

Bethke, Donna

From: UM SOM PTRS <dbethke@som.umaryland.edu>
Sent: Wednesday, September 19, 2018 1:52 PM
To: Bethke, Donna
Subject: The Chair's Chatter - 9/19/2018



UNIVERSITY *of* MARYLAND
SCHOOL OF MEDICINE

PHYSICAL THERAPY
AND REHABILITATION SCIENCE

September 19,
2018

The Chair's Chatter



Department News/Events



Scholarly Activities



Odessa Addison, DPT, PhD, Assistant Professor, recently gave two invited talks. On September 14th, 2018, she participate in and present at an National Institute on Aging workshop entitled: Myosteatorosis in the Context of Skeletal Muscle Function Deficit, where she presented "Myosteatorosis and Function: Its Relationship to Mobility, Balance, and Frailty". On September 18th, 2018, Dr. Addison presented at the VA GRECC/GEC Conference: A Multidisciplinary and Inter-Professional Approach to Addressing Functional Impairment, where she presented "Physical Function and Balance Assessment in Older Veterans". Additionally, Dr. Addison recently completed reviews for the *Archives of Physical Medicine and Rehabilitation*, *Journal of Cachexia, Sarcopenia and Muscle*, and *Physiotherapy Theory and Practice*.

Vicki Gray, MPT, PhD, Assistant Professor, taught the CEU course: Stroke Rehabilitation: Balance Assessment and Novel Interventions course hosted by PTRS. There were 25 attendees including many local clinical partners and alumni.



Li-Qun Zhang, PhD, Professor recently managed reviews of three articles as the Associated Editor at the *IEEE Transaction on Biomedical Engineering* and one article at *Journal Medical and Biological Engineering*.

Research Seminar



Please plan to join us on **Thursday**, September 20th from **12:00pm-1:00pm** in **Room 219** of the Allied Health Building at 100 Penn Street for the following presentation:



"Optimizing Function and Physical Activity via Function Focused Care"

by

Barbara Resnick, PhD, RN
Professor
School of Nursing
University of Maryland, Baltimore

International King C.R.A.B.S.

****Event Update****



Due to Hurricane Florence the Swim Across America Pool and Open Water Swim have been rescheduled for this Saturday, September 22nd, 2018. All swimmers will complete one mile swims at Meadowbrook Pool in Mount Washington beginning at 3:15pm. Some International King C.R.A.B.S. (IKC) members will complete their remaining 2 mile commitment at the SMC URecFit pool at a later date. Please come cheer us on if you are able. If you can't join us poolside please consider offering offsite support. Donations can still be made to assist some of our swimmers who have yet to achieve their fundraising goal. Click on the team page link below, then click directly on a team members name to assist.

<http://www.swimacrossamerica.org/InternationalKingCrabs>

Thank you!

Fall Prevention Awareness Week



Governor Larry Hogan has proclaimed September 16-22, 2018 as Fall Prevention Awareness Week in Maryland. To acknowledge this proclamation, students and faculty from PTRS participated in balance screenings at the Baltimore County Department of Aging, 12th Annual Get Ready! Get Set! Get Fit! 5k Run/Walk and 1 mile Walk on Sunday September 16, 2018. Students also taught selected exercises to interested participants. Thirty-four older adults were screened for fall risk. During the race, several of the students were course monitors. Despite all of the recent rain, the weather was perfect for the event.

Participating students (pictured above) included:

Class of 2020 - Josh Hennigh, Nick Lucente (L to R, ground); Casondra Lippy, Krysten Marks, Cameron McDonald, Aaron Rilling, Jack Dixon, Samantha Moore, Maricella William, Gina Hisky, and Haley Rykiel (L to R, back row)

Class of 2021 - Ashley Eckhart (back row, last on right)

Faculty participants included Linda Horn, PT, DScPT, MHS, GCS, NCS, and Rachel Skolky, PT, DPT, GCS.

Fund Raiser

Class of 2020



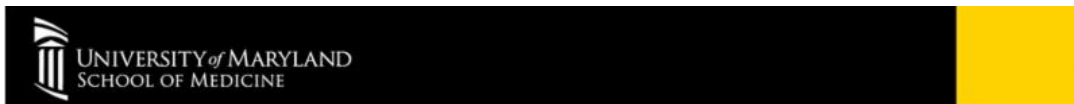
The **Class of 2020** is doing a Yankee Candle Fundraiser and accepting orders until October 21st. Visit:

<https://www.yankeecandlefundraising.com/>

and enter the group number **999982429** in the "start shopping" box.

Pro tip: Stop by a Yankee candle store next time you are in the mall so you can find a scent you like before you order your candles!

PTRS Job Fair



Looking For Employment Opportunities?
Come to the Department of Physical Therapy and Rehabilitation Science



JOB FAIR

Physical Therapists • Occupational Therapists • Physical Therapist Assistants

Date: Wed. October 3, 2018
Time: 1 p.m. – 4 p.m.
Location: University of Maryland, Baltimore
SMC Student Campus Center
621 West Lombard Street
Baltimore, MD 21201
Parking: Pratt Street Garage

Register for **FREE** at

Eventbrite

<https://jobseeker2018.eventbrite.com>

Or visit us at...

twitter
@umsomptrs



PTRS Alumni Group -
University of
Maryland Baltimore

Questions: Email Zandra Carson at
ptrsalumni@som.umaryland.edu

Many thanks to our Presenting Sponsor

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Title IX Training



All members of the UMB community (faculty, employees, students, and affiliates) are required to complete Title IX awareness training each academic year.

The University of Maryland, Baltimore (UMB) has partnered with Student Success to provide the "Not Anymore" Primary Prevention Program. "Not Anymore" is an interactive online program designed to educate about the prevention of sexual assault, dating or domestic violence, and stalking.

This training must be completed by Oct. 31, 2018. All students, faculty, and staff at UMB are required to comply with the University's Title IX non-discrimination policies, and to work together to prevent sexual harassment.

<http://www.umaryland.edu/titleix/training>

Campus News/Events



Anxiety Toolbox

Anxiety Toolbox Groups



September 24th
October 1st
October 8th
4:30pm to 5:30pm

These are three one-hour, skill-based sessions offered this semester to help you better understand anxiety and how to change your thinking and behavior to reduce it. Participants are encouraged to attend all three sessions. This group is informational and applied skills, not a counseling group. Learn more at:

http://www.umaryland.edu/counseling/upcoming_events

Communication Workshop

Communicating with Patients Workshop

September 25th and October 30th
HS/HSL, Room LL03

This workshop covers the basics of health literacy and clear communication, including tools that will assist you in creating easy-to-read materials. There will be time for attendees to practice putting difficult medical jargon into plain language.



[Sign Up Here](#)

UMB Flu Campaign



UM Immediate Care, located at 408 W. Lombard Street, will be offering flu vaccines again to UMB employees and students. Sessions will be held various times through October. To learn more and register, visit

<https://umb-flu-campaign>

Have News To Share?



Please send news, announcements, updates and pictures to **Donna Bethke**, dbethke@som.umaryland.edu, to be included in an upcoming issue.

Thanks for sharing!

Stay Connected



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