 Loch Raven Blvd., Baltimore, MD 21239. Fax: (410) 532-4933.

Helix Health In touch.

EDE m/f/d/v

Since becoming a mother, I find myself looking at the world differently. Although the world revolves around the sun my world revolves around my son. Wilson is growing in pounds and inches every month. It really is amazing to watch a child grow and develop.

I am also enjoying watching the Physical Therapy Alumni Association (PTAA) grow and develop. The 12-year-old Association grows in numbers and services every year. On May 21, 68 students graduated and joined the ranks of alumni, taking our number to more than 1,500.

The PTAA is also adding to its alumni services. Alumni can now join the State Employees Credit Union (SECU) and enjoy their great benefits. Sprint PCS is also offering special discounts to our alumni. Please look for these companies advertisements in this newsletter for more information. The



photo by Kevin Weber

Association has also expanded its continuing education program for alumni, adding a summer evening anatomy series and two special topic courses in the fall.

I would like to welcome SECU and Sprint PCS as new corporate sponsors and thank all of our alumni members for helping the association grow.

Kim Vickers  
Director of Annual Giving  
and Alumni Programs

University of Md. alumni and their families  
are eligible to join SECU – call for details!

## Keep-It-Simple Checking

Can't keep track of all that financial stuff you're supposed to do? How's this sound?

- NO monthly minimum or per-check charges
- FREE ATM on campus – free when using a SECU ATM card
- FREE standard checks – two boxes per year
- FREE 24-hour account info by phone – Expressline
- EASY overdraft protection to your savings account (Federal law limits to 6 per month)

**Simple enough.**

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410-296-7328 or 800-879-7328

[www.secumd.org](http://www.secumd.org)

UMB branch: 11 S. Paca Street • Campus ATM – Student Union

Deposit \$10 into a Share Savings account and you own a "share" in the credit union entitling you to open other accounts. Checking accounts require \$25 to open. Accounts insured to \$100,000 by NCUA.



Please help keep us informed.

Write to Class Notes, Alumni  
Office, c/o Department of  
Physical Therapy, 100 Penn St.,  
Baltimore, MD 21201. Or, get in  
touch by phone (410) 706-  
1816, or fax (410) 706-6387.

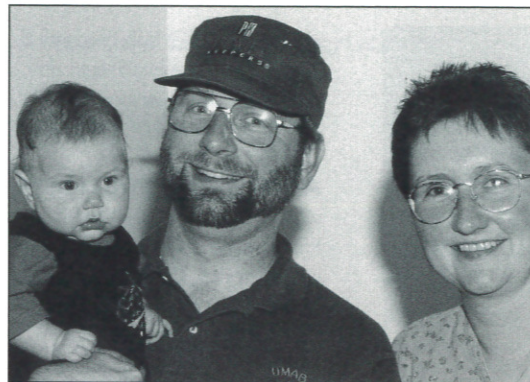


## CLASS NOTES

### '50s & '60s

**LtC. Ed Benson '59** has retired, but not before becoming a lifetime member of the APTA. **Peggy (Lausch) Schulten '68** is the director of PT Services for Catawba County (N.C.) Home Health. Her husband heads up an orthopedic practice, daughter Kristen is a charge nurse in Charlotte, N.C., and son Brian is in graduate school at UNC-Chapel Hill.

College, Texas. **Elizabeth (Endress) Hyde '73** works in pediatric physical therapy for St. Vincent Medical Center in Toledo, Ohio. She and her husband, Dan, have a country home complete with a horse and several barn cats. **Mark Schlichter '76** is the rehab manager for St. Joseph's Medical Center in Towson, Md. He and his wife, Judi, have two children, Sarah (14) and Luke (12). **Edna (Tuchler) Breit '76** is employed by the Montgomery



For parents Tom Horn '83, and Linda (Lipp) Horn '84, Megan Elizabeth, born Feb. 26, is baby #4 but girl #1.



Bonnie (Scalon) O'Lenic and husband Ed, adopted Peter (5) and Anna (3) as infants from the Soviet Union.

### '70s

**Don Uttenreither '70** is still in private practice in central California. **Nancy (Kowzun) Muedeking '71** has a private practice in Hopkins, Minn., specializing in holistic therapies. She was recently remarried to a recreation therapist. She has a 10-year old son, Patrick. **Paul Brager '73** became a grandfather on Nov. 12, 1997; he now has a granddaughter. **Michael Coleman '73** lectures on oncology and is the acting trainer for the Red Cross tennis tournament. **Edward M. Hankard '73** is the program director for the PTA Program at Amarillo

County (Md.) Infant and Toddler Program. She has three children, ages 16, 15 and 7. **Margaret Zastrow '77** works in early childhood intervention and with school-age children. She recently gave birth to a daughter (see the Births section). **Jill Lewin '77**, who works in private practice pediatrics, has two children. **Margaret (Rossi) Reedy '77** is celebrating 20 years of marriage to her husband, Gary. They have three boys, ages 17, 15 and 8. Reedy practices PT at Westminster Nursing and Rehab Center. **Jonathan Cooperman '79** was named "PT of the Year" of the Ohio APTA. **Deidre (Dolan) Douglass '79** works

two days a week for Henry County Schools, near Atlanta. She also provides contract services to "Babies Can't Wait," an early intervention program. She and her husband, Jim, have three children: Andrew (17), Eileen (13) and Eric (9).

### '80s

**Karen (Meyer) Hanyok '81** received her teaching certificate this year. **Herbert Weiss '81** is still in private practice in Reisterstown, Md. He also acts as a consultant for visiting perform-

ers at the Gordon Center for Performing Arts in Owings Mills, Md. **Linda Coates '82** operates the clinic for Hershey Physical Therapy in Lititz, Pa., conducting work injury assessments, orthopedics and ergonomics. **Julie (Scheydt) Johnson '82** is the director of Therapy Services at Health South Chesapeake Rehab Hospital in Salisbury, Md. She has one child, Rachel (7). **Kathy (Malkus) Hoeck '84** welcomes visitors to southern California, where she works part-time in an orthopedic outpatient clinic. She has two sons, Sam (5) and Jonathan (2). **Ann Marie (Chicca) Williams '84** has her hands full with four children—Angela (9), Lee (5), Margaret (3) and Mary (1)—her job in the local school system, and having a new home built. **Valerie Shemenski '85** is now Valerie Queensbury after being married on May 30. Valerie and her husband, Ken, spent their honeymoon in Aruba. **Lucinda Christhlf-Wakefield '86** works at Easton Memorial Hospital Rehab in Easton, Md. as a staff PT and on-site manager. **Betty (Waring) Evans '86** is



Linda Kfoury House '86 stopped by PT for a visit with Tomas Jesse, born Oct. 6, 1997.



Nicholas Paul Whittaker is all smiles for his dad, Paul Whittaker '97.

employed part-time at Physical Therapy for Women and Children near Annapolis, Md. **Michelle Hedgepeth '86** just completed her master's in exercise physiology from the University of Maryland, College Park. **Diane (Forman) Kerr '86** has two children, Tyler (3) and Jenna (1). She is a part-time MCPT for Home Care, St. Agnes. **Michelle JoAnn (Easling) King '87** has been with Good Samaritan Hospital's out-patient rehab department for 10 years. She and her husband, Skip, have been married 10 years and have three children: Jessica (7), Brendan (6) and Evan (4). **Karen (McGorlick) Bennett '88** received certification as an advanced clinical specialist in pediatrics from the APTA. **Steve Bell '89** now has three boys: Sam (5), Max (3) and Jake (1). **Shirley Gadson '89** is acting as the interim physical medicine director at Laurel Regional Hospital. **Heidi (Kopp) Hernandez '89** works at the Brethren Home in New Oxford, Pa. She has two daughters: Micaella (3) and Maggie (2). **Jaimi (Dean) Poor '89** was

recently married. She changed jobs to the home health field after working in out-patient orthopedics.

**'90s**

**Ann (Stanislav) McCord '90** works for Holy Cross Hospital. Her twin boys turned 3 years old in December. **Connie (Hofmann) McClaeb '91** married Tim McClaeb in May 1997. They live in Annapolis, where Connie is working on her master's in general administration with a specialty in health care.

**Robert Cohen '92** has recently celebrated the one-year anniversary of the opening of his manual therapy practice. **Laura (Mason) Sparks '92** lives in Charlotte, N.C. with her husband, Dennis, and their two sons: Dennis (2) and Jacob (4 months). She works PRN in out-patient orthopedics.

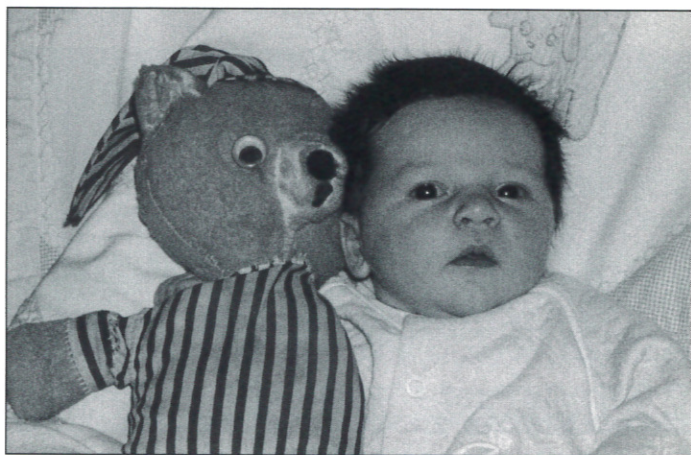
**Donald and Deborah (Taylor) Seigel '95** have settled into a new home with a new baby (see the Births section) in Charlotte, N.C. after a year of travel. **Kimberly Riffle '95** con-



Ricky and Nancy (Totaro) Placide '89 show off their daughter Amanda Jean, born Sept. 10, 1997.

tinues to give inservices to cancer support groups on Lymphedema Tx. She and her husband are having their first home built in a golf course community called Lynwood. **Maria (D'Angelo) Heffter '95** wishes all of her former classmates well. She married Steven Heffter on Nov. 23, 1997 in Buffalo, N.Y. The couple moved into a new home in July. Maria is a senior PT at St. Joseph

and her husband, Mark, have moved into their newly built home. She is employed in the Acute Rehab department at Reading Hospital Medical Center. **Steven Giangrandi '96** was married on July 11. **Kristine Bombaro '96** ran her first marathon on June 21 in San Diego, Calif. She works for Johns Hopkins Bayview Medical Center's Burn Unit. **Marcia**



Nicole Elizabeth, born on Jan. 2 to Kurt Brooks '92, is caught snuggling with her teddybear.

Hospital. **Kimberly Palachek '95** was commissioned into the U.S. Air Force in November 1996 and has been stationed at Dover AFB, Del. since February 1997. She provides outpatient orthopedics and sports medicine to both active-duty members and retirees. **Joanna (Bainbridge) Blackburn '96** and her husband, Bruce Blackburn '97, are expecting their first child this fall. **Alison (Chouinard) Suarez '96** married Daniel Suarez on Sept. 13, 1997. Alison is the PT coordinator at North Bay Hospital in New Port Ritchie, Fla. **Kathleen (Welsh) Adams '96**

**(Iddings) Benda '96** has started an aquatic physical therapy program at Maryland General Hospital Bryn Mawr Rehab. She is also employed in the CIR unit there. She and her husband recently bought their first home. **Jim Lauder '96** works in Louisiana as a clinical director while studying for his ATC through the University of Southeast Louisiana. In his spare time, he is an assistant trainer for a semi-pro hockey team. **Tracey (Deavers) Cannon '97** was married to Brian Cannon in November 1997. **Kimberly Vasold '97** was married in June. She works for the state of Maryland at Maryland Rehab Center.

## KEEP IN TOUCH

We enjoy hearing from alumni and hope you enjoy getting the scoop on the activities of your classmates and friends.

We had a wonderful response from our alumni and had more news than space.

We will make every effort to put the news we couldn't print this time in the upcoming edition.

### In Memoriam

Our deepest sympathy to the family of **Angelica (Swift) Biosca '67**; she passed away on Feb. 3.

### Births

Molly Katherine, born in April 1997 to **Margaret Zastrow '77** and her husband, Eric Beyersdorf.

Rebekah Eve, born April 27 to **Deborah (Donahue) Fink '83** and her husband, **Mark '84**.

Megan Elizabeth, born Feb. 26 to **Linda (Lipp) Horn '84** and her husband, **Tom '83**.

Daniel Ryan, born Sept. 18, 1997 to **Jean (Bloecher) Cooper '84** and her husband, Paul, and big sister Gillian.

Timothy Ryan, born March 10 to **Linda (Cyphers) French '85**.

Helena Juliet, born Feb. 6 to **Laura (Seaman) Hall '89**.

Daniel Seamus, born Sept. 26, 1997 to **Shawn (Overstreet) Coleman '90** and her husband, Brian.

Max Kelson, born Nov. 21, 1997 to **Kelson Colbo '92** and his wife.

Nicole Elizabeth, born Jan. 2 to **Kurt Brooks '92** and his wife.

Turner Lee, born March 6 to **Sarah King '95** and her husband, Andrew Shipman.

Jacob Tyler, born June 7, 1997 to **Sheri Mowery '95** and her husband, Jeff.

Lauren Nicole, born May 22 to **Deborah (Taylor) Siegel '95** and her husband, **Donald '95**.

Nicholas Paul, born Dec. 3, 1997 to **Paul Whittaker '97** and his wife, Jill.

Mark Anthony, born Feb. 12 to **Melanie (Scharf) Jacoby '97** and her husband, Donald.

### Attention Clinical Instructors!

Dear Fellow Alumni,

As part of my academic coordinator duties in the PT department, I have the unique opportunity to visit students as they practice and improve their skills in the clinic. This means I also have the opportunity to visit the various clinics and hospitals throughout the country that provide positive environments for our students.

While I am often impressed with these facilities, I am even more impressed with the clinical instructors, many of whom are graduates of our program. I see these alumni instructors all over the country, not just in the Baltimore-Washington area. They eagerly lend a hand to students in the same position they were in years past.

When our students return to the University and tell us how nice it was to work with someone from the

same school or how impressed they were with how much their instructor knew, I can't help but smile. I guess the bottom line is — we couldn't do it without you. Your generosity allows us to continue providing outstanding affiliations for our students. In this day and age, in particular, when managed care and increasing numbers of PT schools require more of your time, we know how difficult it can be to mentor a student.

So, as a Maryland graduate myself, I thank you for your loyalty to your alma mater. I welcome and encourage other fellow alumni to get involved. It's a chance to "mold the future" a little bit. If you would like to work with current Maryland students, please call me at (410) 706-7267. We always look forward to speaking with you.

Sincerely,

Kathy Davis '91

### Instructional Opportunities

**Lab assistants are needed for the following spring 1999 courses:**

PTAB 521 Assessment & Management of Neurological Patient II: assistants must have at least two years of experience with a neurological patient population

PTAB 531 Assessment & Management of Orthopedic Patient II: must have at least two years of experience with a orthopedic patient population

PTAB 540 Assessment & Management of Pediatric Patient I: must have at least two years of experience with a pediatric patient population.

PTAB 550 Assessment & Management of the Geriatric Patient I: must have at least two years of experience with a geriatric patient population.

Please contact the Department of Physical Therapy at (410) 706-7721 if you are interested in learning more about these opportunities.

### Dates to Remember

**Saturday, Oct 3, 1998**  
New Chair Reception  
See page 3

**Friday, Nov. 13, 1998**  
Retirement Party for Bobbie  
See page 11

## LOST ALUMNI

Please help find these alumni. If you know an address or phone number for anyone on the list, contact Kim Vickers in the Alumni Office at (410) 706-1816.

Don't become lost. Please keep your address updated with the Alumni Office so you will continue to receive your PT Newsletter, plus information about continuing education courses and special events!

### The 60s

Fred Schleifer '62  
Evelyn Johnston '63  
Karen Kraemer '63  
Clyde Souder '63  
Richard Hetherington '65  
Andrea Hughey '65  
Marilyn (Venetta) Marshall '65  
Gail (Griffin) Resnikoff '65  
Shirley (Cohen) Smith '65  
Merrilea (Brett) Greenawalt '66  
Carol (Stevens) Leach '66  
Diana Richards '66  
Margaret (Arnall) Vance '67  
Cordelia (Laird) Lindh '68  
Linda (Patchen) Miles '68  
Carol (Rogers) Zimmerman '68  
Rita (Goldstein) Krassensky '69  
Gail (Carver) Pellegrin '69  
Margaret (Boehm) Podlesny '69  
Allan Rosenfeld '69  
Harry Whilden '69

### The 70s

Linda Cameron '70  
Marian Ferry '70  
Diane (Fagot) Zwack '70  
Harriet Aronoff '71  
Sarah (Genut) Lazarus '71  
Pat Thomason '72  
Virginia Viglianti '72  
Beth Bader '73  
Mary Gibson '73  
Janice (McInnes) Sutkowski '73  
Renee (Carson) Fardis '74

Claudia (Corbett) Fisher '74  
William Fisher '74  
Kay Ginader '74  
Wendy Lentini '74  
Nancy McGovern '74  
Polly (Levine) Borochoy '75  
Holly (Schermacher) Buser '75  
Joanne Gaito '75  
Lenora (Lebherz) Herrmann '75  
Betty Painter '75  
Ronald Smail '75  
Charlene Amedoro '76  
Kathleen (O'Neill) Buechel '76  
Ann Marie Codori '76  
Sandra Cushner-Weinstein '76  
Patrice Heck '76  
Mary Lamoy '76  
Kathy McCall '76  
Betty Moore '76  
Cindy (Macko) Perlman '76  
Edythe Richman '76  
Marilyn Spliethoff '76  
Stella Both '77  
Kathleen Connolly '77  
Elise Gettleman '77  
Sharon (Reid) Hatchett '77  
Diane Hidey '77  
Marian (Jarina) Jellick '77  
Michael Margolis '77  
Pamela Neubauer '77  
Elizabeth Seibel-Lee '77  
Mary Ann Barrett '78  
Beatrice Brown '78  
Roy Capellaro '78  
Patricia (Pearson) Columa '78  
Karen Frank '78  
Joan (Condyles) Hackert '78  
Cynthia (Potter) Kovacs '78  
Susan (Schwab) Lenihan '78  
Elise Paul '78  
Linda Sharpe '78  
David Sheer '78  
Francine Weiner '78  
Sandra (Bain) Yerger '78  
Joyce (Emmitt) Dauchy '79  
David Gross '79  
Vivian (Bonfield) Hartzell '79  
Barbara Joslow '79  
Susan Scherer '79  
Carolyn (Pendleton) Spencer '79

### The 80s

Gayle (Hernandez) Bartland '80  
Carol Brisco '80  
Rene Cervi '80  
Cheryl Di Giovacchino '80  
Mary (Simon) Draize '80  
Monica Grant '80  
Karen Richards '80  
Michael Smead '80  
Loretta (Crockson) Woodfolk '80  
Joseph LeDoux '81  
Deborah Nabozny '81  
Susan (Talbot) O'Hare '81  
Sharon Weaver '81  
Yvonne Brodsky '82  
James Creelman '82  
Eileen Foley '82  
Julia Fritts '82  
Theresa (Stevens) Hannibal '82  
Donald Heacock '82  
Lisa Magarill '82  
Christine O'Berry '82  
Bonnie Chopyk '83  
Karen (Smith) Greeley '83  
Karen Gilman '83  
Marian Kirk '83  
Judith (Thompson) Ludwig '83  
Vanessa (Corrallo) Mirabelli '83  
Anne Peck '83  
Michelle (Douglass) Singletary '83  
Maryann Smith '83  
Ellen (Milburn) Weinel '83  
Kelly Wilson '83  
Deborah (Stone) Breeden '84  
Sarah (Voellinger) Felton '84  
Annette (Falck) Mason '84  
Lori Merritt '84  
Deborah (Snyder) Tabb '84  
Frank Quinn '85  
Margaret Schmidley '85  
Karen Ann (DeLuca) Senesi '85  
Michael Spigel '85  
Susan Bausum '86  
Geraldine Beckman '86  
Nancy Chipman Rinalli '86  
Melissa (Carrasco) Diehl '86  
Theresa Hogan '86  
Elizabeth (Gonnella) Johnson '86

Carolyn (Gomez) Rehwoldt '86  
Mary (Cook) Reybold '86  
Elizabeth (Thoma) Schutz '86  
Patricia White '86  
Bernadette Murphy '87  
Susan (Griffin) Parisot '87  
Dennis Gavin '88  
Catherine Hoffman '88  
Ellen Lerner '88  
Cheryl Mecklenburg '88  
Luis Mendez '88  
Jay Shepherd '88  
Karen (Hoberman) Stewart '88  
Ann Fenwick '89  
Susan Fischer '89  
Jori (Wicht) Gillies '89  
Patricia McHugh '89  
Marcia Prather '89  
Maria Riddlespurger '89

### The 90s

Julie Goldman '90  
Lori Mills '90  
Pamela Mullan (or Muller) '90  
Jude Padezanin '90  
Susan (Stickney) Padezanin '90  
Pagona Pappas '90  
Rebecca Pratt '90  
Patrick Dolan '91  
Denise Gray '91  
Yuk-Mei Kwong '91  
Tammy Mielnik '91  
Killi Nanzetta '91  
Brenda (Culbreth) Nordstrom '91  
Jennifer Smith '91  
DeCoursey Squire '91  
Lois (Capozzoli) Errera '92  
Jill Greenberg '92  
Laurie Conroy '93  
Michael Marks '93  
Jennifer Tennis '93  
Tonya Tinsley '93  
Deborah Moore '94  
Marni Kallins '95  
Margaret Menzel '95  
Kimberly Fox '96  
Cynthia Herdman '96





### Welcome Class of 2001

On June 9, the Physical Therapy Alumni Association welcomed the Class of 2001 with a pizza party, celebrating the end of their first anatomy test. These first-year students Laurie Hyman, Kimberly Filling, Alan Chan and Lorden Warrington were ready to celebrate.

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# The Department of Physical Therapy is proud to announce The PhD in Physical Rehabilitation Sciences Program

The Physical Rehabilitation Sciences (PRS) program is an interdisciplinary academic offering that combines faculty, physical and financial resources from several departments within the School of Medicine and from related graduate programs within the University System of Maryland. The purpose of the program is to train researchers who will be able to advance the field of physical rehabilitation with the ultimate goal of improving the lives of individuals with functional impairments.

The PRS curriculum represents a unique approach to training scientists and educa-

tors in this field. In addition to specific tools of scholarship, the curriculum includes comprehensive, core course work in the disciplines of anatomy, biomechanics, motor control, neuroscience, pathology and physiology as these areas of study apply to broad areas of rehabilitation research. This core provides an integrated foundation in rehabilitation, as a general field of study, from which specializations in specific foundational sciences can be developed. Thus, the curriculum is designed to empower those completing it to use the principles and research techniques of the foundational

sciences to discover and develop theory and techniques in physical rehabilitation.

Students admitted to the program will have completed prerequisite work in biology, chemistry, physics and mathematics, as well as statistics. Students will complete the core and tools components of the curriculum and a cognate component that will be used to develop the specialization or concentration area.

The PRS program requires a minimum of 60 credits of course work beyond an appropriate baccalaureate degree including a minimum of 12 hours of dissertation research. The PhD degree will be

awarded after the candidate successfully defends the dissertation in a forum open to all University of Maryland School of Medicine and Graduate School faculty and students.

For additional information, please contact:

Randall E. Keyser, PhD  
University of Maryland  
School of Medicine  
Department of Physical  
Therapy, 100 Penn St.  
Baltimore, MD 21201

Phone: (410) 706-0841  
E-mail:  
rkeyser@physio.umaryland.edu  
Fax: (410) 706-6387

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# Physical Therapy Jackets & Shirts



## Now Available

The Alumni Association is offering windbreaker jackets and polo shirts for sale to all alumni. These wind/waterproof jackets are fully lined with pockets and they fold neatly into their own pouch. The jackets are navy blue with a forest green stripe across the front. The polo shirts are also navy blue and are pique 100% cotton. Both the jacket and shirt are embroidered with the University of Maryland/ Physical Therapy logo.

### Windbreaker jackets

(S,M,L, XL) - \$42                      (XXL) - \$44

### Polo shirts

(S,M,L,XL) - \$28                      (XXL) - \$30

Jackets and shirts can be personalized for \$5 per item. Please write names on a separate piece of paper exactly as they are to appear on merchandise.

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\*\*Please add \$3 per item for shipping and handling.

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*Congratulations to the Class of 1998  
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