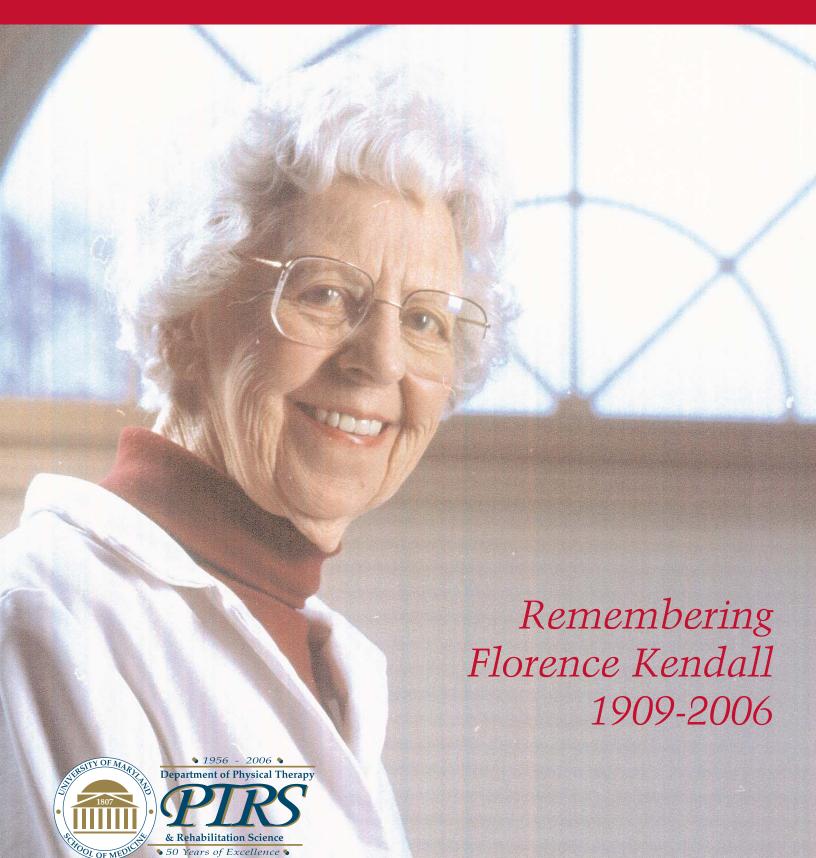
FALL 2006

UNIVERSITY OF MARYLAND SCHOOL OF MEDICINE DEPARTMENT OF PHYSICAL THERAPY & REHABILITATION SCIENCE

# **PROFICIO**

HELPING, ADVANCING, MAKING PROGRESS IN PHYSICAL THERAPY



University of Maryland School of Medicine PTRS Alumni Association Executive Board January 1, 2006 – December 31, 2006

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Associate Director of Development

#### On the Cover:

Florence P. Kendall, PT, FAPTA

#### **UPCOMING CALENDAR OF EVENTS\***

#### **OCTOBER**

13 Kendall Day, 1-7 p.m.

Free Continuing Education Seminar: "Movement System Impairment Diagnoses of the Shoulder and Hip: Building on the Kendall Foundation," taught by Shirley Sahrmann, PT, PhD, FAPTA, and Bill Romani, PT, PhD, School of Nursing Auditorium, 1-5 p.m.

Kendall Symposium: A Tribute to Florence Kendall, Gladhill Board Room, Health Sciences and Human Services Library, 5-7 p.m.

Class Reunions: TBA, 7 p.m.

28-29 Continuing Education: "Clinical Anatomy of the Upper Extremity," taught by Vincent Conroy, PT, DScPT, Allied Health Building, (1.2 CEUs)

#### **DECEMBER**

2-3 Continuing Education: "Therapeutic Technologies," taught by Gad Alon, PT, PhD, Allied Health Building, (CEUs TBA)

8-10 Continuing Education: "Biomechanical Evaluation of Treatment of Cervical Spine and TMJ," taught by Jim Meadows, BScPT, MCPA, COMP, NAIOMT, Allied Health Building, (2 CEUs)

#### **JANUARY**

11 Career Day, MSTF Auditorium, 9 a.m.-noon

#### **FEBRUARY**

14-18 APTA Combined Sections Meeting 2007, Boston, Mass.

TBA PTRS Alumni Phone-a-Thon

#### **APRIL**

20 DPT Pinning Ceremony, Davidge Hall

#### MAY

4 Research Day, featuring keynote speaker Krista Vandenborne, PT, PhD, professor and chair of the Department of Physical Therapy at the University of Florida

17 Pre-Commencement Ceremony, School of Nursing Auditorium

18 UMB Commencement, 1st Mariner Arena

School of Medicine's Bicentennial Gala, Baltimore Convention Center, 7 p.m.-midnight

\* NOTE: Times and locations are subject to change. For updated information, please consult our Web site at <a href="http://pt.umaryland.edu">http://pt.umaryland.edu</a>.

#### FALL 2006 • ISSUE I5

# **PROFICIO**

HELPING, ADVANCING, MAKING PROGRESS IN PHYSICAL THERAPY

*Proficio* is a publication of the University of Maryland School of Medicine's Department of Physical Therapy and Rehabilitation Science, 100 Penn St., Baltimore, Md., 21201. Archived copies of *Proficio* and the *PTRS Newsletter* are available in PDF format at *www.pt.umaryland.edu*.

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#### Letter from the Chair



This issue of *Proficio* is dedicated to the memory of Florence P. Kendall, who passed away earlier this year. As Florence's academic home since the inception of our program, we in the department miss her tremendously. We were honored that several of her family members

were able to attend our graduation pre-commencement ceremony, where we presented them with the plaque that now adorns the Kendall Conference Room in our building.

This was the first pre-commencement in many years that we were without Florence who always could be counted on to attend. When she was introduced at the ceremony, she would stand up and acknowledge the crowd's inevitable standing ovation with her big, wonderful smile.

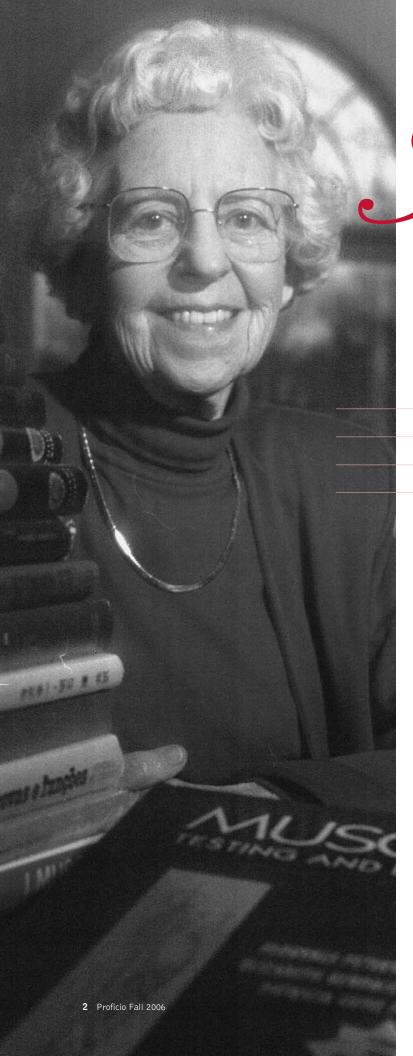
In October of each year we have a Kendall Symposium, which has featured such guest speakers as Ben Massey, the president of the APTA, and author Jackie Pflug. This year we will be celebrating a special "Kendall Day" on Oct.13, honoring Florence and marking the end of our 50th anniversary year. Please read on to learn about the exciting events planned for the day, including a free continuing education seminar, shared memories by friends and family, and class reunions!

This has been a busy year for the department as we prepared for our accreditation site visit, which took place at the end of June—many thanks to all of those who worked so hard on gathering the self-study materials and to those who met with our site visitors. It was a nice opportunity to show others what a fine program we have. We look forward to receiving the final report at the end of this year.

We also want to acknowledge two outstanding faculty members who are moving on to new opportunities: Kathy Davis and Vickie Moerchen. They will be missed! See you in October!

Mary M. Rodgers, PT, PhD

George R. Hepburn Dynasplint Professor and Chair



# Forence Kendall

BY MICHELE WOJCIECHOWSKI

On Jan. 28, 2006, the physical therapy field lost one of its most influential leaders when Florence P. Kendall passed away from cancer at the age of 95.

In a tribute to Kendall, the Department of Physical Therapy and Rehabilitation Science (PTRS) wanted to present something more than a simple retelling of the story of her life, so we got in touch with people close to her and asked them to reminisce.

#### The Early Years with Family

Born Florence Peterson in 1910, Kendall was one of 14 children born on a Minnesota farm that had no electricity, running water, or heat. After obtaining a degree in physical education at the University of Minnesota, she taught physical education in high school before deciding to pursue another occupation. One of her daughters, Susie Nolte, said, "She decided she wanted to go into medicine, but she didn't like blood."

Physical therapy was a new, and bloodless, health care specialty; Kendall began training in the discipline at the Walter Reed Army Medical Center in Washington, D.C., in 1931. Not long afterward, she met the man who would become her husband, physical therapist Henry O. Kendall. The husband and wife



team would go on to make numerous contributions to the field of physical therapy.

In addition to their groundbreaking professional work, the Kendalls also raised three daughters: Susie Nolte, Elizabeth "Betsy" Kendall McCreary, and Florence Kendall Tyler.

Nolte recalled that even though her parents worked a great deal, especially with polio patients during the 1940s and 1950s, her mother always had time for the girls.

"Somehow or another, she managed to be a Brownie leader," laughed Nolte. "And when the Brownies met at our house in the basement, she always had terrific projects. She was a very good Brownie leader. She loved doing it and loved making things—she would have loved to have been a carpenter. She built us a fabulous playhouse ... All the kids played in it."

#### Right is Right, and Wrong is Wrong

Although Kendall was kind and widely loved, she was also known for being stringent about doing things correctly. During Kendall's eulogy earlier this year, her daughter Betsy McCreary spoke about her mother's persistence.

She recalled, "In 1991, at the end of a roast, the emcee asked the family, 'If Florence had not been a physical therapist, what do you think she would have become?' My niece, Kirsten, answered immediately, 'a drill sergeant!""

Bill Romani, assistant professor in the department, was one of the co-authors of the fifth edition of Kendall's book, Muscles: Testing and Function with Posture and Pain. "I think a lot of the characterizations as a drill sergeant, perfectionist, or task master were derived from her real belief that if you weren't taking the time to do it correctly, you were wasting your time—and the patient's time," he said.

Shirley Sahrmann, a former colleague of Kendall's, said, "I think she was just pretty direct ... Her idea was not to intimidate or embarrass, but that if you were going to do something, you should do it right.

"Yet, with that wonderful smile and the white hair and the 'everybody's grandmother' look, you just couldn't



A grade school photo of a young Florence Peterson.

help but love her. Then you'd be so off-guard when here comes your grandmother calling you down."

Sahrmann recalled a discussion with Kendall while they were working on the fourth edition of Muscles: Testing and Function with Posture and Pain. "I said something about signs and symptoms and my understanding of what they meant. She got that funny little quizzical look on her face, which made me wonder what she was thinking.

"The next day I found out when Florence said, 'Shirley, the dictionary is wrong.' She had carefully analyzed the definitions of signs and symptoms in the dictionary and pointed out the inconsistencies and the violations of the rules of word usage.

"So what did we do? We went to the publisher to get the dictionary changed. And what did he do? He changed the definitions. Right is right, and wrong is wrong," said Sahrmann.

It's not surprising that Kendall was also a professional parliamentarian for several large organizations and a local women's club. In typical Kendall fashion, knowing Robert's Rules of Order and how to run meetings

wasn't enough. She decided to put everything a person would need to know about running a meeting on a placemat. She woke up in the middle of the night with the perfect name for it—"Lay it on the Table"—a popular parliamentary term. She had 20,000 printed, and people from across the nation ordered them.

#### Like the Energizer Bunny

Kendall was known for having seemingly endless energy. "She never stepped out of the profession at all," said Sahrmann. "She loved teaching. She loved the interaction with students ... She drew people like a magnet."

2005 was the first year that Kendall did not teach in the department, said Romani. Until then, Kendall taught content in the Basic Sciences III block. "She



taught the extensibility testing and posture up until she was 94. She would come in and do a three-hour lecture and then take a break, which usually consisted of me going across the street to get her a turkey sandwich, dry, with dressing on

the side," recalled Romani.

"She would eat lunch, but Florence would spend that hour signing books, and she would go right back into a three-hour lab. I'd be exhausted at the end of six or seven hours, and she would be ready to go. That was amazing."

Her family recognized her non-stop energy as well. "She had such enthusiasm," Nolte said. "So it was fun to have her around.

"She was very helpful. If anyone was doing something—if any of her grandchildren were moving—she would be the first one there. Packing and unpacking, she loved all that. She loved group projects."

And Kendall loved to dance. In June 2005, she was attending a dinner and Sahrmann recalled that Kendall was the last person off the dance floor. If her regular dance partner was dancing with someone else, she wasn't shy about "cutting in."

As recently as one month before she passed away, Kendall was dancing with her granddaughter at a New Year's Eve party held at Sunrise of Severna Park, the assisted living facility where Kendall lived. "Dancing was her favorite exercise," said McCreary in her eulogy.

To her close-knit family, Kendall was known as "Amma," courtesy of her first grandchild who couldn't say "grandma" when he learned to talk. Kendall loved it because she was "grandma" without the "grrr."

In the 1970s, when citizens band (CB) radios became all the rage, the ever-adventurous Kendall purchased one. Her handle was Wonderamma. She thought the CB would be great to have—until she heard what a lot of the truckers were talking about. "Then she didn't use it anymore," said Nolte.

#### One Thing She Wouldn't Do

Nolte recalled that there was only one thing her mother didn't do. That was take a vacation. All her trips dealt with work. Her granddaughter tried for years to convince Kendall to take a cruise, but she never had time.

One year, however, Nolte said the family did talk Kendall into going to the beach with them. She sat in the apartment day after day, working and writing. "We finally got her to the beach, and we were sorry we did. She was looking around at everyone's posture!" said Nolte.

"She would go over to people and ask if she could photograph their lordosis when they didn't even know they had one. She would say, 'I'm working on a paper, and I wonder if you would like to become a subject.'

"We were moving our blankets farther away hoping they wouldn't know that we were with her!" said Nolte. "Life was never boring."

#### The Fifth Edition

The fifth edition of Kendall's book, *Muscles: Testing and Function with Posture and Pain*, was published in 2005. Romani recalled extensive discussions with educators in 2001 about how to improve the book. "I think Florence was very hesitant to delve into writing a fifth edition of the book because she realized what that involved," said Romani.

After he had conducted a weekend seminar with Kendall in Chicago, they were sitting in Chicago's O'Hare International Airport on a layover, when the topic of her book came up. She asked him what he thought about the suggested changes to the book. "After a weekend of teaching and being on her feet all day—

and after sitting in an airport for a couple of hours she was ready to talk about the book," said Romani.

They began talking about chapter content and how the chapters should be arranged. Then they came up with an outline for the book—and they wrote it down on a napkin.

Mary Rodgers, chair of the department and also a coauthor of the fifth edition, remembered spending time with Kendall at her daughter Susie's house in Severna Park, Md. Any time that Kendall wanted to work with someone, she invited the individual to the house. "I would block out a whole day on the weekend," said Rodgers.

Kendall was a doting hostess and would begin by serving cookies and tea, or a meal followed by ice cream, but then she got down to business. "I loved being with Florence," Rodgers added. "I really came to feel that I was part of the family, and she went to great lengths to make me feel that way."

#### Not the End, But the Beginning

Kendall was determined that she was going to beat the cancer that was diagnosed in September 2005. Up until the end, she kept living her life to the fullest. Right before she died, Kendall wanted to drive her 1985

Cadillac one more time. Nolte brought her car to a parking lot across the street from the assisted living facility where her mother was living, and Kendall walked out to take it for one more spin.

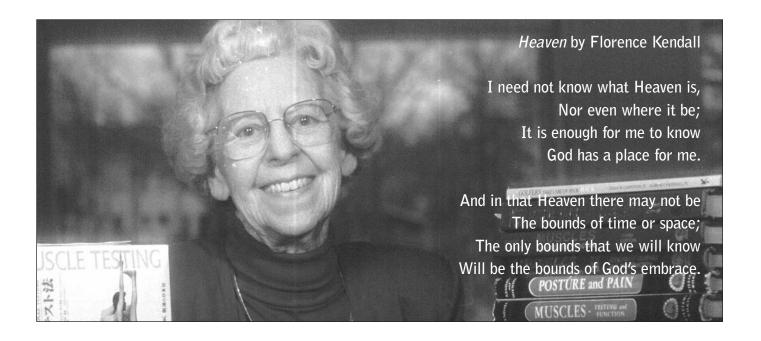
"Mother loved to drive," said Nolte. Kendall told her granddaughter, "I just had to get my hands around that wheel one more time!"

Even though Kendall never talked about it, Nolte believes that her mother eventually accepted her disease. "She never complained. When she finally did decide she was not going to make it, she just got very excited about what was ahead."

Kendall's colleague Sahrmann said that she was busy giving her family tasks to complete in case she wasn't able to do them. "Typically, she was still thinking of ways she could help others," said Sahrmann.

"When you'd go to see her there—at Sunrise—it was like a party," said Nolte. "People would leave there smiling." She had people singing hymns right up to the last, the very last. It was amazing."

Michele Wojciechowski is an award-winning freelance writer and editor in Baltimore, Md., and a frequent contributor to Proficio.





BY MICHELE WOJCIECHOWSKI

With the 50th anniversary of the Department of Physical Therapy and Rehabilitation Science (PTRS) concluding this year, *Proficio* is continuing its series of reconnecting with former class members. In this issue, we talk to members of classes from the 1980s and 1990s.

# Keeping Alumni Connected

#### Linda Teodosio, 1984

If it weren't for Linda Teodosio, you might not be reading this right now. In 1985, she and fellow classmate Dan Gordon approached Donald Hobart, PhD, about starting the School's first physical therapy Alumni Association. Hobart liked the idea and helped them get the association up and running.

Teodosio took a break from the Alumni Association soon after its founding to start a family with her husband, Fred. Now she's become very active again.

She is on the alumni Board of Directors and is enrolled in the department's DScPT program. Although she was initially apprehensive about returning—because she had been out of school for more than 20 years—Teodosio loves the program.

"The DScPT program has rejuvenated my passion for wanting to learn more," she says. "I look forward to trying to join the ranks of the DPT one day."

Teodosio was also accepted into Boston University's doctoral program but chose the School of Medicine's program. "I got so much out of the University of Maryland, and I still keep in touch with some of the professors," she says.

Since 1989, Teodosio has been working as a physical therapist in the home health care field. In 2002, she became the assistant director of clinical services for TLC Health Services and began managing its rehab team.

For the last two years, she has also been helping Hobart convene the selection committee for his scholarship, the Donald J. Hobart Scholarship Fund. (Students nominate fellow students upon completing the first year of the DPT program. Applicants must demonstrate compassion and leadership in academics and extra-curricular activities. Recipients receive \$2,000 over a two-year period.)

Teodosio has enjoyed meeting the PTRS students and recent graduates. "They've just been so impressive. I think it says a lot for the school," she says.

In their spare time, Teodosio and her husband serve as volunteer coaches for their children, Taylor, 15, and Nicole, 12. On weekends, they also enjoy riding their horse, Ginger.

#### Remembering a Friend

#### Tom Yates and Jon Waxham, 1998

When they became friends as well as classmates, Tom Yates and Jon Waxham couldn't have guessed that less than 10 years after graduating they would co-own a successful physical therapy business. As co-owners of Maximum Performance Physical Therapy in Laurel, Md., the friends now have their dream jobs. Knowing how fortunate they are, they wanted to give back to the community.

"We have been so fortunate to be successful; we feel a need to give back," explains Waxham. "One of the ways we can do that is through giving to the School."

Yates and Waxham have made a five-year pledge of \$10,000 to establish the Karyn E. Wade Memorial Scholarship Fund to honor their friend and classmate, Karyn E. Wade, who died from lupus in 2005. Scholarships from the fund will be awarded to third-year DPT students.

When Wade passed away, one of the first things that Yates and Waxham did was talk about what they could do in her honor. They knew they wanted to keep her legacy alive ... and somehow help students in the PT field as well. The scholarship seemed like the perfect idea.

"Karyn had so much to live for," says Yates. "If you looked at her on the surface and saw all the energy that she had ... you never would think she had lupus."

Waxham says that even when Wade couldn't practice physical therapy anymore, she still lived life to the fullest. As a missionary, Wade traveled all over the world, he says. "Even on her last days, she wanted to make a difference," he adds.

Waxham says that lupus is not a well-publicized disease. Because of that, part of the scholarship requirement is that applicants write an essay about lupus to give them an opportunity to learn more about the disease. "One of the things we can gain from all this is having people develop a better awareness of lupus," says Waxham.

"I know it is important to both of us that we try to do something to honor Karyn. She was such a kind person and so giving that I think it is a great way to remember her. That's the kind of thing she would have



#### President's Message



I'd like to introduce myself. My name is Erin Shipley, and I am the current president of the Alumni Association of the PTRS Department at the University of Maryland School of Medicine.

I am delighted to be part of a very supportive and enthusiastic alumni board. Along with devel-

oping an advisory council, we have had a great opportunity to meet, to brainstorm, and to plan some exciting events for this year. We hope you will participate and enjoy!

Congratulations to the recent graduates of the physical therapy program. I wish you well as you begin your careers, all across the country. We hope you will come back and share your experiences.

I'd also like to welcome the Class of 2009. I look forward to getting to know your class and hope to have some opportunities for alumni and students to interact.

This summer we had more than 50 participants join us for a night at Camden Yards. Our goal is to plan more festivities that will include all members of the department whether it be students, staff, faculty, or alumni.

This past year we mourned the loss of a true leader in the field of physical therapy, Florence P. Kendall. Her knowledge has helped advance physical therapy to new levels through the years, and her beautiful smile will not be forgotten.

Please join us for the culmination of the 50th anniversary of the department being celebrated as "Kendall Day" on Friday, Oct. 13. We hope you will join us in an alumni reunion activity after the event.

If you didn't receive your invitation, make sure you log on to the Web site (http://pt.umaryland.edu/alumni) to provide your updated contact information.

I look forward to reconnecting with you.

Best wishes,

Erin J. Shipley, MPT '04 President, PTRS Alumni Association

#### Class News

**Joe Hejduk '81** and his wife, Brenda, are proud of their oldest daughter, Kelly, who recently earned an MBA from Salisbury University.

**Valerie Queensberry '85** is a certified lymphedema therapist at Franklin Square Hospital Center.

Matthew '93 and Debbie Tovornik had their first child, Chase Michael. Matt earned an MBA from the University of Maryland in 2006. He is currently a division director at Suburban Hospital in Bethesda, Md., where he is in charge of rehab, the orthopedic service line, and an afterhours pediatric care clinic.

**Sarah King '93** has two children, ages 6 and 8. She works part time at Georgetown University Hospital in acute care.

**Charles Mutschler '94** owns four clinics in Glen Burnie, Pasadena, and Columbia, Md.

Sarah Noonan (Melrose) '96 was diagnosed with ovarian cancer almost three years ago. After two surgeries and six rounds of chemotherapy, she continues to be cancerfree and has an excellent prognosis. She continues to work full time as the director of rehab at the Minnesota Masonic Home in Bloomington, Minn. She is also active with the Minnesota Ovarian Cancer Alliance.

**James Michaels '96** works in home care. He has three children ages 3, 5, and 8.

**John Livingston '96** has a private practice in Texas. He is the father of two children, a daughter, 12, and a son, 8.

**Jenise Murray '97** works in the North Carolina school system. She has a 3-year-old son and 5-year-old daughter.

**Teresa Clark '00**, became a certified lymphedema therapist in April 2004. She is currently working at Harford County Wellness Center in Abingdon, Md.



## New Courses in the Doctor of Science in Physical Therapy Program

The Doctor of Science in Physical Therapy (DScPT) program is moving into its fifth year as we admit new students for the fall semester. We offer DScPT students the opportunity to design an individual curriculum, as well as take advantage of structured curricula in orthopedics, geriatrics, pediatrics, and adult neurorehabilitation.

This fall we are happy to announce two new courses developed and taught by experienced physical therapy educators. First is "Management of Patients with Endurance Impairments," with Steve Tepper, PT, PhD. Tepper, adjunct professor in the Department of Physical Therapy at the University of Delaware, is widely known as an expert in cardiovascular and pulmonary physical therapy practice. He designed this course to provide students with practical experience in diagnosing endurance impairments and prescribing evidence-based interventions. This course will be taught completely online and supported by a CD-ROM.

The second course will be taught by Gad Alon, PT, PhD, associate professor and a veteran of the DScPT faculty. Alon's course, "Therapeutic Technologies," is designed to teach students how to use the latest evidence to effectively prescribe therapeutic technologies to address various impairments and functional limitations in a wide range of patients.

If you would like more information about the DScPT program or the new courses, please contact Fran Huber, EdD, PT, director of post-professional programs, at 410-706-4543 or fhuber@som.umaryland.edu. The online portion of this course is supplemented by a mandatory on-campus seminar.



The Department of Physical Therapy & Rehabilitation Science, located on the University of Maryland, Baltimore campus, is seeking outstanding applicants for three non-tenure track faculty positions. A physical therapy license, Maryland eligibility, and a post-professional doctoral degree are required.

#### **Clinical Education Faculty Position:**

This is a full-time faculty position at the instructor or assistant professor level, non-tenure track. In addition to clinical education, responsibilities will include service to the department and teaching. Requirements include: at least five years of clinical experience, strong skills in clinical instruction, organization, communication, and administration. Clinical instructor credentialing and Center Coordinator of Clinical Education (CCCE) experience preferred.

#### **Teaching Faculty Positions:**

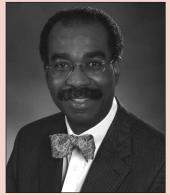
Two faculty positions are available with teaching and clinical responsibilities in one or more of the following areas: clinical orthopedics, clinical neurology, geriatrics, and pediatrics. We seek persons who are excited about teaching with primary responsibility in the entry-level DPT curriculum and clinical work. Clinical specialization from the ABPTS is preferred.

#### Interested?

Contact Roy Bechtel, PT, PhD, a search committee chair, by mail at the Department of Physical Therapy & Rehabilitation Science, University of Maryland School of Medicine, 100 Penn Street, Baltimore, MD, 21201-1082, or email: rbechtel@som.umaryland.edu.

AA/EOE/ADA

# DEPARTMENT NEWS



#### E. Albert Reece

#### Dean Wilson Retires, SOM Welcomes Dean Reece

Donald E. Wilson, MD, MACP, dean of the University of Maryland School of Medicine and vice president for medical affairs for the University since 1991, and a national advocate for equality in health care and

medical education, retired on Sept. 1, 2006. David J. Ramsay, DM, DPhil, president of the University of Maryland, Baltimore, has appointed

E. Albert Reece, MD, PhD, MBA, dean of the School of Medicine and vice president for medical affairs at the University.

Reece was vice chancellor of the University of Arkansas for Medical Sciences and dean of the University's College of Medicine. He was also professor in the departments of obstetrics and gynecology, internal medicine, and biochemistry and molecular biology in the school's College of Medicine.

Wilson has begun writing his autobiography, which will focus on the challenges and achievements of his 15-year deanship.

#### **Upcoming Continuing Education Courses**

Several continuing education seminars are being scheduled for this fall and winter in conjunction with our DScPT program. These weekend seminars are open to the public. We offer group discounts for employers interested in sending more than one staff member from their facility.

For more information regarding registration fees, CEUs, and timetables, please visit our Web site at www.pt.umaryland.edu, or contact Terry Heron at 410-706-5215 or at theron@som.umaryland.edu.

Oct. 28-29, "Clinical Anatomy of the Upper Extremity," taught by Vincent Conroy, PT, DScPT, Allied Health Building, (1.2 CEUs)

Dec. 2-3, "Therapeutic Technologies," taught by Gad Alon, PT, PhD, Allied Health Building (CEUs TBA)

Dec. 8-10, "Biomechanical Evaluation of Treatment of Cervical Spine and TMJ," taught by Jim Meadows (postprofessional faculty), BScPT, MCPA, COMP, NAIOMT, Allied Health Building, (2 CEUs)

January 26-28, "Biomechanical Evaluation of Treatment of Upper Extremity," taught by Jim Meadows, BScPT, MCPA, COMP, NAIOMT, Allied Health Building, (2 CEUs)

## Accreditation Update

Since the beginning of 2006, the department has been preparing for the renewal of its accreditation through the Commission on Accreditation in Physical Therapy Education (CAPTE).

The accreditation process requires the department to submit a self-study report that provides CAPTE with all the applicable information for the fulfillment of the requirements of the entry-level physical therapy education program.

The process culminated in an on-site review in June by members of CAPTE. The review gave them the opportunity to meet with faculty, staff, and students and to see the workings of our environment firsthand. Upon their departure, they were exceedingly complimentary about the department and its programs, and we expect to hear good news later this year. Upon renewal, accreditation is effective for 10 years.



#### 2006 Faculty Activities

#### **PUBLICATIONS**

Gad Alon, PT, PhD, associate professor, coauthored "Tolerance and Conditioning to Neuromuscular Electrical Stimulation Within and Between Sessions and Gender" in the December 2005 Journal of Sports Science and Medicine. Alon also coauthored chapter 43 titled, "Functional Electrical Stimulation in Neurorehabilitation" in the book Textbook of Neural Repair and Rehabilitation.

Margaret Finley, PT, PhD, research assistant professor; Jill Whitall, PhD, professor; and others co-authored an article in the Journal of Rehabilitation Research and Development titled "Short Duration Robotic Therapy in Stroke Patients with Severe Upper–Limb Motor Impairment."

Carrie Foeller, MSPT, ACCE, instructor, authored a chapter on function for publication in *Therapeutic Exercise* and collaborated on the introductory chapter of the book *Therapeutic Exercise: Treatment Planning for Progression*(2006).

Wei Liu, PhD candidate; Larry Forrester, PhD, associate professor; and Jill Whitall, PhD, professor; co-authored a paper titled "A Note on Time-Frequency Analysis of Finger Tapping" in the Journal of Motor Behavior.

Sandy McCombe Waller, PT, PhD, assistant professor; Michelle Harris-Love, MPT, PhD; and Jill Whitall, PhD, professor, published an article titled "Temporal Coordination of the Arms During Bilateral Simultaneous and Sequential Movements in Patients with Chronic Hemiparesis," in the 2005 issue of Experimental Brain Research.

Sandy McCombe Waller, PT, PhD, assistant professor; and Jill Whitall, PhD, professor, co-authored "Hand Dominance and Side of Stroke Affect Rehabilitation in Chronic Stroke" in Clinical Rehabilitation. 2005 19: 544-51.

Chris Wells, PT, PhD, CCS, ATC, adjunct assistant professor, wrote a chapter titled "Endurance" in the book Therapeutic Exercise: Treatment Planning for Progression (2006).

#### **PRESENTATIONS**

Susanne Morton, PT, PhD, assistant professor, and P.C. Montgomery, presented on "Mechanisms of Neuro-plasticity and Motor Recovery Following Cerebellar Damage," session six at the III STEP (Summer Institute on Translating Evidence into Practice) Conference: "Linking Movement Science and Intervention," in Salt Lake City, Utah, in July 2005.

Mary Rodgers, PT, PhD, chair, organized a session titled "Rehabilitation BioMechanics" for the 5th World Congress of Biomechanics, held August 2006, in Munich, Germany. She presented "Biomechanical Correlates to Aerobic Treadmill Training in Individuals

with Chronic Stroke."

Chris Wells, PT, PhD, CCS, ATC, adjunct assistant professor, presented "Thoracic Transplantation: Role of Rehabilitation Services," at the 12th Annual Luiese Lynch Lectureship at the University of Oklahoma in September 2005.

AWARDS and GRANTS
Gad Alon, PT, PhD,
associate professor,
received a one-year
\$120,000 grant in
September 2005 from
Bioness, Inc. for
"Functional Electrical
Stimulation (FES)
Contribution to the
Recovery of Ambulation
Following Stroke: A

Victoria Moerchen, PT, PhD, assistant professor, received the NIH Conference Scholarship for Junior Faculty at the 2005 III STEP Conference: "Linking Movement Science and Intervention."

Pilot Study."

Mary Rodgers, PT, PhD, chair, received a one-year grant of approximately \$10,000 from the



#### 2006 Faculty Activities

Baltimore VA Medical Center for an IPA Agreement.

Mary Rodgers, PT, PhD, chair, received a oneyear continuation grant of almost \$18,000 from the Kennedy Institute for a KKI Personnel Services Agreement.

Mary Rodgers, PT, PhD, chair, received a ninemonth grant for \$8,000 from the Western
Maryland Area Health
Education Center for
"Rural Interdisciplinary
Health Promotion."

Larry Forrester, PhD, associate professor, will be principal investigator on a \$25,000, one-year grant for the pilot study that investigates robotic and passive training approaches in individuals with chronic stroke, as part of the Claude D. Pepper Older Americans Independence Center grant.

Mary Rodgers, PT, PhD, chair, will be principal investigator and codirector for the Pilot/ Exploratory Studies Core, total costs: \$1,424,832,

for five years, as part of the Claude D. Pepper Older Americans Independence Center grant.

David Russ, PT, PhD, assistant professor, will be principal investigator for a \$25,000 one-year pilot study to investigate the functional recovery of older-versus-younger skeletal muscles after eccentric exercise in an animal model, as part of the Claude D. Pepper Older Americans Independence Center grant.

Sandy McCombe Waller, PT, PhD, assistant professor, will be principal investigator for a three-year, \$40,000 per year, center development project to investigate proximal and distal components of arm training in chronic stroke, as part of the Claude D. Pepper Older Americans Independence Center grant.

Sandy McCombe Waller, PT, PhD, assistant professor, will be principal investigator for a \$25,000 Junior Faculty Award to develop advanced tools for analyzing arm and hand reaching, as part of the Claude D. Pepper Older Americans Independence Center grant.

Jill Whitall, PhD, professor, will co-direct the Neuromotor Function Core, total costs: \$1,118,904, for five years, as part of the Claude D. Pepper Older Americans Independence Center grant.

# OUTREACH and SERVICES

Vincent Conroy, PT,
DScPT, assistant professor, is the clinical director for the PTRS Service
Learning Center, a project in student service
learning that provides
physical therapy education and treatment for
medically indigent and
disadvantaged patients.

Katherine Davis, PT,
MA, DScPT, assistant
professor, and Carrie
Foeller, MSPT, ACCE,
instructor, presented a
continuing education
workshop titled
"Culturally Competent
Care: What is Your
Patient Really Trying
to Tell You?" at the

University in October 2005.

# PROMOTIONS and APPOINTMENTS

**Vincent Conroy, PT, DScPT**, became an assistant professor July 1.

**Larry Forrester, PhD**, became an associate professor July 1.

Jill Whitall, PhD, has been appointed chair of the motor development program for the North American Society for the Psychology of Sport and Physical Activity and appointed to the School of Medicine Appointments, Promotion and Tenure Committee for a three-year term.

#### **DEPARTURES**

Katherine Davis, PT, MA, DScPT, assistant professor, graduated from the department's DScPT program in May and is going back to clinical practice.

Victoria Moerchen, PT, PhD, assistant professor, has accepted a position at the University of Wisconsin, Milwaukee, her hometown.

### Kendall Day

Florence P. Kendall was a pioneer in physical therapy. Along with her husband, Henry Kendall, she was the driving force behind the establishment of the Department of Physical Therapy at the University of Maryland School of Medicine. Fifty years ago, as a charter member of the Maryland chapter of the American Physical Therapy Association, she advocated for funding and recruited the department's first chair, Gladys E. Wadsworth, PT, PhD.

Since then, Florence gave generously to the department of her time, money, and knowledge. The department awarded her an honorary doctorate in 1999, and in 2000 the Kendall Physical Therapy collection was established in the Health Sciences and Human Services Library.

Florence was a voluntary faculty member of the Department of PTRS and presented numerous lectures for our department since 1957. Over the years, she has provided the hallmark of clinical expertise for hundreds of students and alumni. Through her superior skills as a clinician, author, educator, and mentor, she made an incalculable contribution to the practice of physical therapy and the growth of the Department of PTRS. She touched countless lives and left a legacy of enthusiasm and professionalism as well as a commitment to excellence that will inspire future generations of physical therapists.

In recognition of her many contributions to physical therapy education, our annual symposium for physical therapy students, alumni, and area medical professionals has been named in her honor. This year, the Department of PTRS is dedicating its 50th anniversary celebration to her memory.

The Florence P. Kendall Legacy Reunion will take place Friday, Oct. 13, 2006.

This day will include the following events:

# Free Continuing Education Seminar

"Movement System Impairment
Diagnoses of the Shoulder and
Hip: Building on the Kendall
Foundation," featuring guest speaker,
Shirley A. Sahrmann, PT, PhD,
FAPTA and Bill Romani, PT, PhD.
Sahrmann is a professor of physical
therapy, cell biology and physiology,
and neurology at Washington University in St. Louis, Mo and is the author of
Diagnosis and Treatment of Movement

Impairment Syndromes. Bill Romani is an assistant professor in the Department of PTRS and coauthored the fifth edition of Muscles: Testing and Function with Posture and Pain. Registration begins at 12:30. Course 1-5 pm.

#### The Kendall Symposium

"A Tribute to the Life of Florence P. Kendall," a tribute program to her life, achievements, and the impact she made on others, both personally and professionally. The celebration will be followed by a reception and a self-guided tour of the Kendall Collection, a library of archive papers, books, and publications written by the Kendalls. 5 pm - 7 pm.

#### Reunion Gatherings

Alumni and friends will gather after the symposium to reconnect and celebrate life's journey after graduation. Featured class years include 1956, 1961, 1966, 1971, 1976, 1981, 1986, 1991, 1996, and 2001. 7 pm.

For more information, registration, and an opportunity to share "Florence" stories, contact Alyssa Menkes at 410-706-2299 or amenkes@som.umaryland.edu.

## STUDENT ACTIVITIES

#### Orientation

This year the orientation program for the DPT Class of 2009 included a ropes-and-initiative course. During the six-hour program, held on the campus of the University of Maryland, College Park, new students participated in a variety of activities designed to build self-esteem, initiate interpersonal interaction, and build group cohesion.

The course provided a great opportunity for the new DPT students to have fun and quickly break down barriers to communication. It also allowed them to get to know their fellow classmates.

As part of the end-of-the-day wrap-up, Carrie Foeller, MSPT, clinical education director and instructor, and Tonas Kalil, PT, MGA, instructor and academic coordinator of clinical education, reviewed the confidencebuilding, teamwork, communication and problem-solving skills the students used to complete the day's activities.

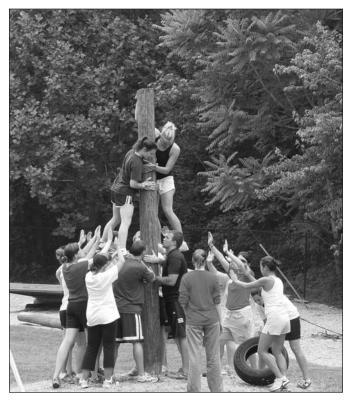
"It is our sincere hope that what they learned out on the course will stay with them as they advance through the DPT program. These are the skills that make a successful physical therapy student," said the course instructors.

Funding for the ropes-and-initiative course was generously provided by the PTRS Alumni Association.

#### Students Raise Money for Research

While attending the October 2005 National Student Conclave in Denver, Colo., our students once again accepted the call to participate in the Pittsburgh-Marquette Challenge. Physical therapy students all over the country conduct activities to raise money for the Challenge, which supports ongoing research in the physical therapy profession.

This year, the DPT Class of 2007 sponsored the PT Classic Best Ball Golf Tournament as one of its major fundraising activities. The event was held on April 1, 2006, at Hollow Creek Golf Club in Middletown, Md. The event included a continental breakfast, greens and cart fees, barbeque lunch buffet, soft drinks, beer, and prizes.



Members of the DPT Class of 2009 learn to work as a team.

Because of generous donations by alumni, paid advertising, and ticket sales, the tournament was a big success and raised more than \$5,000. Jana Lookingbill and Robin Quinn, DPT Class of 2007, were the student coordinators of the event and were primarily responsible for the day's success.

On April 16, 2006, a crowd was on hand to watch the Class of 2007 play against the Maryland Ravens wheelchair basketball team. Funds were raised through ticket sales and sponsored advertising. Karyn Lowry, DPT Class of 2007, served as the student coordinator.

The total raised through these fundraising efforts for the Pittsburgh-Marquette Challenge was \$9,575. The students received an honorable mention at the annual meeting of the American Physical Therapy Association in June in Orlando. Thanks to all who participated!

#### Congratulations 2006 Graduates!

#### Doctor of Philosophy in Physical Rehabilitation Science – PhD

#### May 2006 Elizabeth K. Rasch

#### Doctor of Science in Physical Therapy – DScPT

#### **July 2005**

Vincent Conroy Karen Miller Donald Uttenreither

#### December 2005

Derrick Briddell

#### May 2006

Scott Benjamin Julie Coplan Katherine Davis Susan Davis Lorraine O'Neill Michael Rabel

The Department of PTRS extends a cordial thank you to the Class of 2006 for generously donating a new computer and refrigerator for the PT student resource room.

#### Transitional Doctor of Physical Therapy – TDPT

#### **July 2005**

Allison Coale Cassandra Gannon Deborah Goodwin Gerald Hoadley Cynthia Holloway Ioanna Hutson Marina Kachuriner Laura LaBoiteaux Adele Levine Kimberly Morrison Rebecca Sauder Celina Schmidt Lori Snyder Edwin Udoh Rhoger Villalon Krista Wainwright Pamela Woodside

#### December 2005

Nichole Brake
Julie Cook Pittas
Jennifer Kim
Al Lin
Alpa Mehta
Sazia Moriom
Susan Mudd Peterson
Shlomit Rind
Jacqueline Wright Du

#### May 2006 Sean Keith McBride



#### Doctor of Physical Therapy – DPT

#### May 2006

Robert Agosto III Katrina Bissoon Adwoa Korsah Bonsra Cristin Nicole Boyer Bryan Michael Brunelle Karin Marie Conley Jessica Elise Dermody Nelson Osagie Emokpae Elizabeth Ann Gallelli Ryan David Geary Danielle R. Gregoire Brita Dawn Grothe Mark Joseph Halley Uzma Hasan Jessica Lynne Houdart Alison Marie Lembach

Kristin Marie Lucido Amanda Michelle Macht Colleen Elizabeth Macner Maura Alexandra McGovern Margaret Elizabeth McNulty Brigid Conroy Meyer Naomi Delores Missouri Kristin Mikele Mowry Liliya Nalbandyan Renee Adomah Nyarko Cynthia Ann Reilly Stacey Lee Rose Laren Connor Rusin Jason Michael Shipley Lisa Ann Spinosa Iennifer Elizabeth Stone Britta Margaret Svenson Jennifer Andrea Turner

15 Proficio Fall 2006 Proficio Fall 2006 15



## Student & Faculty Awards 2006

#### Dr. Frank H. J. Figge Memorial Award

Given to the graduating student who excelled in the study of human anatomy.

**Jason Shipley** 

#### Donald J. Hobart **Scholarship**

Given to the student who has demonstrated excellence in the areas of leadership, academics, compassion and extracurricular activities.

Elizabeth Gallelli and Jennifer Wilhelm Turner

#### Mary M. Rodgers Student Research Award

Recognizes the graduating student who has excelled in research activities.

**Brigid Conroy Meyer** 

#### Laura G. Levine-Mandell Award

Recognizes the graduating student who has demonstrated the caring and compassion that make an outstanding clinician.

Jessica Dermody

#### Elizabeth G. McCaulay Award

Given for outstanding clinical proficiency.

**Danielle Gregoire** 

#### Pekar-Abell Pediatric **Scholarship**

Recognizes the graduating student who has demonstrated a commitment to pediatric physical therapy through performance in the program and by the intention to work in a pediatric setting.

**Brigid Conroy Meyer** 

#### Senior Alumni Award

Honors the graduating student who has demonstrated a dedication to continuing involvement in the PTRS Alumni Association.

Jennifer Wilhelm Turner

#### **Outstanding Graduate** Award

Honors the graduate who has demonstrated overall leadership, academic excellence, and clinical proficiency.

**Jason Shipley** 

#### GGEAR Award (Geriatrics and **Gerontology Education** and Research Program)

Given to the outstanding professional student who has demonstrated a commitment to the field of gerontological studies.

Alison Lembach

#### Phi Kappa Phi Honor Society

Students who have earned a 3.9 or higher GPA upon completion of their academic program. Doctor of Science in Physical Therapy

Karen Bunnell Miller Lorraine O'Neill Michael Clark Rabel **Donald Uttenreither** 

Transitional Doctor of Physical Therapy **Allison Coale** Deborah Goodwin Marina Kachuriner Laura LaBoiteaux **Jodi Pandullo** Celina Schmidt Lori Snyder Pamela Woodside **Julie Cook Pittas Susan Mudd Peterson** Jacqueline Wright Du Sean McBride

Doctor of Physical Therapy **Jason Shipley** Lisa Spinosa

**Jennifer Turner** 

#### Who's Who Among American Colleges and Universities

An honors program that recognizes outstanding students who have participated in professional activities and demonstrated academic excellence.

Jessica Dermody

Elizabeth Gallelli **Ryan Geary Danielle Gregoire Brita Grothe Kristin Mowry** Renee Nyarko **Cynthia Reilly** Laren Rusin **Jason Shipley** Lisa Spinosa

#### **Clinical Instructor** of the Year

Selected by the graduating students as the most outstanding clinical instructor.

Angela F. Davis, PT, Kernan Hospital

#### Faculty of the Year

Selected by the graduating students as the most outstanding faculty member. Sandy McCombe Waller, PT, PhD, NCS

#### Adjunct Faculty of the Year

*Selected by the graduating* students as the most outstanding adjunct faculty member.

Chris Wells, PT, PhD, CCS, ATC

#### Staff Member of the Year

*Selected by the graduating* students as the most outstanding administrative staff member.

Jeff Hawk, IT Specialist



#### Fund for Medicine Gala Proceeds Benefit Department of PTRS

On March 25, the department was showcased at the School of Medicine's Fund for Medicine Gala. Nearly 500 guests attended the event, which was held at the B & O Railroad Museum in Baltimore.

The event raised more than \$300,000 for the School's education, research, and clinical initiatives. The Department of PTRS was selected as one of the benefactors of the event in honor of its 50th anniversary and received \$34,000 from the School to use for physical therapy education and research.

#### Join Us for the Bicentennial Gala

Next year, the University of Maryland School of Medicine will celebrate its 200th anniversary and will host a variety of educational programs, community outreach initiatives, and social events in commemoration of its founding in 1807. The Bicentennial Gala will be the highlight of this yearlong celebration.

The gala will be held Friday, May 18, 2007, at the Baltimore Convention Center. The program will showcase the rich history of the School of Medicine and feature celebrity entertainment, music, and fantastic food. Nearly 2,000 influential business leaders, politicians, and medical professionals are expected to attend.

We are currently seeking table sponsors for the Bicentennial Gala to help represent the physical therapy profession at this historic event. Tables range from \$10,000 to \$25,000 and seat 10 people. A significant portion (approximately 70 percent) of each sponsorship secured by the Department of PTRS will go directly to the department to assist with general support of our physical therapy academic programs.

Please contact Karen McGuire, associate director for development, at 410-706-8688 or kmcguire@som. umaryland.edu if you or someone you know may be interested in sponsoring a gala table.

#### The 1956 Society

In 1956, the Department of Physical Therapy was founded at the University of Maryland. In recognition of this milestone, we created a gift club, The 1956 Society, to help support our mission. These gifts will help ensure that the department will be able to consistently provide scholarships and faculty support for many years to come, helping to attract the best and brightest to our program. The following individuals and businesses are recognized as members of The 1956 Society:

Anonymous '78 APTA of Maryland, Inc. APTA Section on Health Policy & Administration Harry M. Brafmann '64 Vincent M. Conroy '90, '05 Dynasplint Systems, Inc. E. Christopher Glavaris '88, '03 Leslie '64 and David Glickman George R. Hepburn '74 Donald J. Hobart Barbara Joslow '79 Ruth M. Latimer

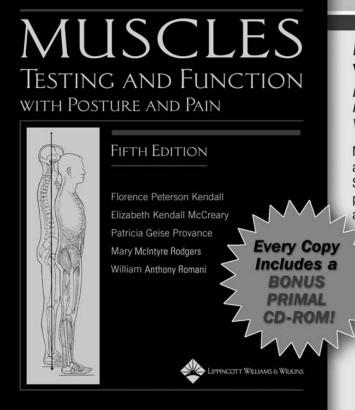
Edward J. Lyons '91 Florence P. Kendall '99 Kernan Hospital Maximum Performance Physical Therapy Howard E. Neels '63 George P. Prevas '81 Patricia G. Provance '71 Mary M. Rodgers Lynn N. Rudman '76 Karen R. Sack Jane S. Satterfield '64 R. Dale Stephenson Gladys E. Wadsworth

We hope that you too will give thoughtful consideration to becoming part of The 1956 Society by making a gift of \$5,000 or more. Your pledge can be paid in full, or in installments of your choice over a period of up to five years. In addition you may want to consider making a planned gift in the form of a bequest or charitable gift annuity.

Members of The 1956 Society receive special recognition, VIP invitations, a commemorative lapel pin and an engraved nameplate on our donor wall located in the Allied Health Building. Most importantly, your gift will truly make a meaningful difference for many talented students struggling with rising tuition and faculty who are advancing our academic and research initiatives. For more information about The 1956 Society, contact Karen McGuire at 410-706-8688 or kmcguire@som.umaryland.edu.

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# MUSCLES, TESTING and FUNCTION With Posture and Pain, Fifth Edition

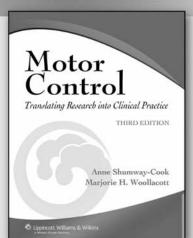
Florence Kendall, BS, PT, FAPTA; Elizabeth Kendall McCreary, BA; Patricia Provance, BS, PT; Mary Rodgers, PT, PhD; William Romani, PT, PhD

Now in its Fifth Edition, *Muscles, Testing and Function* continues to advance the field of physical therapy and has remained the Gold Standard of musculoskeletal assessment. This renowned classic provides evaluation and treatment of faulty and painful conditions in addition to unparalleled coverage of manual muscle testing.

#### Highlights and Features-

- New—four-color design, with features to ease access to information and 100 new illustrations
- New—completely reorganized and fully up-to-date content
- New—expanded treatment and exercise sections conclude each chapter
- New—section on Post-Polio Syndrome including a chart containing 50 years of muscle tests on the same individual by the Kendalls
- New—case studies comparing Guillain Barre and Polio muscle tests
- Numerous "Classic Kendall" boxes highlight the Kendall's pioneering work that has withstood the test of time
- Instructor resources include an image bank, a test bank, and a suggested readings list.

#### **New Edition!**



#### Motor Control: Translating Research into Clinical Practice, Third Edition

Anne Shumway-Cook, PT, PhD and Marjorie Woollacott, PhD

*Motor Control* is the only text to bridge the gap between current motor control research and its applications to clinical practice. It gives you a full arsenal of best-evidence tools and information to examine, diagnose, and treat patients who have problems with balance, mobility, and upper extremity function.

#### Highlights and Features-

- New-two-color design and updated art program engages readers and illuminates content
- New—learning objectives and answer keys are included in each chapter to enhance learning
- New—instructor resources include PowerPoint slides, an image bank, links to journal articles, and additional case studies with exercises
- Assessment and treatments are classified into impairment levels, strategy levels, and functional levels for easy reference.

August 2006/ 640 pages/ 290 illustrations/ 0-7817-6691-5

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#### Special Thanks to Our 50th Anniversary Sponsors

We appreciate the support of local businesses, community-based organizations, and national corporations. We would like to acknowledge the following businesses that have partnered with us as anniversary sponsors during our historic 50th anniversary year:

#### Diamond Sponsor

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#### Silver Circle

Erickson Retirement Communities Kernan Orthopaedics and Rehabilitation

#### Maryland PT Society

Gold Medal Physical Therapy, LLC

#### Milestone Club

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Liberty Healthcare Corp. Marra Physical Therapy Maryland Center for Physical Therapy Maryland Sportscare & Rehab Montgomery Therapy Professional Healthcare Resources Riderwood Village, Inc. Tuckey & Associates Physical Therapy, LLC Virginia Sportsmedicine Institute Wilson & Chizmar PT Associates

It's not too late to become a sponsor! Our sponsors enjoy benefits throughout the year including promotional ads in publications, PTRS Web postings, e-mail messages to alumni, and visibility at campus events. Call us today to see how your business can partner with us and gain valuable marketing to a target audience of physical therapy students and professionals. For details, contact Karen McGuire at 410-706-8688.

#### Fiscal Year 2006 Results

Now that our Fiscal Year 2006 has come to a close, we are pleased to report on the results of our fundraising efforts for the Department of Physical Therapy and Rehabilitation Science.

- Total Annual Fund income was \$43,805, which was a 5 percent increase from last year's total.
- Total cash income received (including 1956 Society pledge payments and special appeals) was \$393,660, which represents an 86 percent increase from last year.
- Our FY06 grand fundraising total (new cash and pledges) is \$189,795. This includes \$101,500 in new 1956 Society pledges and \$44,490 in special event income from the Anniversary Dinner and Fund for Medicine Gala.

Sponsorship helped to boost the department's overall income due to the special emphasis placed on anniversary partnership opportunities. Sponsorship contributions increased from \$8,575 to \$13,800 (61 percent) this year.

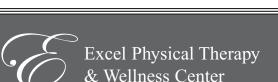
In addition, the department received \$34,000 in proceeds from the School of Medicine's Fund for Medicine Gala and generated \$10,490 from its own anniversary dinner in September 2005.

# DEVELOPMENT CORNER

#### In the Mail:

Kendall Day 2006 invitations have been mailed. If you haven't received your invitation, contact Alyssa Menkes at 410-706-2299 or amenkes@som. umaryland.edu.

For details, see page 13.



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### Karyn E. Wade Memorial Scholarship

A new scholarship fund has been established in memory of Karyn E. Wade, graduate of the class of 1998, who died in 2005 after a battle with lupus. Co-owners Tom Yates '98 and Jon Waxham '98 established the fund with a gift from Maximum Performance Physical Therapy.

This annual scholarship will award \$1,500 to an entry-level physical therapy student in his or her third year. Recipients will be selected based on their academic standing, community service and volunteer activities, and their knowledge and/or personal experience relating to lupus.

Tom and Jon are asking classmates from the class of 1998 and other alumni to consider directing their 2007 annual fund gift to the Karyn E. Wade Memorial Fund (see story on page 7.) Their goal is to raise \$15,000 in additional funding to endow this scholarship. For more information on this and other named scholarship funds, contact Karen McGuire at 410-706-8688.

#### Annual Fund

The annual fund provides scholarships, equipment, and operational support for our academic programs. We need your support. Send your annual fund contribution early by taking advantage of the envelope in this magazine or making your donation online.

#### Give Online

Go to www.giving.umaryland.edu/giveonline. In step one, select where you want to direct your gift: Physical Therapy Annual Fund. If your gift is restricted to a particular fund or purpose, or if it is being made in memory or on behalf of someone, type details in the "Specific Instructions" box under the "Affiliation Information" section in step two.

#### A CHARITABLE GIFT ANNUITY: A Gift to Us That Returns the Favor to You

You've heard the old adage that it is better to give than to receive. But with a charitable gift annuity, you help yourself at the same time you are helping the University of Maryland Baltimore Foundation, Inc. The University

of Maryland Baltimore Foundation, Inc. only offers charitable gift annuities to residents of Maryland and certain select states.

Most organizations use annuity rates recommended by the American Council on Gift Annuities. These rates are the same for men and women and are slightly lower for two annuitants of the same age.

Let's look at what these rates mean for a donor aged 75. "Jane" has long wanted to make a significant gift to the University of Maryland School of Medicine's Department of PTRS, but she likes the security of receiving income payments from her assets, and she doesn't want to give that up.

After hearing about the benefits of charitable gift annuities though, Jane finds that she can make a charitable gift and still receive a steady stream of payments. With a gift of \$10,000 to the University of Maryland Baltimore Foundation, Inc., she sets up an annuity that pays her \$710 annually in quarterly installments (7.1 percent of her \$10,000 gift).

As a result of her generosity, Jane will also be able to claim a charitable deduction of \$4,297 on her income tax return in the year she makes the gift.<sup>1</sup> At her 28 percent annual income tax rate, this saves her \$1,203—making her out-of-pocket cost for the

One Life		
Your Age	Rate of Return	
50	5.3%	
55	5.5%	
60	5.7%	
65	6.0%	
70	6.5%	
75	7.1%	
80	8.0%	
85	9.5%	
90	11.3%	
One-life CGA rate chart. T	he rates for two lives	

are available upon request

gift only \$8,797. Taking into account her tax savings, with each annual annuity payment of \$710, she is actually receiving 8.1 percent of her out-of-pocket cost.

Assuming that Jane lives to age 87, her life expectancy, more than half of the annuity installments she receives will be nontaxable. To realize the same after-tax amount to spend or reinvest, an all-taxable return would have to be 10.1 percent on net cost for these years.

Gifts to support the University of Maryland School of Medicine's Department of PTRS are administered by the University of Maryland Baltimore Foundation, Inc.

Knowledgeable professionals from the foundation are available to answer questions and provide projected results for your specific situation, in confidence and with no obligation. For more information, please contact Christine A. Lambert, Esq., at 410-706-2069, or via e-mail at clamb001@umaryland.edu.

'This figure is calculated using quarterly payments and a 4.6 percent federal midterm rate, a figure used by the IRS in determining the future value of a gift.

This information is not intended as legal, tax or investment advice. For such advice, please consult an attorney, tax professional or investment professional.

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#### REPORT OF GIFTS

#### ANNUAL FUND DONATIONS FOR FISCAL YEAR 2005

#### July 1, 2005 through June 30, 2006

The symbol (\*) next to a donor's name indicates that the person or organization is a member of our Ironman Club, which was initiated to recognize those who have made a contribution each year for at least three consecutive years. These donors understand that we count on their contributions every year to carry on the tradition of excellence within the department.

Because every donation matters to us, we make every effort to ensure the accuracy of the Honor Roll. The following list includes pledges and gifts made between July 1, 2005, and June 30, 2006.

If you believe an omission or error has been made, please accept our apology. You can contact Karen McGuire at 410-706-8688 if you have a question about your account. Thank you to all who made a donation this past year. Your contribution makes it possible to strengthen our department and improve the quality of education for future physical therapy students.

#### The 1956 Society (\$5,000+)

APTA of Maryland, Inc. ★
APTA Section on Health
Policy & Administration
Harry M. Brafmann '64
Leslie B. Glickman '64 and
David R. Glickman ★
Kernan Hospital
Ruth M. Latimer ★
Maximum Performance
Physical Therapy
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Mary M. Rodgers ★
Lynn N. Rudman '76 ★
Jane S. Satterfield '64 ★

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Dynasplint Systems, Inc. ★
Erickson Retirement
Communities

# **Maryland PT Society** (\$1,000-\$2,499)

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/Cumberland Community
Foundation, Inc. ★

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Gold Medal Physical Therapy
George R. Hepburn '74 ★

Brian G. Miller '79 ★

Timmy D. Moore

Francine L. Weiner Taub '78

#### Milestone Club (\$750-\$999)

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Rehabilitation ★
Care Resources, Inc. ★
Critical Connection
Richard E. Dixon, Jr. '93
Gateway Health Services
Home Therapy Services, LLC
Kennedy Krieger Institute
Lippincott Williams &
Wilkins
National Lutheran Home
for the Aged

Physiotherapy Associates, Inc.

#### Anniversary Club (\$500-\$749)

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## MILESTONE

1956: The Department of Physical Therapy is founded at the University of Maryland School of Medicine (SOM). Gladys Wadsworth is appointed chair.

**1958:** The first class of four graduates with a Bachelor of Science degree from University of Maryland, College Park and Certificate of Proficiency in Physical Therapy from SOM. The physical therapy curriculum is fully accredited.

1962: Ruth Latimer is appointed chair. The department grows in terms of educators, students, and facilities.

1968: SOM begins awarding the physical therapy degrees.

1972: Clarence Hardiman is appointed chair. Student enrollment, grant funding, and teaching space is increased. The department receives the first institutional award for minority recruitment ever given by the American Physical Therapy Association.

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1979: A grant-funded facility is created to produce physical therapy videos. It later becomes Video Press, SOM's Academy Award-winning production company.

1991: The curriculum changes from a two-year Bachelor of Science to a three-year Master of Physical Therapy (MPT) program.

1992: The department moves to the Allied Health Building where it is housed today. A distance-learning classroom is funded by Bell Atlantic.

1996: The MPT program receives its accreditation. PT Associates, an in-house nonprofit faculty practice, moves to the Frenkil Building and remains in operation until 2000.

**1998:** Mary Rodgers is appointed department chair. The department has continued growth in academic programs and resource development.

1999: A research-oriented PhD program in Physical Rehabilitation Science is established. Florence Kendall, a legend in the field of physical therapy, is awarded an honorary doctorate degree.

**2000:** The Kendall Physical Therapy Collection is dedicated at the University of Maryland's Health Sciences and Human Services Library.

**2001:** An entry-level Doctor of Physical Therapy program (DPT) is accredited. A post-professional Doctor of Science in Physical Therapy program begins for practicing clinicians to upgrade their credentials.

2002: The department's entry-level program transitions from an MPT to accepting its first class of DPT students.

2003: The department incorporates "Rehabilitation Science" into its name to reflect the emphasis on providing evidence for physical therapy practice through research.

2004: The PTRS Service Learning Center is established. U.S. News & World Report ranks the department 16th in the nation out of 203 physical therapy programs. The George R. Hepburn Dynasplint Professorship is established as the first endowed professorship in physical therapy within SOM. The final class of MPT students graduates.

2005: The department graduates its first DPT class. Mary Rodgers is appointed as the George R. Hepburn Dynasplint Professor & Chair.

**2006:** There are 29 faculty and 217 students across all programs.

# PHOTO GADDERY



Randy Keyser, PhD, FACSM; Jill Whitall, PT, PhD; Richard K. Shields, PT, PhD; Susanne Morton, PT, PhD; Margaret Finley, PhD; Mary Rodgers, PT, PhD; Maura McGovern; Brigid Conroy Meyer; Danielle Gregoire; Carrie Foeller, MSPT, ACCE at Research Day 2006



Pinning Ceremony, DPT Class of 2008





Catherine Bessett and Elizabeth Becoskie-Farrell, DPT Class of 2007, at APTA meeting



Mary Rodgers and the Department of PTRS honor Dean Wilson, who retired Sept. 1.

# STUDENT FACTS

Applications for admission into the DPT program continue to increase. The June 2006 applicant pool included 217 students from 22 states. The Department of Physical Therapy and Rehabilitation Science traditionally enrolls 50 new students into the DPT program each year.

#### Academic Profile for Enrolling Students: June 2006

Average Cumulative GPA (all undergraduate work)	. 3.51
Average Pre-requisite GPA (required courses)	. 3.53
Average Analytical Writing GRE	. 4.5
Average Verbal GRE4	187
Average Quantitative GRE6	

#### **Graduate Statistics**

Throughout the years, our grand total of physical therapy graduates for the Department of PTRS has been 2,737—1,945 Bachelor of Science (BSPT); 577 Master's (MPT); 65 DPT; 29 Doctor of Science (DScPT); 115 Transitional DPT; and six PhDs in physical rehabilitation science.

	2006	2005
Applied	217	192
States	22	22
International	0	2
Maryland	57%	57%
Out-of-State	43%	43%
Female	72%	77%
Male	28%	23%
Ethnicity	2006	2005
African-American	17%	10.5%
Asian	4%	9.5%
Caucasian	69%	71%
Hispanic	2%	2.5%
International	4%	2.5%
No Response	4%	4%



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