

FALL 2008

# PROFICIO

HELPING, ADVANCING, MAKING PROGRESS IN PHYSICAL THERAPY



Department of Physical Therapy

*PTRS*  
& Rehabilitation Science

UNIVERSITY OF MARYLAND  
SCHOOL OF MEDICINE

CELEBRATING A DECADE OF LEADERSHIP

*Mary M. Rodgers, PT, PhD*

1998-2008



## SEPTEMBER

- 27 **Fall Admissions Open House**  
Allied Health Building; Baltimore, MD; 9:00 AM - 12:00 PM.

## OCTOBER

- 7 **Career Day**  
Westminster Hall, 515 W. Fayette Street, Baltimore, MD; 9:00 AM - 4:00 PM.  
Hospitals, out-patient clinics, school systems, and rehabilitation centers are invited to provide employment information.  
RSVP required to confirm participation at 410-706-7721.
- 15 **The Decade of Leadership Celebration — Presenting Sponsor: Genesis Rehabilitation Services**  
Recognizing Mary Rodgers' 10th Anniversary as chair of the Department. Events will include:  
Decade Club Leadership Luncheon  
"Over the Decades" Alumni Reunion Reception  
The Florence P. Kendall Free Continuing Education, "Principles of Strength Training for the Older Adult" See page 11 for details.
- 17-19 **National Student Conclave**  
San Jose, CA. Please visit [www.apta.org](http://www.apta.org) for details.
- 18-19 **Continuing Education: Clinical Anatomy of the Upper Extremities (1.2 CEUs)**  
Vincent Conroy, PT, DScPT; Allied Health Building; Baltimore, MD; \$300. See page 11 for details.
- 19 **Race for the Cure**  
Hunt Valley, MD. Log on to [www.komenmd.com](http://www.komenmd.com) and join Team PTRS.
- 21 **University of Maryland, Baltimore Founders Week Gala**  
Hilton Hotel, Camden Yards, Baltimore, MD. Please visit [www.umaryland.edu](http://www.umaryland.edu) for more details.
- 31 – **Preview 20/20**  
Nov. 2 National Harbor, MD. Please visit [www.apta.org](http://www.apta.org) for details.

## NOVEMBER

- 22-23 **Continuing Education: Therapeutic Technologies (1.3 CEUs)**  
Gad Alon, PT, PhD; Allied Health Building, Baltimore, MD; \$325. See page 11 for details.

## DECEMBER

- 5-7 **Continuing Education: Biomechanical Evaluation and Treatment of the Cervical Spine and TMJ (2.1 CEUs)**  
Jim Meadows, BSc PT, MCPA, COMP, NAIOMT and Roy Bechtel, PT, PhD  
Allied Health Building, Baltimore, MD; \$525. See page 12 for details.

## FEBRUARY

- TBA **Department of PTRS Annual Phone-a-Thon to support Annual Giving**
- 9-12 **Combined Sections Meeting**  
Las Vegas, NV. Please visit [www.apta.org](http://www.apta.org) for details.

FALL 2008 • ISSUE 17

# PROFICIO

HELPING, ADVANCING, MAKING PROGRESS IN PHYSICAL THERAPY

*Proficio* is a publication of the University of Maryland School of Medicine's Department of Physical Therapy and Rehabilitation Science.

Archived copies of *Proficio* and the Spring newsletter are available in PDF format at [www.pt.umaryland.edu](http://www.pt.umaryland.edu).

## DEPARTMENTS

- 2 Department News
- 11 Continuing Education
- 13 Graduates & Awards
- 17 Alumni
- 18 Development Corner
- 21 Gifts

## Letter from the Chair



It sounds cliché, but I really cannot believe it has been 10 years since I became chair of this incredible department. And what a fantastic 10 years it has been!

Over the last decade, we upheld a standard of excellence in physical therapy education that began more than 50 years ago. We did so while diversifying and expanding our offerings to accommodate our growing profession.

In 1999, we established a PhD program in Physical Rehabilitation Science. As one of a small number of physical therapy programs located in a research intensive university, we embraced the responsibility to provide evidence for the practice of physical therapy and to train future rehabilitation scientists.

In 2001, we established our Doctor of Science in Physical Therapy in order to provide advanced professional training opportunities to physical therapists.

In 2002, our entry level physical therapy training program transitioned from a Masters to a Doctor of Physical Therapy degree.

In 2003, we added Rehabilitation Science to the department name and obtained an NIH T32 training grant that funds two PhD students and one post-doctoral fellow.

In 2004 we were honored to receive our first endowed professorship from George Hepburn, one of our star alumni.

In 2006, our DPT program was awarded a ten year accreditation.

These examples are only a few of our many accomplishments, all achieved because of the dedication of our stellar faculty and support staff. I have been honored to work with such an enthusiastic and talented group and am truly grateful to have had the opportunity to serve as chair of the PTRS Department for the past decade.

Looking forward, I am excited to share with you our new strategic plan. Over the last year and a half, we have been working diligently on our mission, vision and goals. The planning process included members of the School of Medicine, the University of Maryland Baltimore and the Maryland Chapter of the APTA. We were thorough as well as ambitious which you will see in the question/answer piece in this issue. Your support is welcome as we continue our pursuit of excellence.

I hope to see you at our upcoming Decade of Leadership Celebration!

Sincerely yours,

Mary M. Rodgers, PT, PhD  
George R. Hepburn Dynasplint Professor and Chair

## The Department Presents the 2008-2011 Strategic Plan

Over the last 18 months, the Department of PTRS engaged in a highly participative and professionally facilitated strategic planning process. It included working committees of faculty and staff, department-wide meetings, web-based surveys, external stakeholder interviews, and expert counsel from a team of physical therapy educators and rehabilitation scientists. The process included an assessment of its external environment, strengths, and internal challenges.

In approaching the plan that will serve as the Department's roadmap for the next three years, the demands of the profession as a whole were considered. Aging populations are increasing the need for physical therapy professionals with advanced expertise in optimizing human performance. Political and

legislative influences are resulting in heightened standards for physical therapy education and practice while the profession faces increasing competition from less costly health providers. Physical therapy students are better informed and more demanding regarding the quality, timeliness, and content of teaching and practice. Graduates must be well prepared to practice in interdisciplinary teams and endowed with a thirst for continuous learning. Yet, there is a growing shortage of faculty nationwide and continuing financial constraints due to decreased state funding and increasing competition for grants and contracts. The Department, determined to provide excellence in physical therapy education, arrived at the following strategic plan.

### Strategic Plan 2008-2011

**MISSION** To advance and advocate societal health by optimizing human performance and wellness through research, education, and service in physical therapy and rehabilitation science.

**VISION** To excel in research, education, and service by:

- > Providing evidence that enhances physical therapy practice and rehabilitation science through expertise, innovation and technological advancement.
- > Offering education programs that promote critical thinking and lifelong learning through integration of theory, evidence, and practice.
- > Guiding and promoting the physical therapy profession through involvement in scientific and professional organizations as well as local, national and international communities.

#### STRATEGIC INITIATIVES AND GOALS

##### I: Strengthen and focus our research agenda

- Goal 1.1: Establish a primary magnet research focus in neuromotor rehabilitation and several secondary or complementary research foci.
- Goal 1.2: Increase principle and collaborative roles in grants, publications, and presentations.
- Goal 1.3: Enhance research skills to increase research productivity.

##### II: Optimize and bridge educational programs

- Goal 2.1: Broaden teaching resources.
- Goal 2.2: Develop unique, complementary offerings for joint degree programs.
- Goal 2.3: Streamline educational programs.

##### III: Maximize potential and impact

- Goal 3.1: Create an internal environment that supports excellence.
- Goal 3.2: Develop organizational partnerships that advance our mission.
- Goal 3.3: Increase the visibility of our research, education, and service programs.





PIP Extension



Forearm  
Supination/Pronation



Shoulder  
External Rotation



*Stretch Beyond Your Expectations.®*



Ankle Dorsiflexion  
w/Optional Darco® Shoe



Elbow Extension



MCP Extension

Dynasplint Systems, Inc., has been the pioneer and market leader in dynamic splinting since 1981. Dynasplint® Systems aid in restoring physical function and more importantly, quality of life to orthopedic and neurological patients of all ages with joint stiffness and limited range of motion caused by injury, trauma, surgery, or disease. Clinical studies have proven that Dynasplint® Systems can significantly improve patient outcomes. For more information on any of our units visit our website or call our toll-free number below.

800.638.6771

[www.dynasplint.com](http://www.dynasplint.com)



Pediatric Knee Extension



Carpal Tunnel



MTP Extension  
w/Optional Shoe



Knee Extension

# *In Their Own Words*

## *A Question and Answer Session with Department Leadership*

Strategic planning, organizational structure changes, program evaluations, building renovations... these were the buzz words in the halls of the Allied Health Building over the last year. The Department continuously evolved as it was assessing the past to prepare for the future. There were promotions and new hires and those that moved on. Every change created a new challenge and an exciting opportunity.

In reflecting over the last year, Dr. Mary Rodgers, George R. Hepburn Dynasplint Professor and Chair, Dr. Mark Rogers, Vice Chair for Research and Director of the PhD Program in Rehabilitation Science, and Dr. Ellen Wruble-Hakim, Vice Chair for Academic Affairs and Director of the Entry Level Program answered these poignant questions to offer their insight on the Department as a whole.

### ***Q: What differentiates our department/program from our competitors across the nation?***

**MARY:** We are special in a lot of ways! We are a nationally ranked program located in a research intensive institution with departmental status. Only one of five PT programs in the country are organized this way. We have a DPT and PhD program, so we offer both professional physical therapy and interdisciplinary research training. The DPT curriculum is unique in its blocked, integrative format. We achieved a 100% pass rate on the licensing boards last year, and historically a pass rate well above the national average. We are one of the few programs with an endowed professorship. And finally, we are in Baltimore (Charm City) — a very unique place!

**ELLEN:** We are a uniquely structured department and are fortunate to have access to many local resources. We are housed within the prestigious SOM, we reside in a city surrounded by leading medical and research institutions, and we are in close geographic proximity to APTA headquarters. The activity and productivity that emanates from our department reflects the dedication of the faculty, staff, and students who have demonstrated ongoing commitment to meeting the challenges of tomorrow. Our eDPT curricular design, our growing identity as a quality research department, our large faculty and staff, our diversity of degree offerings, our dedicated acute-care lab, our clinical partnerships, and the quality and size of our student body distinguishes us from many other PT programs throughout the country. I would also like to highlight the 100% first-time board passing rate of our 2007 eDPT graduates. We look forward to similar results from our 2008 graduates!

**MARK:** The field of rehabilitation research is at an unprecedented level of progress and development. PTRS has assembled a multi-talented and productive group of faculty researchers with national and international reputations who distinguish our program as among the leaders in the field.

***Q: Name one challenge we as a department are facing and how you suggest we overcome it?***

**MARY:** Growing our research program while continuing the excellent professional training that is the core of our department. To do so, we are expanding our pool of expert clinician adjunct teachers, creating more synergy between our DPT and PhD programs, increasing research involvement of full-time faculty, and recruiting federally funded investigators.

**ELLEN:** Physical space and resources. It is important that we reserve room for student study-groups, meetings, and even for socializing. The growth of both our class size and research activity has created a bit of a dilemma that we are attempting to resolve. However, to have this problem demonstrates our momentum in generating evidence for the field and our commitment to responding to the shortage of physical therapists through educating highly qualified and capable students. As for getting more space, we are open to any offers for reasonably-priced real estate or donated construction services!

**MARK:** The competition for external research grants is fiercely competitive particularly those awarded through the National Institutes of Health. Despite federal budget cutbacks for health related research, we have been consistently successful in acquiring grant support from federal and private sources. However, the ability to successfully compete for these awards will continue to be a major challenge for us and our colleagues.

***Q: How does research impact our educational programs and our students and vice versa?***

**MARY:** Evidence-based medicine in clinical decision making is a thread throughout our DPT curriculum. Our DPT graduates have been trained to utilize research to inform their practice, and they impact the larger physical therapy community by modeling and sharing this skill with other clinicians. Our PhD graduates have expanded rehabilitation science

through their continued research work as post-doctoral fellows, faculty members, and federal level researchers. Research conducted in our department has substantial visibility impact provided by presentations, publications, and scientific service in leadership positions.

**ELLEN:** The educational programs and research efforts should be complementary entities, exist harmoniously, and demonstrate clear collaborative linkages. The eDPT program should support, highlight, and advocate for the research work being conducted by PTRS faculty and the research faculty should provide expert knowledge, reinforcement, and opportunity to and for the eDPT curriculum. To accomplish all that must be done, faculty have had to focus and concentrate efforts, typically within the research or teaching realm. There is a strengthened bidirectional flow of information between clinic and classroom. We are fortunate to have a dedicated, enthusiastic, and highly qualified adjunct faculty pool and extend to them our most sincere appreciation for all their efforts.

**MARK:** By conducting leading edge rehabilitation research and through training PhD level scientists, we expose and involve our entry-level physical therapy students to an atmosphere of scholarship and scientific inquiry that contributes to our professional body of knowledge. This environment impacts their knowledge and awareness of the relationship and importance of research to clinical practice and their future roles and responsibilities in this process.

***Q: In your role, you are an educator, manager, and leader. How do you balance the different hats you wear and what would you say is your main priority?***

**MARY:** My main priority is driving the strategic plan for PTRS to ensure that we continue our excellent physical therapy training and expand our research program. I try to balance all of my roles with that priority in mind.

**ELLEN:** I believe every job, no matter where it is, has multifactoral expectations that require the “wearing of different hats.” As roles expand, so does the work and the challenge. And, this is certainly what I have experienced. I cannot say that I have found a complete balance as of yet. This is something I strive for and look to others for input and guidance. To ensure that PTRS, at large, proceeds forward with as few disturbances as possible, it is important that the leadership team, in concert with the faculty, have a united vision, shared philosophy, and mutual respect for all roles and contributions.

**MARK:** My main departmental administrative leadership roles are in directing research and the PhD program in Physical Rehabilitation Science. Additionally, I actively maintain an individual research program and contribute to the teaching activities of the department. To effectively perform these roles I find it necessary to identify the most important immediate and longer-term priorities in order to develop and implement clear objectives within each separate domain and the interactions among them.

**Q: If you could change one thing, any thing in the department, related to the department, etc., what would it be?**

**MARY:** I would increase our resources, specifically funding and space.

**ELLEN:** I would truly love to foster greater and ongoing connections with our alumni. Through the compassionate and skilled care of our graduates, hundreds of thousands of patients and clients have experienced positive gains in functional performance and quality of life. Having our alumni share their knowledge, skill, and experience with our current students would be a huge asset. We welcome them as mentors and role models.

**MARK:** That Mary’s and my last name weren’t the same. I guess this could also be considered one of our greatest challenges!

In conclusion, one question was posed to E. Albert Reece, MD, PhD, MBA, dean of the University of Maryland School of Medicine who played an instrumental role in the evolution of the department and the strategic planning. It is his overall vision for the school of medicine that provides the framework for any departments’ growth and planning. This is his response.

**Q: What are your expectations for the Department of Physical Therapy and Rehabilitation Science over the next 3 years?**

**DEAN REECE:** We have a vibrant Physical Therapy and Rehabilitation Science (PTRS) Department. The PTRS Department is uniquely situated in the University of Maryland School of Medicine and is a strong and vital part of our community. The department is truly an asset to the state of Maryland. The University of Maryland offers the only sizeable physical therapy program in the state and is an important provider of qualified health professionals in the state of Maryland.

Since its founding in 1956, the program has grown and been successful in many ways. The DPT program has a strong national reputation among the more than 200 programs in the United States. The educational program has a long and respected history of preparing outstanding physical therapy practitioners. The faculty are dedicated, hard working, and committed to their students. Faculty from PTRS work collaboratively with other departments in the SOM, other schools on the UMB campus and the VA Medical Center, which is also located on our campus.

My expectation is that the PTRS Department continue its successful endeavors by continuing to recruit top notch students and recruit and retain talented faculty. I would also expect that the department would implement their strategic plan, which the department has worked very hard to develop with input from all levels within the department. I expect even greater achievements from



the department over the next three years, particularly in its research growth.

In addition to the usual missions of education, the PTRS Department also has a significant goal to develop an important and strong research program. The department has made considerable progress toward establishing a foundation for a sustainable research program. The department is investing time and resources and has set goals and objectives for this to occur. They are focusing on several key research areas and making efforts to recruit funded PhD faculty members. The implementation of their strategic plan will be essential in achieving this outcome.

.....

The leadership of the Department welcomes your thoughts. Please feel free to contact them at 410-706-7721 or

**MARY M. RODGERS, PT, PHD**

George R. Hepburn Dynasplint Professor and Chair  
[mrodgers@som.umaryland.edu](mailto:mrodgers@som.umaryland.edu)

**ELLEN R. WRUBLE-HAKIM, PT, DSCPT**

Assistant Professor, Vice Chair for Academic Affairs  
 and Director of the Entry Level Program  
[ewruble@som.umaryland.edu](mailto:ewruble@som.umaryland.edu)

**MARK W. ROGERS, PT, PHD**

Professor and Vice Chair for Research and Director,  
 PhD Program in Physical Rehabilitation Science  
[mrogers@som.umaryland.edu](mailto:mrogers@som.umaryland.edu)

## WOULD YOU LIKE TO CONTRIBUTE TO RESEARCH?

*Would you like to help  
 provide evidence for practice?*

The Department of Physical Therapy and  
 Rehabilitation Science announces a new initiative:

### Clinicians and Researchers Partner for Evidence (CARPE)

Become involved in research projects run by our  
 department faculty! All you need to do is:

**Step 1:** Contact the Department to discuss the  
 potential research collaborations available.

**Step 2:** An inservice will then be offered about the  
 relevant research project that is of mutual interest  
 and benefit to you.

**Step 3:** If you agree to participate you will be asked  
 to disseminate information about the studies to  
 patients who seem qualified. Any publications  
 resulting from the studies would acknowledge your  
 contribution to recruitment.

**Step 4:** Your collaboration on future projects could  
 include co-investigator status and/or salary support  
 and/or publications.

Step 4 is our ultimate goal. At the present we  
 are very interested in collaborating with clinicians  
 who have patients with stroke in their caseload  
 since we have several faculty who are working hard  
 to understand the underlying mechanisms of  
 stroke recovery to inform the design and testing of  
 effective interventions.

If you would like to be part of this effort please  
 contact Dr. Jill Whitall at 410-706-7721 or  
[jwhitall@som.umaryland.edu](mailto:jwhitall@som.umaryland.edu).

## 2008 Faculty Activities

### PUBLICATIONS

**William Romani, PT, PhD**, associate professor, co-authored a research report entitled 'A Wellness Service Learning Project Improves the Perception of Professional Empowerment in Physical Therapy Students,' in the *Journal of Physical Therapy Education*, fall 2007 issue.

**Gad Alon, PT, PhD**, associate professor, published an article entitled 'Stimulating Technology: Incorporating Electrotherapy in Physical Rehabilitation,' in *Physical Therapy Products*, October 2007.

### PRESENTATIONS

**Dr. Jill Whitall, PT, PhD**, professor, co-organized the annual meeting of the Motor Development Research Consortium with Dr. Jane Clark, chair of the Department of Kinesiology at University of Maryland College Park in November 2007 in the

Allied Health Building on campus. The three day conference attracted 50 participants with 21 research reports and two invited scholars — Dr. Stewart Mostofsky of the Johns Hopkins University and Dr. Dale Ulrich of the University of Michigan.

**Ellen Wruble-Hakim, PT, DScPT**, assistant professor, presented "Transfer of Learning From Classroom to Clinic," and 'Changing Academic Culture and Practice to Improve Essential Communication Skills," at the Health Professions Educational Research Symposium, Ft. Lauderdale, Florida, January, 2008.

**Dr. Jill Whitall, PT, PhD**, professor, gave a series of lectures at six universities in China. She is one of 10 experts in the study of human motor development invited to write a chapter for a book and subsequently tour the country introducing this

area of study which is new to the Chinese.

**Ellen Wruble-Hakim, PT, DScPT**, assistant professor, presented "Beyond the Web of Noise and Tangles: Heightening the Standards for Competent ICU Practice," and "Lessons Learned from Patient Satisfaction Reviews," at the Combined Sections Meeting of the American Physical Therapy Association, Nashville, Tennessee, February, 2008.

**William Romani, PT, PhD**, associate professor, presented "The International Service Model: Progress on a Consolidated Website for International Service," at the Combined Sections Meeting of the American Physical Therapy Association, Nashville, Tennessee, February, 2008.

**Leslie Glickman, PT, PhD**, assistant professor, presented "Post-Professional DPT Programs: A Case Study in Web Enhanced Education from a Business Perspective," and "Landing a Job: Essentials for Success at any Point in Your Career" at the Combined Sections Meeting of the American Physical Therapy Association, Nashville, Tennessee, February, 2008.

**Lauren Jones-Lush, PhD**, assistant professor, received a first place award from The Gerontology Education and Research Program for her poster presentation "Magnetic Cortical Stimulation and Arm movements in a Robotic Environment" at the 30th annual Graduate Research Conference, University of Maryland, Baltimore, April 3, 2008.

## PROMOTIONS and APPOINTMENTS

**Lauren Jones-Lush, PhD**, assistant professor, was promoted from Postdoctoral Fellow to Assistant Professor July 1, 2008. She has a secondary appointment in the Department of Anatomy and Neurobiology at the School of Medicine.

## AWARDS and HONORS

**Sandy McCombe Waller**, associate professor, received a \$417,000 NICHD Grant entitled "Combining Proximal and Distal Arm Training for Patients with Chronic Hemiparesis."

**Doug Savin**, research assistant, has been provisionally approved for funding of a VA Pre-Doctoral Associated Health Rehabilitation Research Fellowship.

**Willam Romani, PT, PhD**, associate professor, was named a 2008 Daily Record Health Care Professional winner, March 2008.

**Dr. Jill Whitall, PT, PhD**, professor, received a two-year, \$61,500 grant from the National Institute of Health for her work entitled "Treadmill Training with Rhythmic Auditory Cueing in Older Adults with Chronic Stroke."

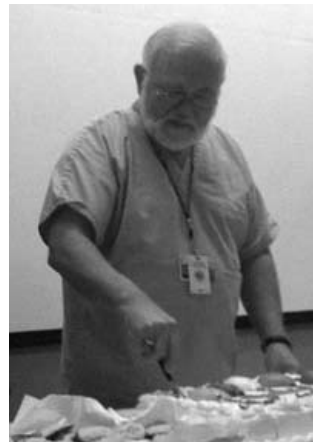
**Paula Richey Geigle, PT, PhD**, assistant professor, organized physical therapy student volunteers to perform scoliosis screening to students in the 4th through 7th grades at the Dr. Rayner Browne Academy Community School in Baltimore, MD, December 2007.

**Lauren Jones-Lush, PhD**, assistant professor, received a K12 Multidisciplinary Clinical Research Career Development Award "Time and state dependence of cortical plasticity in robotic-assisted stroke rehabilitation," University of Maryland School of Medicine.

## Post-Professional Programs Update

After due and careful consideration, and in conjunction with the department's new strategic plan, we are not enrolling any new students in either the transitional DPT or the DScPT programs. We are dedicated to our current students, designing individualized plans of study so that they may obtain their graduation goal. To date, we have had 122 graduates of the transitional DPT program and 48 graduates of the DScPT program.

## Don Hobart Retires from the Anatomy Lab



After 40 years, Donald (Doc) Hobart is retiring... again... for certain. Doc began his career as an instructor of anatomy in 1968 at the University of Maryland, Baltimore Dental School. In 1976, he moved to the School of Medicine's Department of Physical Therapy and spent the

next 17 years as a full-time instructor. He continued as a part-time adjunct faculty member assisting Dr. Paul Anderson until his retirement in 2001. In 2004, he returned to assist Dr. Vincent Conroy. In addition to his invaluable instruction, Doc has been an avid supporter of the department from his leadership roles in the alumni association to his philanthropic gifts to support scholarship awards in his name. Rick Violand, PT, anatomy course director from 1972-1976 and current adjunct faculty in anatomy, says, "Over the years, Don has given a lot of himself personally and professionally not only to the department, but to the thousands of students who have slipped a blade on to a scalpel handle. He has been there for them as an anatomist, a role model, a counselor, and a friend."

## APTA Annual Conference in Baltimore!

(JUNE 10-13, 2009)

Here is your opportunity to share pride in your hometown, network with other therapists, enjoy the festivities, and showcase the PTRS program. We are working on several program presentations for the conference, including tours of the academic and research labs. If interested in participating as a tour guide, working the educational booth in the exhibit hall, organizing an alumni event, or to develop other ideas, contact Leslie Glickman at [lglickman@som.umaryland.edu](mailto:lglickman@som.umaryland.edu).

## PTRS Students Raise Funds for the Foundation for Physical Therapy

The DPT Class of 2009 enthusiastically participated in this year's 20th anniversary of the Marquette Challenge, co-sponsored by the University of Pittsburgh. The Marquette Challenge is a grassroots fundraising effort coordinated and carried out exclusively by physical therapy and physical therapy assistant students. Since its inception in 1988, students around the country have raised over \$1.3 million dollars for the Foundation for Physical Therapy.

**Meghan Fahler, SPT 2009** and **Stacie Stephenson, SPT 2009** and class president served as coordinators of the immensely successful PT Classic Best Ball Golf Tournament that was held on Saturday, April 5 at the Hollow Creek Golf Club in Middletown, MD.

The annual Wheelchair Basketball Challenge was organized by **Alison Ulino, SPT 2009**. Faculty, staff, and students traveled to the Leadership Through Athletics Gym in Lansdowne, MD to watch the DPT Class of 2009 face-off against the Maryland Ravens Wheelchair Basketball Team. The combined total raised for the 2008 Marquette Challenge was more than \$8,200!

On May 3, 2008, DPT Class of 2010 participated in the March of Dimes Walk for Babies and on July 20th, 16 students participated in the Great Strides Cystic Fibrosis walk. They had a great time setting up tents, assisting with registration, and handing out food and drinks to walkers!

## New Faces in Research

The Department of PTRS welcomes research assistants **Brett Sealine** and **Melissa Mulcahy**.

## Staff Developments

**Jeff Hawk**, IT specialist, recently completed his Certificate in Distance Education Leadership through UMUC while pursuing his Masters in Distance Education with specialization in DE technology. Jeff also taught basic web design skills as part of Professional Issues 3 in the Entry-Level DPT program. Working in groups, the students designed websites to market their business/program plan for an emerging niche area of PT practice.



**Marlene King**, executive assistant, was named 'Employee of the Month', February 2008. She was recognized by a University of Maryland, Baltimore committee and President Ramsay for being an excellent role model for her colleagues.

**Surekha Vishwasrao**, accounting manager, recently completed her Masters in Finance at UMUC.



## Fall Continuing Education Seminars

### GENERAL INFORMATION

- All courses will be held at the Allied Health Building at the University of Maryland School of Medicine Baltimore unless otherwise noted.
- For complete information, please visit our website at [pt.umaryland.edu](http://pt.umaryland.edu).
- For questions, please contact Terry Heron at [theron@som.umaryland.edu](mailto:theron@som.umaryland.edu), 410-706-5215.
- To register, please mail your check payable to the **University of Maryland Baltimore** to:  
  
Department of PTRS  
University of Maryland School of Medicine  
Allied Health Building  
100 Penn Street, Suite 115  
Baltimore, MD 21201  
Attn: Terry Heron
- Parking is NOT included with the registration fee.
- There is a 10% discount to all PTRS graduates for CEU courses unless other discounts apply.
- The Department of PTRS reserves the right to make changes to the content, time, and location up until the day of the seminar.

### SEMINAR DETAILS

#### Principles of Strength Training for the Older Adult

Presented by Genesis Rehab Services

(.4 CEUs)

*Aimee E. Perron, PT, DPT, NCS, NovaLeigh Dodge-Krupa, PT, and Ann Boughton, MS, PT*  
Wednesday, October 15, 2008; Cost: Free

Course Objectives:

- To demonstrate and understand the basic principles of strength training
- To identify the effects of aging process on exercise prescription
- To demonstrate ability to administer strength assessment tools
- To determine appropriate strength training prescription
- To demonstrate ability to adapt a strength training prescription based on special considerations for disease processes

#### Clinical Anatomy of the Upper Extremities

(1.2 CEUs)

*Vincent Conroy, PT, DScPT*

Friday and Saturday, October 18-19, 2008; Cost: \$300

Course Objectives:

- To cultivate anatomical reasoning and to promote independent critical thinking as it pertains to diagnoses of the upper extremity
- To provide instruction of human anatomy via lectures and discussion in the laboratory with exposure to cadaver prosections
- To facilitate discussion of normal and variant human anatomy as it pertains to the musculoskeletal, nervous, endocrine, cardiovascular, pulmonary, and lymphatic systems
- To discuss normal and variant anatomy across the lifespan
- To provide exposure to basic concepts of identifying anatomical structures in diagnostic images
- To learn potential mechanisms of injury and examples of physical therapy interventions

#### Therapeutic Technologies

(1.3 CEUs)

*Gad Alon, PT, PhD*

November 22-23, 2008; Cost: \$325

Course Objectives:

- To establish an evidenced-based students' knowledge of, and ability to utilize

therapeutic technologies in the management of physical impairments

- To establish an evidence-based students' knowledge of, and ability to utilize therapeutic technologies to maximize locomotion and upper limb functional performance
- To acquire the theoretical and practical understanding needed to set up the clinical scope, limits, advantages, and disadvantages of each studied technology
- To maximize the clinical gains of patients treated by the graduate of this course

## **Biomechanical Evaluation and Treatment of the Cervical Spine and TMJ**

(2.1 CEUs)

*Jim Meadows, BSc PT, MCPA, COMP, NAIOMT and Roy Bechtel, PT, PhD*

December 5-7, 2008; Cost: \$525

### **Course Objectives:**

- Critically observe the patient for signs of systemic illness, musculoskeletal conditions, significant postural deficits, central or peripheral neurological lesions, and biomechanical dysfunctions
- Recognize the indications for referral out for medical intervention or further tests
- Distinguish relevant diagnostic criteria to rule in or rule out manipulation as an appropriate treatment
- Perform manipulations appropriate to the cervical spine
- Establish a scientifically-based and effective treatment plan



UNIVERSITY OF MARYLAND  
SCHOOL OF MEDICINE

## **OPPORTUNITY TO JOIN THE PTRS FAMILY**

For those practicing clinicians who would like to be involved with teaching and/or service to the Department, we offer the opportunity to develop academic credentials through a voluntary faculty position. In exchange for providing a minimum number of contact hours per year of teaching or other service to our department, we offer the following benefits:

- Library card (providing physical access) and access to training classes
- University email account (subject to UMB policies)
- Applicable university discounts (i.e., software, hardware, books)
- Teaching-development opportunities (peer review and training)
- Annual general faculty meeting and faculty/staff retreat
- UMB voluntary faculty appointment *Clinical Instructor* or *Clinical Assistant Professor* (based on credentials and renewed annually)

### **Please see our website for details!**

[http://pt.umaryland.edu/docs/PTRS\\_Volunteer\\_Faculty\\_Packet.doc](http://pt.umaryland.edu/docs/PTRS_Volunteer_Faculty_Packet.doc)

## Congratulations 2008 Graduates!



### Doctor of Physical Therapy – DPT

#### May 2008

Jason Scott Adams  
 Laura Linson Atwood  
 Erica Suzane Azizollahoff  
 Carolyn Michelle Baker  
 Rebecca Kathryn Bergwall  
 Genelle Lee Brune  
 Shannon Marie Campbell  
 Wendy Elizabeth Capochino  
 Caitlin Marie Cashen  
 Logan Cooper  
 Kimberly Renee Delich  
 Matthew Scott Dicks  
 Tatsiana Douhach  
 Kimberly Anne Ortanez Enderes  
 Dawn Nicole Geiger  
 Jamie Marie Hadaway  
 Michael Browning Hawkins  
 Jennifer Elizabeth Jenkins

Sarah Elizabeth Jones  
 Marisa Delay Krick  
 Angela Renee Levy  
 Allison Ardin Lynch  
 Kristan Leigh Malacrida  
 Jillian Eileen Mann  
 Julie Michelle Marchica  
 Amanda B. Martin  
 Jill Stern May  
 Ashley Morgan Melvin  
 Rachel Urban Mertins  
 Lindsay Anne Mohr  
 Gabriel Newman-Carroll  
 Natalie Scheer Nosal  
 Alaina Beth Nutwell  
 Vera Inge Philipsen  
 Janelle Marika Ralph  
 Jonathan Rosenblatt  
 Andrea Marie Smith  
 Alan Michael Snyder  
 Jonathan Thomas Stacey  
 Alexander Marcus Steiner  
 Lora Jean Stutzman

Catherine Maria Szyjka  
 Kara Nicole Towles  
 Hannah Carolyn Welch  
 Cara Ann Wettlaufer  
 Chaz LaRue Wiggins

### Transitional Doctor of Physical Therapy

#### July 2007

Shawntel K. Chin  
 Jamey Schrier  
 Elizabeth Courtney Wohlberg

### Doctor of Physical Therapy – DPT

#### December 2007

Wendy Elizabeth Benton  
 Angela Renee Levy  
 Melissa Ellyn Wohlberg

### Doctor of Science in Physical Therapy – DScPT

#### December 2007

Kathryn R. Cieslak  
 Michael Steven Coleman  
 Karen Suzanne Greeley  
 Minal Sandeep Jain  
 Amy Elizabeth Jones  
 Makenzie Mazin

### Doctor of Science in Physical Therapy – DScPT

#### May 2008

Connie C. Johnson  
 Tomoko A. Kim  
 Paul Lewis Lastova  
 Lee Elliott Miller

### Doctor of Philosophy in Physical Rehabilitation Science (PhD)

#### May 2008

Joseph Antonio Roche

## Student & Faculty Awards 2008

### **Glickman/Brass**

#### **Family Award**

*Provided by a generous donation from the family of David Glickman and Leslie Brass Glickman, PT '64. Presented to a DScPT graduate who demonstrates strong professional character, a high level of academic accomplishment, and completion of an exemplary final project for its rigor, creative qualities, and contribution to the profession of physical therapy.*

**Karen Suzanne Greeley  
Amy Elizabeth Jones**

### **Phi Kappa Phi**

#### **Honor Society**

*Honors the top 10% of the graduating class.*

#### **DScPT**

**Karen Suzanne Greeley**

**Connie C. Johnson**

**Tomoko A. Kim**

**Lee Elliott Miller**

#### **DPT**

**Allison Ardin Lynch**

**Jillian Eileen Mann**

**Rachel Urban Mertins**

**Kara Nicole Towles**

**Cara Ann Wettlaufer**

### **Senior Alumni Award**

*Honors the graduating student who has shown outstanding enthusiasm for the profession of physical therapy, the Department of PTRS, and the Alumni Association.*

**Allison Ardin Lynch**

### **Kendall Outstanding Graduate Award**

*Honors the student who has demonstrated overall leadership, academic excellence and clinical proficiency.*

**Logan Cooper**

### **Levine-Mandell Award**

*Recognizes a graduating senior who has demonstrated the caring and compassion that makes an outstanding clinician.*

**Hannah Carolyn Welch**

### **Elizabeth McCauley Award**

*Given for outstanding clinical proficiency.*

**Rachel Urban Mertins**

### **Dr. Frank H.J. Figge**

#### **Memorial Award**

*Given to the graduating student who excels in the study of human anatomy.*

**Cara Ann Wettlaufer**

*physical therapy through performance in course work and clinical affiliations.*

**Jill Stern May**

### **Satterfield/Care Resources**

#### **Pediatric Specialty**

#### **Academic Award**

*Funds for the award are generously provided by Jane Satterfield, PT '64, president and founder of*



**The Camden Pub**  
647 W. Pratt Street  
Baltimore, MD 21201  
**410-547-1280**

### **Welcome back students of the Department of Physical Therapy & Rehabilitation Science!**

Owned and operated by the Liberto family since 1990, The Camden Pub is Baltimore's best kept secret. Voted one of the top 3 best sports bars in Baltimore, we are your Orioles and Ravens pre-game party headquarters!

Stop by and take advantage of our great weekly specials!

*Featuring Overstuffed Sandwiches & Wings  
Private Room Available  
On and Off-Site Catering*

See our menu, specials and updates at  
**[www.camdenpub.com](http://www.camdenpub.com)**



Care Resources. This award recognizes the graduating student, with a minimum 3.0 cumulative GPA, who has participated in a pediatric-focused experience or research; and has declared an intent to work as a physical therapist in a pediatric setting.

**Kristan Leigh Malacrida**

**Mary Rodgers Student Research Award**

Recognizing the graduating student who has excelled in research activities.

**Lindsay Anne Mohr**

**Donald J. Hobart Award**

Given to the student who has demonstrated excellence in the areas of leadership, academics, compassion, and extra-curricular activities.

**Hannah Carolyn Welch**

**GGEAR Award (Geriatrics and Gerontology Education and Research Program)**

Given to the outstanding professional student

who has demonstrated a commitment to the field of gerontological studies.

**Chaz LaRue Wiggins**

**Who's Who Among American Colleges and Universities**

An honors program that recognizes outstanding students who have participated in professional activities, demonstrated academic excellence, and have displayed dedication to the program.

**Jason Scott Adams**

**Erica Suzane Azizollahoff**

**Carolyn Michelle Baker**

**Logan Cooper**

**Allison Ardin Lynch**

**Rachel Urban Mertins**

**Chaz LaRue Wiggins**

**Clinical Instructor of the Year**

Selected by the students as the most outstanding clinical instructor.

**Mark Schlichter, PT**

**Outstanding Faculty of the Year**

Selected by the students as the most outstanding faculty member.

**Sandy McCombe Waller**

**Outstanding Adjunct Faculty of the Year**

Selected by the students as the most outstanding adjunct faculty member

**Mark Hopkins**

**Outstanding Staff of the Year**



Selected by the students as the most outstanding staff member of the year.

**Angel Jackson**

# I can touch lives.


When you love where you work, you do your best.

It's that simple. That's why at Upper Chesapeake Health, we believe in cultivating a supportive atmosphere that lets you know just how much your skills and contributions are valued. Continued expansion at Upper Chesapeake Medical Center in Bel Air, MD has created opportunities for:

**Inpatient Acute Physical Therapists**

**Outpatient Physical Therapists with Pediatric experience**

Work with a diverse patient population in a dynamic and progressive team environment. We offer competitive compensation and structured professional support in a modern workplace setting. To qualify, you must be a graduate of an accredited PT program with a current Maryland license or eligibility. To learn more about us or to apply online, please visit our website at [www.uchs.org](http://www.uchs.org)

 **Upper Chesapeake Health**  
...Unparalleled

UNLIMITED POTENTIAL. UNPARALLELED OPPORTUNITIES.

[careers.uchs.org](http://careers.uchs.org) EOE

# THE DECADE OF LEADERSHIP CELEBRATION

October 15, 2008

PRESENTING SPONSOR



**Genesis HealthCare**<sup>SM</sup>



The University of Maryland School of Medicine's Department of Physical Therapy and Rehabilitation Science (PTRS) has been a leader in physical therapy education for over 50 years. Building on its strong foundation of fundamentals, the curriculum has evolved into a progressive physical therapy education program with a strong emphasis on clinical evidence through rehabilitation science. The Department of PTRS has educated nearly 2,000 clinicians and researchers and is nationally renowned, ranking 15th in U.S. News & World Report's list of top physical therapy programs. This year the department of PTRS is unveiling a new mission statement and strategic roadmap through 2011.

This year marks the 10th Anniversary for Mary M. Rodgers, PT, PhD as chair of the department. Dr. Rodgers was the driving force behind our strategic planning process and in recognition of her vision and enduring leadership, plans are underway for a series of celebratory activities and events on the 10th month of this year – October – which is also National Physical Therapy Month. We anticipate over 200 students, alumni, clinicians, and friends to participate in the variety of events that are planned.

12:00 pm – 1:30 pm

The Decade Club Leadership Luncheon

**The Gladhill Boardroom**

**UMB Health Sciences and Human Services Library,  
5th Floor, 601 W. Lombard St., Baltimore, MD 21201**

*A special invitation-only luncheon is planned to recognize enduring leadership in philanthropy. Our 1956 Society members and donors who have given consecutively for the past 10 years with lifetime giving of \$1,000 or more will be invited to have a private lunch with the Chair to hear about our current programs and strategic plans for the future. Special recognition will be given to our new Decade Club members.*

2:00 pm – 3:30 pm

Take 10! A Self-Tour of Baltimore

**On Your Own — Various Locations**

*Whether it's been a few years since exploring campus and Downtown or visiting Baltimore from out-of-state, alumni and friends will be given some free time to shop, sightsee, and tour the Inner Harbor and other destinations that are walking distance from campus. A tour of Allied Health Building classrooms and labs can be arranged for those interested.*

**NOTE:** RSVPs are required for all events.  
Please contact Joyce Johnson at 410-706-7721  
or [jjohnson@som.umaryland.edu](mailto:jjohnson@som.umaryland.edu)

\* Location subject to change.

4:00 pm – 5:00 pm

"Over the Decades" Alumni Reunion Reception

**The Gladhill Boardroom**

**UMB Health Sciences and Human Services Library,  
5th Floor, 601 W. Lombard St., Baltimore, MD 21201**

*This year marks the 50th reunion for our very first physical therapy graduates. All alumni will be invited to join us for a reception prior to the continuing education program to honor the class of 1958 with special acknowledgement to graduates of 10, 20, 30, and 40 years ago.*

5:30 pm – 10:00 pm

The Florence P. Kendall FREE

Continuing Education

**UMB School of Nursing Auditorium\*  
655 W. Lombard St., Baltimore, MD 21201**

*Florence Kendall was a pioneer in physical therapy. Along with her late husband, Henry, Florence was the driving force behind the establishment of the Department of Physical Therapy at the University of Maryland School of Medicine. In recognition of her numerous contributions to physical therapy education, our annual continuing education program has been named in her honor. Alumni, faculty, and non-alumni allied health professionals are invited to enjoy free continuing education as part of our annual October thank you celebration of the profession of physical therapy. Participants who complete the program will receive 4.0 contact hours.*

## Class Notes

**Deborah Holmes '75** is the owner of 'Complete Physical Therapy, LLC,' in Riverdale, Maryland. It is a general practice that also focuses on wellness and preventive health.

**Douglas Dillon '92** lives in Florida and is a physical therapist at Broward Health.

**Carol Kniess '93** shares, "I am in my second year of medical school at the Philadelphia College of Osteopathic Medicine and am looking forward to my future career as a physician."

**Kevin McLaughlin, DPT '03** opened a physical therapy practice named 'McLaughlin Physical Therapy and Hand Rehabilitation' in Jarrettsville, MD on January 7, 2008.

**Annie Pollhammer '03 and Mike Tadross '03** were married in May. Annie is a physical therapist at Union Memorial in Baltimore.

**Megan (Koziar) Wilson '03** and her husband Carl welcomed their second child Alexa Mary, on March 18th.

**Mary Naylor '03** wrote in an email, 'Ethan Allen Naylor was born April 1, 2008 at 6 pounds 11 ounces and 18.4 inches... He is a beautiful boy and Shawn absolutely adores his baby brother.'

**Kristin Mowry '06** shared via email, 'My husband Christopher and I just welcomed a beautiful baby boy on February 12th. His name is Aidan John Mowry. Also, I recently took over my father's practice, The Healing and Wellness Center of Kent Island.'

## Alumni on the Board of the Maryland Chapter of the APTA

**Carolyn Chanowski '87** President

**Diana Johnson '88** Secretary

**Sumesh Thomas '06** Director of Reimbursement

**Lynn Rudman '76** Chief Delegate

**Kathy Brady '00** Director of Government Relations

**Linda Horn '07** Director of Education



Jay's Restaurant Group is a Maryland Corporation that has existed since 1967. At our multiple Baltimore locations, we offer complete breakfast, lunch, & dinner menus with a strong emphasis on quality and health. There is a variety of soups, salads, sandwiches and rotating daily menu specials.

Visit us at:

**Jay's Deli and Catering**

*1309 N. Charles St.*

**XS Coffee, Sushi & Cocktails**

*1307 N. Charles St.*

**Viccino Jay's Italian Gourmet**

*1317 N. Charles St.*

**Neo Viccino Restaurant**

*1315 N. Charles St.*

**Jay's Baltimore Street Café**

*650 W. Baltimore St.*

**Jay's Wolfe Street Café**

*615 N. Wolfe St., 9th Fl.*

Our on-site catering is available for any occasion. For more information call 410-685-3861 or see our Web page:

**[www.jaysdeli.com](http://www.jaysdeli.com)**

## Leadership In Philanthropy

*The Department Chair  
Who Left A Legacy**Dr. Gladys E. Wadsworth  
Physical Therapy Research Fund*

Through her gifts, Dr. Wadsworth was not only able to provide lifetime income for herself and her family; she was able to nurture a more vibrant and robust research effort.

In 1956, Gladys Wadsworth, PT, PhD, the first chair of the department, saw a need. Even in those early years, she recognized the importance of continuing the acceleration of research to advance the body of knowledge of physical therapy.

So in 1992, when she moved from her home in Baltimore to a retirement community, Dr. Wadsworth decided to support this critical need in a big way. She wanted to establish an endowment, The Dr. Gladys E. Wadsworth Physical Therapy Research Fund, through a gift from her estate.

She recalled how much she appreciated the funding that she was awarded for her own research as a junior faculty member, which was made possible by a similar endowment established at the School of Medicine. "That was an important factor in my work," said Dr. Wadsworth. "So I decided that my gifts will provide research grants to promising faculty who will create and develop programs in the field of physical therapy."

But at the time, she was concerned for the health of two of her closest relatives. Specifically she wanted to find a way to ensure that her family members were provided for as long as possible during their lifetimes.



Dr. Wadsworth  
(center) with the class of 1958.

How could she make this very significant gift to support future physical therapy research while also providing for her family?

For Dr. Wadsworth the answer came in the form of two gift annuity arrangements with our foundation. With part of her estate, she arranged for these annuities

***Dr. Wadsworth was not only able to provide lifetime income for herself and her family; she was able to nurture a more vibrant and robust research effort. Moreover, she will be remembered in a lasting and meaningful way through the enduring endowment created in her name.***

to provide lifetime distribution payments to her, and then to her relatives for the rest of their lives. By doing so, she assured financial support for her family without materially affecting her charitable plans for the department. Plus, she was able to claim an income tax deduction for a substantial amount of her gifts.



In addition, Dr. Wadsworth named the department as the last beneficiary in her Will. By leaving the balance of her estate to the department, she would make certain that her endowment would continue to grow long after she was gone.

Today the principal of this endowment is over \$360,000. This fund will produce critical income each year to seed promising new research that could eventually draw NIH grants, or provide bridge funding for research-related expenses not covered by existing grants.

“Our research program is greatly bolstered by gifts like Dr. Wadsworth’s,” comments Mark W. Rogers, PT, PhD, FAPTA, vice chair for research and director of the PhD program in rehabilitation science. “They make it possible for us to pursue pioneering new avenues of discovery and maximize already meritorious projects with high potential to advance societal health.”

Through her gifts, Dr. Wadsworth was not only able to provide lifetime income for herself and her family; she was able to nurture a more vibrant and robust research effort. Moreover, she will be remembered in a lasting and meaningful way through the enduring endowment created in her name.

For more information on how you can leave a legacy through your estate plans contact Karen McGuire at 410-706-8688 or [kmcguire@som.umaryland.edu](mailto:kmcguire@som.umaryland.edu).

## Annual Fund Results FY07

Now that our fiscal year has come to a close, we are happy to report on the results of our fund raising efforts for the Department of PTRS. Here are some highlights:

- Total annual fund income was \$57,000, which is a 19% increase from fiscal year 2007.
- Corporate sponsorship increased to \$16,850 which is 14% higher than last year.
- Gifts from non-alumni friends more than doubled this year to over \$9,000.
- There was an increase in the total number of gifts from alumni, however the pledge average decreased from \$100 to \$80.
- Additionally we received a bequest of \$212,500 restricted for research.

Given the uncertain times in our economy, we truly appreciate every gift we received this year, no matter how large or small. Annual fund income is critical for the continuation of our academic, research, and alumni programs. Each year we receive less support from the State of Maryland, and as you know costs are increasing every day. Your annual gifts provide sustained support to help the department bridge the gap, so we can sponsor student activities, purchase new lab equipment, and reach out to our alumni with programs like The Florence Kendall Free Continuing Education. In addition many gifts support scholarships, academic awards, and research.

We rely on your ongoing support to ensure the future of our programs. Please take advantage of the envelope in this magazine to make your 2009 annual gift early. If you are an alumna/alumnus and your gift is received before February 1, 2009, we promise we will not telephone you during our annual phone-a-thon. Thank you!

## Give Online

Go to [www.giving.umaryland.edu/giveonline](http://www.giving.umaryland.edu/giveonline).

**STEP 1** Select where you want to direct your gift: **Physical Therapy Annual Fund**.

**STEP 2** If your gift is restricted to a particular fund or purpose, or if it is being made in memory or on behalf of someone, type details in the **Specific Instructions** box under the section titled **Affiliation Information**.



she's  
**A REMARKABLE  
PERSON.**



We need more  
**JUST LIKE HER.<sup>SM</sup>**

We have openings for dedicated therapists who want to make a difference. Enjoy the outstanding benefits and career advancement only Genesis offers.



**Genesis HealthCare<sup>SM</sup>**

**Genesis**  
Rehab Services<sup>SM</sup>



**Find out why more than 5,000 licensed therapists  
have chosen Genesis Rehab Services.**

**Now Hiring  
PHYSICAL THERAPISTS  
and other rehabilitation professionals.**

---

**APPLY NOW!**

at **[www.genescareers.jobs](http://www.genescareers.jobs)**

*Fax resumé to* **Derek Clayton** at **610-925-4455**

*or call* **1-877-403-JOBS**

**We answer 24/7.**

## REPORT OF GIFTS

### ANNUAL FUND DONATIONS FOR FISCAL YEAR 2008

**July 1, 2007 through June 30, 2008** The symbol (\*) next to a donor's name indicates that the person or organization is a member of our Ironman Club, which was initiated to recognize those who have made a contribution each year for at least three consecutive years. These donors understand that we count on their contributions every year to carry on the tradition of excellence within the department.

Because every donation matters to us, we make every effort to ensure the accuracy of our annual report. The following list includes gifts and pledge payments made between July 1, 2007 and June 30, 2008. Alumni of the Department of PTRS with multiple degrees are recognized by their most recent degree year. If you believe an omission or error has been made, contact Karen McGuire at 410-706-8688.

Thank you to all who made a donation this past year. Your contribution makes it possible to strengthen our department and improve the quality of education for future physical therapy students.

#### The 1956 Society (\$5,000+)

George R. Hepburn '74/  
Dynasplint Systems Inc. \*

#### Golden Circle (\$2,500-\$4,999)

Good Samaritan Hospital of  
Maryland/MedStar Health

National Rehabilitation  
Hospital/MedStar Health

Dale G. Martin/AAALAC

Jon C. Waxham '98 /Maximum  
Performance Physical  
Therapy, Inc.

Thomas W. Yates '98/  
Maximum Performance  
Physical Therapy, Inc.

#### Maryland PT Society (\$1,000-\$2,499)

Harry M. Brafmann '64 \*

CareOne/NJC Construction  
Management LLC

Concentra Health Services

Gentiva Health Services, Inc.

Leslie B. Glickman '64 \*

Kernan Hospital \*

Nancy Placide '89 and  
Ricky J. Placide '89 \*

Mary M. Rodgers \*

Jane S. Satterfield '64/  
Care Resources, Inc. \*

Nicole Skinner '91 \*

TLC Health Care Services, Inc.

#### Milestone Club (\$750-\$999)

PRO Physical Therapy

Arlene Ross '93 \*

Karen Sack \*

Upper Chesapeake  
Medical Center, Inc.

Sandra McCombe Waller '04 \*

Dawn Wilson

#### Anniversary Club (\$500-\$749)

Jodi Cascio '81 and

Salvatore J. Cascio '81 \*

Samuel H. Esterson '03 \*

Ryan Fahler

Donald J. Hobart \*

Island Quizine, Inc

James & Virginia Newmyer  
Family Fund/Community

Foundation Natl Capital Region

Charles A. Kibbey, Jr. '77 \*

New Dimensions, LLC.

Jim Pitz

University of Maryland  
Medical System

Candice Van Iderstine '77 and  
Richard L. Van Iderstine '77 \*

Michael D. Wah '82 \*

#### Founders Club (\$250-\$499)

Gad Alon \*

Career Placements, Inc.

Coyote Graphics

Katherine S. Davis '06 \*

Seema S. DeVasthali '80/Blood  
and Cancer Clinic, P.A. \*

James Faddis  
Genesis Rehabilitation Services  
Mary Anne Gingerich '79  
Jon D. Laking '85/  
Laking Therapy Services, LLC \*  
David Levin  
M2 Physical Therapy  
David L. Malone '84  
Gregory F. Marchetti '83  
Karen McGuire \*  
Red River  
Martin G. Roecker '75  
Gregory J. Silva '69 \*  
Doris B. Solomon \*  
R. Dale Stephenson \*  
Mark Valente  
Jill Whitall \*  
Margaret A. Zastrow '77 \*

### Century Club (\$100-\$249)

Colleen L. Armentrout '98 \*  
Cynthia L. Baker '66 \*  
Christine Symonds Berger '93 \*  
Marilyn G. Bernache '65 \*  
Raymond H. Bitzel, Jr. '84/  
Bitzel & Associates PT PA  
Mary T. Blackinton '83  
Laura M. Blair '92 \*  
Carrie L. Bodin '02  
Lynn Bornstein  
John W. Bowling, Jr. '80  
Edna T. Breit '76 \*  
Robert P. Buhr '86 \*

Carroll Sports Rehabilitation &  
Physical Therapy, LLC  
Nona J. Cedrone '96  
Champion Diamond Tools, Inc.  
Carolyn E. Chanoski '87 \*  
Robert S. Cohen '92 \*  
Joseph E. Colgain '81  
Robin L. Confino  
Vincent M. Conroy '05 \*  
Kirk A. Conway '91/  
K. Conway Physical  
Therapy, Inc.  
Ann Copeland '78 and  
James T. Copeland '78 \*  
Dankmeyer, Inc. \*  
Sandra Davis '70 \*  
Susan L. Doherty '87 \*  
Deirdre D. Douglass '79 \*  
Charles C. Dudley '00  
Eastern Shore  
Physical Therapy, Inc.  
Margaret Anne Finley '03 \*  
Eugene F. Ford, Jr. '93 \*  
Larry W. Forrester \*  
Karen M. Fowler '74  
Bonnie B. Gateau '83/  
Gateau Physical Therapy, Inc.  
Jeffrey L. Gonce '88 \*  
Edward M. Hankard '73  
Donna M. Harrigan '79 \*  
Margaret and John Higgins  
Robert P. Hoyt '75 \*  
Angel D. Jackson \*  
Emile Tonas Kalil, III '85 \*

Ronna Ross Keagle '01  
Lori Ann Ketler '89  
Randall E. Keyser \*  
JoAnn E. King '87 \*  
Andrea J. Kline '87  
Diana J. Larson '86 \*  
Mammojam Music Festival, Inc.  
Carole A. McMenamin '70 \*  
Dixie L. Miliner '58 \*  
Bruce W. Morgan '00  
Monica C. Murray '87 \*  
George P. Prevas '81/  
Baltimore Sports  
Rehabilitation \*  
Michelle Rankin  
Cheryl Resnik '74 \*  
RSM Physical Therapy  
Lynn N. Rudman '76 \*  
Jennifer L. Rund '90 and  
John Rund, Jr. '90 \*  
Sava Senior Care  
Rodney W. Schlegel '64/  
Schlegel & Vrankin, P.T., P.A. \*  
Linda L. Sharp '76 \*  
Deborah J. Siegel '95 and  
Donald G. Siegel '95  
Meredith L. Snyder-Ofstead '98  
Kathleen Q. Specht '83  
Susan D. Staples '93 \*  
Carla J. Steinberg '00  
Stifel Nicolaus & Company  
Linda E. Paferi '81 and  
Steven H. Tepper '90 \*  
Sharon O. Topley '91



Elizabeth Tuleya Knerr '72 \*  
 Federico Villagra \*  
 Carol L. Walker '89  
 Mary Jane Ward '92 \*  
 Florence M.  
   Whiteley-Binkewicz '68 \*  
 Cynthia J. Wike '83 \*  
 Lois Wions  
 Cindy H. West '78 \*  
 Albion J. Yesilonis '99 \*  
 Stanford W. Zinn '78

### Friends (up to \$99)

Karen E. Abraham-Justice '89 \*  
 Phyllis E. Adams '77 \*  
 Edna Rezende Albuquerque  
 Kathleen O. Arney  
 Melissa S. Arney '92 \*  
 Robert G. Asbury  
 Linda A. Ashdown '83 \*  
 Julie A. Bailey-Plummer '90  
 Bonita B. Barger '75 \*  
 Michele Barkalow '75 \*  
 James B. Barnhart '87  
 Kelly J. Basalla '91 \*  
 Mary M. Beaman '73 \*  
 Lori F. Bennett '86  
 Boaz I. Bennof '98 \*  
 Sean B. Bergesen  
 Leigh E. Bertsch '83  
 Teresa R. Blem '80  
 Christine M. Blume '90 \*  
 Christine G. Bohmer '77 \*

Erin W. Boland '87  
 Judith Bowden '70 \*  
 Benjamin Boyle  
 Beth A. Breisch '96  
 Shirley S. Briscoe '89  
 Andrew Brown  
 Laura M. Brown '86  
 Catherine D. Burghardt '81  
 Lucy M. Burnett '90 \*  
 Jennifer Carmichael '00 \*  
 Mary K. Casey '81 \*  
 Ann-Marie D. Champ '93  
 Kelly G. Clawson '91  
 Hal Cohen  
 Susan L. Cohn '75  
 Sharon A. Conjar '81 \*  
 Christine R. Constantino '02  
 Susan G. Daily-Imbach '77 \*  
 Asha I. Damdar '95  
 Scott Damiecki  
 Carol R. Dansberger '84 \*  
 Janet M. De John '88  
 Carol R. Devan '74 \*  
 Douglas S. Dillon '92 \*  
 Karen Dobbs '76  
 Brenda W. Dooley '69  
 Deborah C. Dorcus '72  
 eFundraising.com Corp. Inc.  
 Robert Emmet  
 J. Scott Eutsler '78  
 Kathleen Faas '78 \*  
 Marlene D. Fischer  
   Bandfield '75 \*

Carol E. Folkerts '83 \*  
 Kimberly A. Fox '96  
 Carol G. Gratz '72 \*  
 Barbara S. Gilliss '82 \*  
 Diane B. Goldman '78 \*  
 Deborah Goldstein '81 \*  
 Deborah L. Goodwin '05  
 Michelle Gordon '78  
 Grace S. Griffith '78 \*  
 Cheyne Griswold  
 Ellen A. Gutow '58 \*  
 Robert Hambrecht  
 Janet W. Harbeck '82  
 Ashley Harper Bergesen  
 Jeffrey P Hawk '99 \*  
 Maria E. Heffter '95  
 William D. Hodges, Jr. '70 \*  
 Luann Hollenberger '90 \*  
 Janet M. Horn '82 \*  
 Linda B. Horn '07 and  
   Thomas H. Horn, Jr. '83 \*  
 Elizabeth J. Hyde '73 \*  
 Rene Iannuzzi '93 \*  
 Marian Jellick Jarina '77 \*  
 Diana J. Johnson '88  
 Richard J. Katz '75 \*  
 Ann L. Keefer '85  
 Marlene B. King \*  
 Teri H. Knowles '79 \*  
 Amelia J. Davis Krebs '77  
 Anna M. Lawrence '85 \*  
 Eileen Leaman '69 \*  
 Katherine B. Lesko '85

Edward Levicoff	Michelle G. Prettyman	Gary W. Terle '82 *
Vibeke Lindblom	Mary Jane Pudhorodsky '75	Pamela B. Titus '63 *
Lawrence A. Luskin	Ineke E. Rawie '78/ Rehab Therapy Services, Inc. *	Syndia Torres
Jenna B. Mace '00	Bridget Q. Ray '80 *	Jeri Valentine '77
Jonathan P. Maier '90 *	Reisterstown Physical Therapy	Robert J. Varley '84
Stacey A. Malat '77 *	Lizabeth Anne Richardson '95	Susan E. Vette '82 *
John W. Mann '95	Arlene M. Roberson '66	Kelly A. Volk '03
Margaret W. Wheelock Unit National Assoc. of Parliamentaries	Kathleen Rodriguez '75	Brian A. Watson '07
Valerie B. Marshall '78 *	Susan Rosenblum	Denise M. Weber
Kevin M. Mc Laughlin '03 *	Margaret Rowe '76 *	Herbert E. Weiss '81 *
Roni L. McCarthy '78	Laren C. Rusin '06	Cynthia White
Gia J. McDaniel '96	Mary Joan Sacchetti '68 *	Barbara and Samuel D. Williamowsky
Patricia W. McFarland '64	Jan H. Samet	Mary A. Wilson '80 *
John G. McKernan '79 *	Sylvia A. Samet	M. Fay Wilson '84
Deborah S. McNerney '82 *	Alyssa Sapia *	Kathleen L. Witty '80
Kenneth B. Miller, Jr. '80 *	Janet S. Slayton '82 *	Jin S. Yang '83 *
Bernadette T. Murphy '87 *	Cindi Schrum '85 *	Tamela J. Young '84 *
Shannon O. Murphy '02 *	Susan J. Schwenz '85	Marshall H. Yount '98
Jenise D. Murray '97 *	Patricia Scobie and John Rodman Myers	Wai Kwan Yuen
Mindy A. Nadel '78	Michael Seek	Dennis Yutchishen '70
Wendy A. O'Brien '78	Jennifer A. Sermas '04	Linda J. Zant '75 *
Mary Beth O'Herron '76	Suzanne L. Sevier '94	
Diane Padgett	Christopher Shade	
Lisa E. Paul '78 *	Dana Siegel	
Mary Lee Pement '86 *	Geri and Marc H. Sliffman	
Janis G. Peters	Ronald D. Smail '75 *	
Michelle Petrongolo	Terri-Sue Beck '87 *	
Lisa Phillips '87 *	Sharon L. Sniffen	
S. Michael Plaut	Matt Solomon	
Sharon T. Pohl '87 *	Lucinda Spurgeon	
Coren C. Point, II '03	Thomas E. Taylor *	



Lindsay Mohr, DPT 2008 at Research Day



PTRS Faculty at Graduation 2008



Rachel Urban Mertins, DPT 2008 stands in front of The National Stadium at the 2008 Summer Olympics in Beijing, China



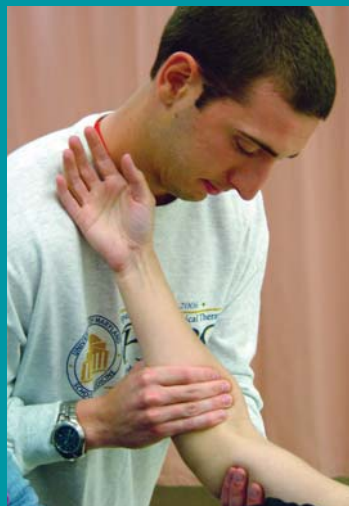
Chris Mizelle & Shih Chiao Chang, new PhD graduates



DPT Class of 2010 participates in the Great Strides Cystic Fibrosis Walk



Nicole Silcox, Amy Dexter, Evan Crowell, Lindsay Martin, and Alexandra Senor at the annual Pizza Party



Chad Keller, SPT 2009



Surface anatomy Class of 2011



# ADMISSIONS

The Department now accepts Entry-Level DPT applications through the new Physical Therapist Centralized Application Service (PTCAS). This endeavor is being promoted by the APTA in an effort to simplify the application process for all prospective physical therapist students. PTCAS is a web-based application and allows the prospective student to submit one application and distribute to multiple PT programs. Please visit [www.ptcas.org](http://www.ptcas.org).

## Academic Profile for Admitted Students: June 2008

Cumulative GPA (All undergraduate work).....	3.63
Pre-requisite GPA (Required courses).....	3.60
Average Verbal GRE.....	500
Average Quantitative GRE.....	619
Average Analytical Writing GRE.....	4.5

## DPT Application Statistics

	2008	2007
Applied	243	243
States	22	21
Maryland	62.5%	54%
Out-of-State	37.5%	46%
Female	80%	72%
Male	20%	28%

## CREDITS

### George R. Hepburn Dynasplint Professor and Chair

Mary M. Rodgers, PT, PhD  
[mrogers@som.umaryland.edu](mailto:mrogers@som.umaryland.edu)

### Vice Chair for Academic Affairs & Director of the Entry Level Program

Ellen Wruble Hakim, PT, DScPT  
[ewruble@som.umaryland.edu](mailto:ewruble@som.umaryland.edu)

### Vice Chair for Research and Director of the PhD Program in Rehabilitation Science

Mark Rogers, PhD, PT, FAPTA  
[mrogers@som.umaryland.edu](mailto:mrogers@som.umaryland.edu)

### Director of Student Affairs

Angel Jackson  
[ajackson@som.umaryland.edu](mailto:ajackson@som.umaryland.edu)

### Associate Director of Development

Karen McGuire  
[kmcguire@som.umaryland.edu](mailto:kmcguire@som.umaryland.edu)



Department of Physical Therapy

**PIRS**  
& Rehabilitation Science

UNIVERSITY OF MARYLAND  
SCHOOL OF MEDICINE

**Editor:** Alyssa Sapia

**Graphic Design:** Bevel Design

**University of Maryland School of Medicine**  
**Department of Physical Therapy & Rehabilitation Science**  
100 Penn Street, Baltimore, MD 21201-1082  
410-706-7721



Department of Physical Therapy

**PIRS**  
& Rehabilitation Science

UNIVERSITY OF MARYLAND  
SCHOOL OF MEDICINE

100 Penn Street  
Baltimore, Maryland 21201-1082

PRSRT STD

U.S. Postage

**PAID**

Baltimore, MD

Permit No. 3107