# It is VERY important that you share this information with your group!

## Attire

Participants will be active and are encouraged to come in loose-fitting, athletic wear. Participants who choose to wear tights/yoga pants are encouraged to wear shorts over them when rock climbing. Climbing specific footwear is available to rent, but sizes are limited, so participants should wear athletic, close-toed footwear while climbing and on the challenge course. Participants who do not wear appropriate footwear may be barred from participating.

# **Release Forms**

All participants must complete a release form prior to participating on the challenge course or climbing wall. It will greatly speed up the check-in process if participants complete the release forms before arriving.

### **Facility Access**

A member of the Outdoor Adventures Team will meet your group at the bus drop-off location on University Avenue between Burdick Hall and the Liberal Arts building. Restrooms are available in Burdick Hall during the climbing program and Smith Hall during the challenge course program. Within Burdick Hall, your group is not authorized to utilize any fitness or recreation spaces outside of the Climbing Wall.

#### **Personal Belongings**

Outdoor Adventures will store backpacks and other belongings during the program. While participating, participants are asked to remove all watches/jewelry and empty all pockets. Individuals who refuse to do so participate at their own risk.

#### Water

Campus Recreation will provide coolers with ice water on the challenge course, but in an effort to create sustainable practices, we do not provide cups or bottles. Please bring your own reusable water bottle to use during the program.

# **Team Mindset**

If you come in with an open mind and positive attitude, we can guarantee you will have a great experience. If your group can all espouse these principles, this will be a very positive, meaningful learning experience that will help you and your group reach new heights in teamwork and cooperation.

If you or any member of your group have any questions about your reservation, please direct them to contact Andrew Lyburn at alyburn@towson.edu or at (410) 704-6334.